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# Trauma Plan Grace Medical 1 Candace Calvert

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Step by Step

Brain, Mind, and Body in the Healing of Trauma

Strategies for Creating a Trauma-Sensitive Classroom

Paradise Lost

The Grace Medical Collection: Trauma Plan / Rescue Team / Life Support

Relationship, Responsibility, and Regulation

The Fault in Our Stars

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Lifting Heavy Things

Trauma-Informed Healthcare Approaches

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Basic Emergency Care: Approach to the Acutely Ill and Injured

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## MAXIM PHELPS

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### **Step by Step** Penguin

A hazardous material spill means ER charge nurse Erin Quinn and fire captain Scott McKenna must work together, even though they don't seem to agree on much of anything.

### Brain, Mind, and Body in the Healing of Trauma NavPress

#1 NEW YORK TIMES BESTSELLER Our earliest experiences shape our lives far down the road, and *What Happened to You?* provides powerful scientific and emotional insights into the behavioral patterns so many of us struggle to understand. "Through this lens we can build a renewed sense of personal self-worth and ultimately recalibrate our responses to circumstances, situations, and relationships. It is, in other words, the key to reshaping our very lives."—Oprah Winfrey This book is going to change the way you see your life. Have you ever wondered "Why did I do that?" or "Why can't I just control my behavior?" Others may judge our reactions and think, "What's wrong with that person?" When questioning our emotions, it's easy to place the blame on ourselves; holding ourselves and those around us to an impossible standard. It's time we started asking a different question. Through deeply personal conversations, Oprah Winfrey and renowned brain and trauma expert Dr. Bruce Perry offer a groundbreaking and profound shift from asking "What's wrong with you?" to "What happened to you?" Here, Winfrey shares stories from her own past, understanding through experience the vulnerability that comes from facing trauma and adversity at a young age. In conversation throughout the book, she and Dr. Perry focus on understanding people, behavior, and ourselves. It's a subtle but profound shift in our approach to trauma, and it's one that allows us to understand our pasts in order to clear a path to our future—opening the door to resilience and healing in a proven, powerful way.

### Strategies for Creating a Trauma-Sensitive Classroom PHI Learning Pvt. Ltd.

Dr. Leigh Stathos likes her ER shifts fast, furious, and adrenaline-infused—"Treat 'em and street 'em"—with no emotional complications. Life's taught her a soul-rending lesson: nothing lasts forever, including marriage. And the clock is ticking toward the end of hers. Then an unwelcome confrontation with "the other woman" begins a whole new set of lessons. San Francisco police officer Nick Stathos never gives up, whether protecting his patrol neighborhood, holding fast to faith—or trying to save his marriage. Seven days is all he has to reach Leigh's heart. But when a desperate act of violence slams Golden Gate Mercy Hospital into lockdown, it starts a chain of events that will change lives forever.

### **Paradise Lost** Flatiron Books

*Glimpses of God's Grace in the Hospital Room* If you've ever spent time in a hospital, you know that it can be a place of struggles and hardships. These hardships aren't limited to physical problems; often when our bodies are in pain, our spiritual lives can suffer too. Former trauma surgeon Dr. Kathryn Butler experienced this firsthand as she walked alongside patients, colleagues, and friends through various illnesses and aching loss. In *Glimmers of Grace*, Butler draws from this experience

to guide believers through the deep questions of God's trustworthiness in the midst of suffering. Blending memoir and devotional reflections, Butler interweaves her own stories of grace with narratives from Scripture to reveal how God's steadfast love endures even in times of great affliction.

