
Anatomy Of An Epidemic By Robert Whitaker

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Anatomy of an Epidemic : Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America
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DARION ZOE

Insane Consequences Profile Books

There's a silent epidemic in western civilization, and it is right under our noses. Our jaws are getting smaller and our teeth crooked and crowded, creating not only aesthetic challenges but also difficulties with breathing. Modern orthodontics has persuaded us that braces and oral devices can correct these problems. While teeth can certainly be straightened, what about the underlying causes of this rapid shift in oral evolution and the health risks posed by obstructed airways? Sandra Kahn and Paul R. Ehrlich, a pioneering orthodontist and a world-renowned evolutionist, respectively, present the biological, dietary, and cultural changes that have driven us toward this major health challenge. They propose simple adjustments that can alleviate this developing crisis, as well as a major alternative to orthodontics that promises more significant long-term relief. Jaws will change your life. Every parent should read this book.

The Transmission of Epidemic Influenza Other Press, LLC

Examines the records on insanity in England, Ireland, Canada, and the United States over a 250-year period, concluding, through quantitative and qualitative evidence, that insanity is an unrecognized, modern-day plague.

Anatomy of an Epidemic : Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of Mental Illness in America Rutgers University Press

Updated with bonus material, including a new foreword and afterword with new research, this New York Times bestseller is essential reading for a time when mental health is constantly in the news. In this astonishing and startling book, award-winning science and history writer Robert Whitaker investigates a medical mystery: Why has the number of disabled mentally ill in the United States tripled over the past two decades? Interwoven with Whitaker's groundbreaking analysis of the merits of psychiatric medications are the personal stories of children and adults swept up in this epidemic. As *Anatomy of an Epidemic* reveals, other societies have begun to alter their use of psychiatric medications and are now reporting much improved outcomes . . . so why can't such change happen here in the United States? Why have the results from these long-term studies—all of which point to the same startling conclusion—been kept from the public? Our nation has been hit by an epidemic of disabling mental illness, and yet, as *Anatomy of an Epidemic* reveals, the medical blueprints for curbing that epidemic have already been drawn up. Praise for *Anatomy of an Epidemic* "The timing of Robert Whitaker's *Anatomy of an Epidemic*, a comprehensive and highly readable history of psychiatry in the United States, couldn't be better."—Salon "Anatomy of an Epidemic offers some answers, charting controversial ground with mystery-novel pacing."—TIME "Lucid, pointed and important, *Anatomy of an Epidemic* should be required reading for anyone considering extended use of psychiatric medicine. Whitaker is at the height of his powers." —Greg Critser, author of *Generation Rx*

Surviving Schizophrenia Springer

The World Health Organization states that depression is the leading cause of disability worldwide, and predicts that by 2030 the epidemic of depression raging across the world will be the single biggest contributor to the overall burden of disease of all health conditions. Yet this gloomy picture masks a number of paradoxes concerning the diagnosis and cultural interpretation of depression that appear to challenge the claimed prevalence rates on which it is based. This book's essays by some of the world's leading researchers and scholars on depression explores these anomalies in detail from multidisciplinary and multicultural perspectives, and in doing so reshapes the debate on the nature of depression that is currently under way in the US and abroad. At the book's core is the exploration from the multiple perspectives of a key dilemma: is the epidemic of depression real or is it just apparent? In particular, could it be the result of criteria laid down in the official American classification system of mental disorders, the DSM, interacting with cultural changes to reshape our view of melancholy, pathologizing what were formerly normal symptoms of grief or intense sadness? The debate over the DSM's conception of depression has an international relevance, with the WHO's upcoming revisions to its International Classification of Diseases requiring coordination with the DSM. This collection of perspectives has an unprecedented international dimension, as scholars from Europe and around the world join US academics to explore a central and controversial element of contemporary psychiatric diagnosis - and one that has enormous practical implications for the future of mental health care and how we view our emotions. The book's accessible essays will make it useful to scholars, practitioners, and students across a wide range of disciplines.

