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In this Fifth Edition of Coaching for Performance, Sir John Whitmore and Performance Consultants shine a light on what it takes to create high

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Sir John Whitmore's Coaching for Performance Book 5th ...

In 2007 Sir John received the International Coach Federation's President's Award for advancing the profession of coaching. Bibliography. Whitmore wrote a book titled Coaching for Performance. published by Nicholas Brealey Publishing. It contains details of his coaching model, known as the GROW model. The first four editions sold a million copies in 23 languages.

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21 quotes from John Whitmore: 'Coaching is unlocking people's potential to maximize their own performance.', 'As with any new

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