### *The Grace Medical Collection: Trauma Plan / Rescue Team / Life Support* NavPress

#1 New York Times bestseller "Essential reading for anyone interested in understanding and treating traumatic stress and the scope of its impact on society." —Alexander McFarlane, Director of the Centre for Traumatic Stress Studies A pioneering researcher transforms our understanding of trauma and offers a bold new paradigm for healing in this New York Times bestseller *Trauma is a fact of life*. Veterans and their families deal with the painful aftermath of combat; one in five Americans has been molested; one in four grew up with alcoholics; one in three couples have engaged in physical violence. Dr. Bessel van der Kolk, one of the world's foremost experts on trauma, has spent over three decades working with survivors. In *The Body Keeps the Score*, he uses recent scientific advances to show how trauma literally reshapes both body and brain, compromising sufferers' capacities for pleasure, engagement, self-control, and trust. He explores innovative treatments—from neurofeedback and meditation to sports, drama, and yoga—that offer new paths to recovery by activating the brain's natural neuroplasticity. Based on Dr. van der Kolk's own research and that of other leading specialists, *The Body Keeps the Score* exposes the tremendous power of our relationships both to hurt and to heal—and offers new hope for reclaiming lives.

### Relationship, Responsibility, and Regulation Springer

The beloved, #1 global bestseller by John Green, author of *The Anthropocene Reviewed* and *Turtles All the Way Down* "John Green is one of the best writers alive." —E. Lockhart, #1 bestselling author of *We Were Liars* "The greatest romance story of this decade." —Entertainment Weekly #1 New York Times Bestseller • #1 Wall Street Journal Bestseller • #1 USA Today Bestseller • #1 International Bestseller Despite the tumor-shrinking medical miracle that has bought her a few years, Hazel has never been anything but terminal, her final chapter inscribed upon diagnosis. But when a gorgeous plot twist named Augustus Waters suddenly appears at Cancer Kid Support Group, Hazel's story is about to be completely rewritten. From John Green, #1 bestselling author of *The Anthropocene Reviewed* and *Turtles All the Way Down*, *The Fault in Our Stars* is insightful, bold, irreverent, and raw. It brilliantly explores the funny, thrilling, and tragic business of being alive and in love.

### **The Fault in Our Stars** OUP USA

A celebrated strength trainer and trauma practitioner offers a fresh and empowering approach to healing and thriving after trauma. In this innovative title, celebrated trainer and trauma practitioner Laura Khoudari brings a fresh approach to healing after trauma, using strength training as an embodied movement practice. Compassionate, witty and fastidiously researched, Khoudari's debut, *Lifting Heavy Things*, is a breakthrough title that will empower and inspire you to develop resilience and build emotional and physical strength through working out with weights, while mindful of the ways that trauma can compromise the wellbeing of the mind and body. In *Lifting Heavy Things*, you'll learn about: Managing chronic pain Creating the conditions for training and healing

Understanding how trauma shows up in daily life Using embodied movement practices (beyond yoga) as a tool to comfortably re-inhabit the body Navigating interpersonal relationships during and after the healing process Why you don't have to tell your trauma story (to everyone) Thriving with and moving beyond trauma With humor, tenderness and grit, *Lifting Heavy Things* takes readers on a journey of personal revelation and integration, helping them to lighten their emotional burden and build deep inner strength to lift all of the heavy things that life may bring with greater ease.

Code Triage NavPress

Beloved authors Terri Blackstock, Candace Calvert, and Susan May Warren bring you three delightful stories about the risks we take for love. "For Love of Money" by Terri Blackstock Trying to launch her own design firm while waitressing on the side, Julie Sheffield was drawn to the kind man she waited on at the restaurant last night . . . until he stiffed her on the tip by leaving her half of a sweepstakes ticket. "The Recipe" by Candace Calvert Hospital dietary assistant Aimee Curran is determined to win the Vegan Valentine Bake-Off to prove she's finally found her calling. But while caring for one of her patients--the elderly grandmother of a handsome CSI photographer--Aimee begins to question where she belongs. "Hook, Line & Sinker" by Susan May Warren Grad student Abigail Cushman has agreed to enter Deep Haven's annual fishing contest. She's a quick learner, even if she doesn't know the difference between a bass and a trout. But nothing could prepare her for competing against the handsome charmer she's tried to forget since grief tore them apart. "One chance for each woman to change her life . . . but will love be the real prize?" Each story is followed by a delicious recipe.