Dante's Cure Simon and Schuster

They Shot Them Down Like Rabbits . . . September 30, 1919. The United States teetered on the edge of a racial civil war. During the previous three months, racial fighting had erupted in twenty-five cities. And deep in the Arkansas Delta, black sharecroppers were meeting in a humble wooden church, forming a union and making plans to sue their white landowners. A car pulled up outside the church . . . What happened next has long been shrouded in controversy. In this heartbreaking but ultimately triumphant story of courage and will, journalist Robert Whitaker carefully documents—and exposes—one of the worst racial massacres in American history. On the Laps of Gods is the story of the 1919 Elaine massacre in Hoop Spur, Arkansas, during which white mobs and federal troops killed more than one hundred black men, women, and children; of the twelve black men subsequently condemned to die; of Scipio Africanus Jones, a former slave and tenacious black attorney; and of *Moore v. Dempsey*, the case Jones brought to the Supreme Court, which set the legal stage for the civil rights movement half a century later.

Fever 1793 Basic Books (AZ)

In an extensively revised new edition of the successful *Anorexia and Bulimia*, Richard Gordon includes new information and discussion of the latest ideas in this rapidly growing research field. The past two decades have witnessed an enormous increase in the number of cases of eating disorders in industrial societies.

The Concussion Crisis Prometheus Books

The third edition of this indispensable manual thoroughly details everything patients, families, and mental health professionals need to know about one of the most widespread and misunderstood illnesses.

Anatomy of an Epidemic Alphascript Publishing

There is today a crisis in psychiatry. Even the former director of the National Institute of Mental Health, Thomas Insel, has said: "Whatever we've been doing for five decades, it ain't working." The field requires a completely fresh look, and clinical psychologist Bruce Levine—a man often at odds with his profession—enlists the early Enlightenment philosopher Baruch de Spinoza to help work through the problem. Readers unfamiliar with Spinoza will be intrigued by the modern relevance of his radical philosophical, psychological, and political ideas. Levine compares the radical/moderate divide among Enlightenment thinkers to a similar divergence between contemporary critics of psychiatry, siding historically with Spinoza in order to bring an equivalent intellectual force to bear upon our modern crisis and calling for new forms of free and enlightened thinking.

Saving Normal Crown

Updated with bonus material, including a new foreword and afterword with new research, this New York Times bestseller is essential reading for a time when mental health is constantly in the news. In this astonishing and startling book, award-winning science and history writer Robert Whitaker investigates a medical mystery: Why has the number of disabled mentally ill in the United States tripled over the past two decades? Interwoven with Whitaker's groundbreaking analysis of the merits of psychiatric medications are the personal stories of children and adults swept up in this epidemic. As *Anatomy of an Epidemic* reveals, other societies have begun to alter their use of psychiatric medications and are now reporting much improved outcomes . . . so why can't such change happen here in the United States? Why have the results from these long-term studies--all of which point to the same startling conclusion--been kept from the public? Our nation has been hit by an epidemic of disabling mental illness, and yet, as *Anatomy of an Epidemic* reveals, the medical blueprints for curbing that epidemic have already been drawn up. Praise for *Anatomy of an Epidemic* "The timing of Robert Whitaker's *Anatomy of an Epidemic*, a comprehensive and highly readable history of psychiatry in the United States, couldn't be better."--Salon "Anatomy of an Epidemic offers some answers, charting controversial ground with mystery-novel pacing."--TIME "Lucid, pointed and important, *Anatomy of an Epidemic* should be required reading for anyone considering extended use of psychiatric medicine. Whitaker is at the height of his powers." --Greg Critser, author of *Generation Rx*.

Descriptions and Prescriptions Basic Books

It's late summer 1793, and the streets of Philadelphia are abuzz with mosquitoes and rumors of fever. Down near the docks, many have taken ill, and the fatalities are mounting. Now they include Polly, the serving girl at the Cook Coffeehouse. But fourteen-year-old Mattie Cook doesn't get a moment to mourn the passing of her childhood playmate. New customers have overrun her family's coffee shop, located far from the mosquito-infested river, and Mattie's concerns of fever are all but overshadowed by dreams of growing her family's small business into a thriving enterprise. But when the fever begins to strike closer to home, Mattie's struggle to build a new life must give way to a

new fight—the fight to stay alive.

The Rules of Contagion Rutgers University Press

Examines the possible consequences of the growth of prescription drug use and the impact of direct-to-consumer promotion (DTC) and off-label marketing.