**Lifting Heavy Things** Tyndale House Publishers, Inc.

This book deconstructs and analyzes the impact of education-based trauma. Drawing on wisdom from the fields of education, psychology, neuroscience, history, political science, social justice, and philosophy, Gray connects the dots across different forms of education trauma that can occur throughout a student's life: from bullying and anxiety to social inequity and the school-to-prison pipeline. With respect to learning, memory, social group dynamics, democracy, and mental health, this book serves as a call-to-arms, demanding civil rights for all students and for education to fulfill its ultimate duty as a force for the common good.

**Trauma-Informed Healthcare Approaches** ASCD

ER nurse Macy Wynn learned essential, gritty lessons in the California foster care system: land on your feet and trust no one. She's finally located the fellow foster child she loves like a sister, but the girl's in deep trouble. Macy's determined to help, no matter what it takes. Her motto is to "make it happen" in any situation life throws at her—even when she butts heads with an idealistic cop. Deputy Fletcher Holt believes in a higher plan, the fair outcome—and his ability to handle that by himself if necessary. Now he's been yanked from Houston, his mother is battling cancer, and he's attracted to a strong-willed nurse who could be the target of a brutal sniper. When everything goes wrong, where do they put their trust?

**Educational Trauma** Wednesday Books

The compelling story of heroic women across the country who, despite personal trauma, found grace in difficult times and transformed their personal adversity into pay-it-forward wins by founding nonprofits that help and sustain others, mother to mother. In the midst of environmental chaos, economic uncertainty, and an endless array of health issues, mothers remain the backbone of our

families and exponentially impact their communities. Such is the case of the brave women featured in *A Mother's Grace: Healing the World One Woman at a Time*. Author Michelle Moore is founder and executive director of Mother's Grace, an award-winning nonprofit organization that supports thousands of mothers and their children in crisis each year. She endured overwhelming trauma as a young girl when her mother died suddenly, and later struggled with divorce, cancer, and a son with juvenile diabetes. She begins by recounting how women in her circle of mom friends helped heal her childhood wounds and empowered her to claim victories in adulthood. Along the way, through divine intervention, she meets the ten remarkable women featured here whose personal tragedy-to-victory stories changed her forever. Readers seeking guidance during the challenging times we all face in life will find inspiration and hope as they meet mothers who have lived through dire poverty, the death of a child, a spouse's suicide, terminal childhood cancer, and devastating natural disaster. The poignant and powerful stories of how each found the grit and grace to not only defeat these challenges but also turn them around to impact the world is enlightening and motivating. Finally, Moore calls readers to rise from the depths of their challenges and gives them the tools to do so. Lessons from the moms in this book provide specific life strategies anyone can use to improve her situation and the world around her—one woman at a time.

Basic Emergency Care: Approach to the Acutely Ill and Injured Tyndale House Publishers, Inc.

Three years after a tragic accident left her a widow, ER nurse Taylor Cabot is determined to move on, checking off one item after another on her survival list. Her relationship with a handsome plastic surgeon even gives her hope for the last point—"fall in love again." At least until crisis chaplain Seth Donovan steps back into her life, reawakening unanswered questions about her husband's death. While in San Diego to train community volunteers, Seth hopes to learn why Taylor is backing away from the crisis team and from their friendship. But nothing prepares him for the feelings that arise when he sees Taylor again . . . and sees her moving on with another man. When a community crisis hits home and puts lives at risk, emotions run high and buried truths are unearthed. Will hope make the survival list?

Trauma, Grace, and a Young Man's Journey from Foster Care to Harvard Destiny Image Publishers

Educators must both respond to the impact of trauma, and prevent trauma at school. Trauma-informed initiatives tend to focus on the challenging behaviors of students and ascribe them to circumstances that students are facing outside of school. This approach ignores the reality that inequity itself causes trauma, and that schools often heighten inequities when implementing trauma-informed practices that are not based in educational equity. In this fresh look at trauma-informed practice, Alex Shevrin Venet urges educators to shift equity to the center as they consider policies and professional development. Using a framework of six principles for equity-centered trauma-informed education, Venet offers practical action steps that teachers and school leaders can take from any starting point, using the resources and influence at their disposal to make shifts in practice, pedagogy, and policy. Overthrowing inequitable systems is a process, not an overnight change. But transformation is possible when educators work together, and teachers can do more than they realize from within their own classrooms.

*The Grace Year* World Health Organization

Today our emergency care system faces an epidemic of crowded emergency departments, patients

boarding in hallways waiting to be admitted, and daily ambulance diversions. Hospital-Based Emergency Care addresses the difficulty of balancing the roles of hospital-based emergency and trauma care, not simply urgent and lifesaving care, but also safety net care for uninsured patients, public health surveillance, disaster preparation, and adjunct care in the face of increasing patient volume and limited resources. This new book considers the multiple aspects to the emergency care system in the United States by exploring its strengths, limitations, and future challenges. The wide range of issues covered includes:

- The role and impact of the emergency department within the larger hospital and health care system.
- Patient flow and information technology.
- Workforce issues across multiple disciplines.
- Patient safety and the quality and efficiency of emergency care services.
- Basic, clinical, and health services research relevant to emergency care.
- Special challenges of emergency care in rural settings.

Hospital-Based Emergency Care is one of three books in the Future of Emergency Care series. This book will be of particular interest to emergency care providers, professional organizations, and policy makers looking to address the deficiencies in emergency care systems.

*A Novel* Tyndale House Publishers, Inc.

Nurse Lauren Barclay returns to Houston to care for her troubled sister, but being back home brings her into contact with Elijah Landry, a physician's assistant who left her with painful memories.

*The Body Papers* Springer Nature

The Instant New York Times Bestseller! A speculative thriller in the vein of *The Handmaid's Tale* and *The Power*. Optioned by Universal and Elizabeth Banks to be a major motion picture! "A visceral, darkly haunting fever dream of a novel and an absolute page-turner. Liggett's deeply suspenseful book brilliantly explores the high cost of a misogynistic world that denies women power and does it with a heart-in-your-throat, action-driven story that's equal parts horror-laden fairy tale, survival story, romance, and resistance manifesto. I couldn't stop reading." – Libba Bray, New York Times bestselling author *Survive the year*. No one speaks of the grace year. It's forbidden. In Garner County, girls are told they have the power to lure grown men from their beds, to drive women mad with jealousy. They believe their very skin emits a powerful aphrodisiac, the potent essence of youth, of a girl on the edge of womanhood. That's why they're banished for their sixteenth year, to release their magic into the wild so they can return purified and ready for marriage. But not all of them will make it home alive. Sixteen-year-old Tierney James dreams of a better life—a society that doesn't pit friend against friend or woman against woman, but as her own grace year draws near, she quickly realizes that it's not just the brutal elements they must fear. It's not even the poachers in the woods, men who are waiting for a chance to grab one of the girls in order to make a fortune on the black market. Their greatest threat may very well be each other. With sharp prose and gritty realism, *The Grace Year* examines the complex and sometimes twisted relationships between girls, the women they eventually become, and the difficult decisions they make in-between.

**Chance of Loving You** Cambridge University Press

Developed by WHO and the International Committee of the Red Cross in collaboration with the International Federation for Emergency Medicine Basic Emergency Care (BEC): Approach to the acutely ill and injured is an open-access training course for frontline healthcare providers who manage acute illness and injury with limited resources. BEC teaches a systematic approach to the

initial assessment and management of time-sensitive conditions where early intervention saves lives. It includes modules on: the ABCDE and SAMPLE history approach trauma difficulty in breathing shock and altered mental status. The practical skills section covers the essential time-sensitive interventions for these key acute presentations. The BEC package includes a Participant Workbook and electronic slide decks for each module. BEC integrates the guidance from WHO Emergency Triage Assessment and Treatment (ETAT) for children WHO Pocket Book of Hospital Care for Children WHO Integrated Management of Pregnancy and Childbirth and the Integrated Management of Adult/Adolescent Illness (IMAI).