The Mapmaker's Wife Balance

An updated edition of the classic history of schizophrenia in America, which gives voice to generations of patients who suffered through "cures" that only deepened their suffering and impaired their hope of recovery. Schizophrenics in the United States currently fare worse than patients in the world's poorest countries. In *Mad in America*, medical journalist Robert Whitaker argues that modern treatments for the severely mentally ill are just old medicine in new bottles, and that we as a society are deeply deluded about their efficacy. The widespread use of lobotomies in the 1920s and 1930s gave way in the 1950s to electroshock and a wave of new drugs. In what is perhaps Whitaker's most damning revelation, *Mad in America* examines how drug companies in the 1980s and 1990s skewed their studies to prove that new antipsychotic drugs were more effective than the old, while keeping patients in the dark about dangerous side effects. A haunting, deeply compassionate book -- updated with a new introduction and prologue bringing in the latest medical treatments and trends -- *Mad in America* raises important questions about our obligations to the mad, the meaning of "insanity," and what we value most about the human mind.

Mechanism, Experiment, Disease Hachette UK

The capacity to comply with abusive authority is humanity's fatal flaw. Fortunately, within the human family there are anti-authoritarians—people comfortable questioning the legitimacy of authority and challenging and resisting its illegitimate forms. However, as *Resisting Illegitimate Authority* reveals, authoritarians attempt to marginalize anti-authoritarians, who are scorned, shunned, financially punished, psychopathologized, criminalized, and even assassinated. Profiling a diverse group of U.S. anti-authoritarians—including Thomas Paine, Ralph Nader, Malcolm X, and Lenny Bruce—in order to glean useful lessons from their lives, *No Badges* is the first self-help manual for anti-authoritarians. Discussing anti-authoritarian approaches to depression, relationships, and parenting, it provides political, spiritual, philosophical, and psychological tools to help those suffering violence and marginalization in a society whose most ardent cheerleaders for "freedom" are often its most obedient and docile citizens. *Resisting Illegitimate Authority* is about bigotry, but not bigotry directed at race, religion, gender, or sexual preference. It is about bigotry directed at rebellious personalities and temperaments.

The Burdens of Disease UNSW Press

IN THIS STIRRING AND BEAUTIFULLY WRITTEN WAKE-UP CALL, psychiatrist Daniel Carlat exposes deeply disturbing problems plaguing his profession, revealing the ways it has abandoned its essential purpose: to understand the mind, so that psychiatrists can heal mental illness and not just treat symptoms. As he did in his hard-hitting and widely read New York Times Magazine article "Dr. Drug Rep," and as he continues to do in his popular watchdog newsletter, *The Carlat Psychiatry Report*, he writes with bracing honesty about how psychiatry has so largely forsaken the practice of talk therapy for the seductive—and more lucrative—practice of simply prescribing drugs, with a host of deeply troubling consequences. Psychiatrists have settled for treating symptoms rather than

causes, embracing the apparent medical rigor of DSM diagnoses and prescription in place of learning the more challenging craft of therapeutic counseling, gaining only limited understanding of their patients' lives. Talk therapy takes time, whereas the fifteen-minute "med check" allows for more patients and more insurance company reimbursement. Yet DSM diagnoses, he shows, are premised on a good deal less science than we would think. Writing from an insider's perspective, with refreshing forthrightness about his own daily struggles as a practitioner, Dr. Carlat shares a wealth of stories from his own practice and those of others that demonstrate the glaring shortcomings of the standard fifteen-minute patient visit. He also reveals the dangers of rampant diagnoses of bipolar disorder, ADHD, and other "popular" psychiatric disorders, and exposes the risks of the cocktails of medications so many patients are put on. Especially disturbing are the terrible consequences of overprescription of drugs to children of ever younger ages. Taking us on a tour of the world of pharmaceutical marketing, he also reveals the inner workings of collusion between psychiatrists and drug companies. Concluding with a road map for exactly how the profession should be reformed, *Unhinged* is vital reading for all those in treatment or considering it, as well as a stirring call to action for the large community of psychiatrists themselves. As physicians and drug companies continue to work together in disquieting and harmful ways, and as diagnoses—and misdiagnoses—of mental disorders skyrocket, it's essential that Dr. Carlat's bold call for reform is heeded.