*Life Support* National Academies Press

Nurse Lauren Barclay put her life on hold to keep a watchful eye on her troubled sister. It's why she's back in Houston. But that means confronting the brooding physician assistant who caused painful turmoil in her family—and left Lauren with memories her heart can't forget. PA and single parent Elijah Landry is no stranger to stormy relationships, including one with his father, who is threatening him with a restraining order. It won't stop Eli from protecting his disabled brother—or from making peace with Lauren. He wants that and so much more. But as Lauren and Eli draw closer, a powerful hurricane roars toward Houston. Survival instincts take priority and everything changes. Can hope weather the storm?

*God and the Victim* Restless Books

This collection bundles all three novels from author Candace Calvert's exciting Grace Medical series into one e-book for a great value! Trauma Plan Sidelined by injuries from a vicious assault, chaplain Riley Hale is determined to return to her former duties as an ER nurse. But how can she show she's competent when the hospital won't let her attempt even simple tasks? Determined to prove herself, Riley volunteers at a controversial urban free clinic despite her fears about the maverick doctor in charge. Dr. Jack Travis defends his clinic like he's commander of the Alamo. He'll fight the community's efforts to shut its doors, even if he must use Riley Hale's influential family name to make it happen. As Riley strives to regain her skills, Jack finds that she shares his compassion—and stirs his lonely heart. Riley senses that beneath Jack's rough exterior is a man she can believe in. But when clinic protests escalate and questions surface about his past, Jack goes into battle mode and Riley wonders if it's dangerous to trust him with her heart. Rescue Team Tired of running from her past, nurse Kate Callison intends to become Austin Grace Hospital's permanent ER director and make Texas her home. Despite staff friction, she's moving ahead. Then unthinkable tragedy wraps the ER in crime tape, bringing swarms of media, legal chaos—and a search-and-rescue hero who seems determined to meddle in her life. For Wes Tanner, nothing beats finding someone who's lost; he's known that helpless terror firsthand. So he'll expand his team's lifeline of hope: K9 tracking, swift water rescue, even horse-mounted searches. He's ready for anything—except Austin Grace's prickly and dismissive ER director. As Kate and Wes discover more about each other, new respect becomes something deeper. Kate wonders if her heart might have finally found a home. Then an unsolved missing persons case—and a startling new one—become catalysts that threaten the loss of all she and Wes have found. *Life Support* Nurse Lauren Barclay put her life on hold to keep a watchful eye on her troubled sister. It's why she's back in Houston. But that means confronting the brooding physician assistant who caused painful turmoil in her family—and left Lauren with

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**What Happened to You?** Feminist Press at CUNY

Finalist for the 2021 National Book Award for Nonfiction Winner of the 2022 Asian/Pacific American Award in Literature A TIME and NPR Best Book of the Year in 2021 This evocative memoir of food and family history is "somehow both mouthwatering and heartbreaking... [and] a potent personal history" (Shelf Awareness). Grace M. Cho grew up as the daughter of a white American merchant marine and the Korean bar hostess he met abroad. They were one of few immigrants in a

xenophobic small town during the Cold War, where identity was politicized by everyday details—language, cultural references, memories, and food. When Grace was fifteen, her dynamic mother experienced the onset of schizophrenia, a condition that would continue and evolve for the rest of her life. Part food memoir, part sociological investigation, *Tastes Like War* is a hybrid text about a daughter's search through intimate and global history for the roots of her mother's schizophrenia. In her mother's final years, Grace learned to cook dishes from her parent's childhood in order to invite the past into the present, and to hold space for her mother's multiple voices at the table. And through careful listening over these shared meals, Grace discovered not only the things that broke the brilliant, complicated woman who raised her—but also the things that kept her alive. "An exquisite commemoration and a potent reclamation." —Booklist (starred review) "A wrenching, powerful account of the long-term effects of the immigrant experience." —Kirkus Reviews