On the Laps of Gods Springer Science & Business Media

THE PLAGUE YEARS Mankind has always been fascinated by "origins," and biologists are no exception. Darwin is our most famous example. What is the origin of mankind, of species, of infectious diseases? In the last few years we have seen the emergence and spread of some apparently "new" viruses, such as HIV -1 and the virus causing bovine spongiform encephalomyelopathy. But are these, in fact, entirely new agents, or mutated forms of "old" viruses that have evolved along with us for eons? Edgar Hope-Simpson could not have written this book at a more opportune moment. He is a firm believer in gradual evolution, rather than the sudden arrival of new agents. I suspect that he would also have a naturalist's Darwinian approach for the origin of AIDS. It has been a source of some amazement to me over the years how even the most innovative scientists conform to a current hypothesis. Pioneer thinking comes more easily to persons outside the scientific mainstream. Edgar Hope Simpson has always struck me as a modern-day naturalist of the classic style, observant and perhaps a little maverick in line of thought. Certainly, the central hypothesis propounded in this book will be controversial to many scientists. From his unique citadel, the Epidemiological Research Unit in Cirencester, he has carefully reexamined mortality data from old records as well as new.

Unhinged AK Press

The bestselling author of *The Completion Process* offers a blueprint for overcoming loneliness and returning to a place of love, acceptance, and meaningful connection. Following in the footsteps of the success of *The Completion Process*, bestselling author and modern spiritual leader Teal Swan offers an in-depth exploration and understanding of loneliness. Drawing on her extraordinary healing technique, the Connection Process, Teal offers a way to experience connection once again. Loneliness is reaching endemic proportions in our society, reflected by rising suicide rates and

increased mental illness. Now, more than ever we need to find a way to connect. Loneliness is a feeling of separation or isolation; it is not necessarily the same as the physical state of being alone. This book is for people who suffer from loneliness, the kind that cannot be solved by simply being around other people. Their aloneness is a deeply embedded pattern that is both negative and painful; it is often fueled by trauma, loss, addiction, grief and a lack of self-esteem and insecurity. In *The Anatomy of Loneliness*, Teal identifies the three pillars or qualities of loneliness: Separation, Shame and Fear and goes on to share her revolutionary technique; The Connection Process, a form of intuitive journeying, usually involving two people a 'receiver' and a 'journeyer'. Through a series of exercises each person experiences 'walls' and 'blockages' as they move through the process both participants face their fears learning from these to reach a place of unconditional love and acceptance.

The Anatomy of Violence Simon and Schuster

Updated with bonus material, including a new foreword and afterword with new research, this New York Times bestseller is essential reading for a time when mental health is constantly in the news. In this astonishing and startling book, award-winning science and history writer Robert Whitaker investigates a medical mystery: Why has the number of disabled mentally ill in the United States tripled over the past two decades? Interwoven with Whitaker's groundbreaking analysis of the merits of psychiatric medications are the personal stories of children and adults swept up in this epidemic. As *Anatomy of an Epidemic* reveals, other societies have begun to alter their use of psychiatric medications and are now reporting much improved outcomes . . . so why can't such change happen here in the United States? Why have the results from these long-term studies—all of which point to the same startling conclusion—been kept from the public? Our nation has been hit by an epidemic of disabling mental illness, and yet, as *Anatomy of an Epidemic* reveals, the medical blueprints for curbing that epidemic have already been drawn up. Praise for *Anatomy of an Epidemic* "The timing of Robert Whitaker's *Anatomy of an Epidemic*, a comprehensive and highly readable history of psychiatry in the United States, couldn't be better."—Salon "Anatomy of an Epidemic offers some answers, charting controversial ground with mystery-novel pacing."—TIME "Lucid, pointed and important, *Anatomy of an Epidemic* should be required reading for anyone considering extended use of psychiatric medicine. Whitaker is at the height of his powers." —Greg Critser, author of *Generation Rx*

Mind Fixers: Psychiatry's Troubled Search for the Biology of Mental Illness Simon and Schuster

Provocative and timely: a pioneering neurocriminologist introduces the latest biological research into the causes of—and potential cures for—criminal behavior. With an 8-page full-color insert, and black-and-white illustrations throughout.

The Anatomy of Loneliness New Growth Press

Relates the eighteenth-century story of Jean Godin and his wife, Isabel, stranded at opposite ends of the Amazon River after Jean's epic exploration of South America, and describes Isabel's journey to reunite with her husband.

Mad in America Pantheon

As much the story of a young doctor finding his own path in a controversial new world of anti-psychotic drugs, this is the true account of a successful therapeutic process that took place six days

a week, for seven years.