
The Psychedelic Explorers

The Doors of Perception and Heaven and Hell
Psychedelics and Spirituality
The Varieties of Psychedelic Experience
Summary of James Fadiman's The Psychedelic Explorer's Guide
The Psychedelic Gospels
A Really Good Day
Manifesting Minds
Magic Mushroom Explorer
The Psychedelic Future of the Mind
The Psychedelic Experience
Psychedelic Healing
Psychedelic Shamanism, Updated Edition
Mystic Chemist
The Psychedelic Bible - Everything You Need To Know About Psilocybin Magic Mushrooms, 5-Meo DMT, LSD/Acid & MDMA
The Psychedelic Explorer's Guide
LSD and the Mind of the Universe
Your Psilocybin Mushroom Companion
The Beginners Introductory Guide To DMT - Psychedelics And The Dimethyltryptamine Molecule
Decomposing The Shadow
Entheogens and the Future of Religion
Zig Zag Zen
The Psilocybin Connection

The Psychedelic Handbook
Hallucinogens
Unlimit Your Life
Ayahuasca Reader
DMT: The Spirit Molecule
Listening to Ayahuasca
The Harvard Psychedelic Club
Consciousness Medicine
Essential Sufism
Psychedelics and Psychotherapy
How to Change Your Mind
Paths to God
Sacred Knowledge
Beyond the Narrow Life
The Psilocybin Solution
Psychedelic Medicine
The Pot Book
Magic Medicine

*The
Psychedelic
Explorers*

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STEPHANY DARION

The Doors of Perception and Heaven and Hell

Chronicle Books

A professor of religious studies meticulously documents his insights from 73 high-dose LSD

sessions conducted over the course of 20 years • Chronicles, with unprecedented rigor, the author's systematic journey into a unified field of consciousness that underlies all physical existence • Makes a powerful case for the value of psychedelically

induced spiritual experience and discusses the challenge of integrating these experiences into everyday life • Shows how psychedelic experience can take you beyond self-transformation into collective transformation and help birth the future of humanity On November 24, 1979, Christopher M. Bache took the first step on what would become a life-changing journey. Drawing from his training as a philosopher of religion, Bache set out to explore his mind and the mind of the universe as deeply and systematically as possible--with the help of the psychedelic drug LSD. Following protocols established

by Stanislav Grof, Bache's 73 high-dose LSD sessions over the course of 20 years drew him into a deepening communion with cosmic consciousness. Journey alongside professor Bache as he touches the living intelligence of our universe--an intelligence that both embraced and crushed him--and demonstrates how direct experience of the divine can change your perspective on core issues in philosophy and religion. Chronicling his 73 sessions, the author reveals the spiral of death and rebirth that took him through the collective unconscious into the creative intelligence of the universe. Making a powerful case for the value of

psychedelically induced spiritual experience, Bache shares his immersion in the fierce love and creative intent of the unified field of consciousness that underlies all physical existence. He describes the incalculable value of embracing the pain and suffering he encountered in his sessions and the challenges he faced integrating his experiences into his everyday life. His journey documents a shift from individual consciousness to collective consciousness, from archetypal reality to Divine Oneness and the Diamond Luminosity that lies outside cyclic existence. Pushing the boundaries of theory

and practice, the author shows how psychedelic experience can take you beyond self-transformation into collective transformation, beyond the present into the future, revealing spirit and matter in perfect balance.

Psychedelics and Spirituality

North Atlantic Books

Decomposing The Shadow presents a psychological model for the experience of the magic psilocybin mushroom. It explores what the experience of this psychedelic medicine exposes to us about the nature of mind, emotion, society, psychospiritual maturity, and reality itself. This book is about facing the darkness within each of us, developing the courage of emotional

honesty, and investigating how the unacknowledged aspects of self, the shadow, can make the grounds of personal growth fertile again. The psilocybin mushroom offers us the opportunity to experience life from a point of amplified emotional, psychological, and spiritual significance. It unlocks a perspective of self and other that is naturally occurring within us, but culturally suppressed to the point of nearly complete omission. When we begin to navigate the vastly novel experiences this substance can provide us, we further enable its potential for not only exposing, but healing the unconscious narratives that hold us back from

being our fullest, most courageous, most honest self.

The Varieties of Psychedelic Experience Penguin

- Examines the therapeutic potential of expanded states, underground psychedelic psychotherapy, harm reduction, new approaches for healing individual and collective trauma, and training considerations
- Addresses challenging psychedelic experiences, spiritual emergencies, and the central importance of the therapeutic relationship
- Details the use of cannabis as a psychedelic tool, spiritual exploration with LSD, micro-dosing with Iboga, and MDMA-assisted psychotherapy for PTSD Exploring the

latest developments in the flourishing field of modern psychedelic psycho-therapy, this book shares practical experiences and insights from both elders and newer research voices in the psychedelic research and clinical communities. The contributors examine new findings on safe and skillful work with psychedelic and expanded states for therapeutic, personal, and spiritual growth. They explain the dual process of opening and healing. They explore new approaches for individual inner work as well as for the healing of ancestral and collective trauma. They examine the power of expanded states for reparative attachment work and offer insights on the

integration process through the lens of Holotropic Breathwork. The contributors also examine the use of cannabis as a psychedelic tool, spiritual exploration with LSD, microdosing with Iboga, treating depression with psilocybin, and MDMA-assisted psychotherapy for PTSD. Revealing diverse ways of working with psychedelics in terms of set, setting, and type of substance, the book concludes with discussions of ethics and professional development for those working in the field as well as explores considerations for training the next generation of psychedelic therapists. *Summary of James Fadiman's The Psychedelic Explorer's*

Guide North Atlantic Books

Reveals how psychedelics can facilitate spiritual development and direct encounters with the sacred • With contributions by Albert Hofmann, Huston Smith, Stanislav Grof, Charles Tart, Alexander "Sasha" Shulgin, Brother David Steindl-Rast, and many others • Includes personal accounts of Walter Pahnke's Good Friday Experiment as well as a 25-year follow-up with its participants • Explores protocols for ceremonial use of psychedelics and the challenges of transforming entheogenic insights into enduring change
Modern organized religion is based predominantly on secondary religious

experience--we read about others' extraordinary spiritual encounters with God but have no direct experience ourselves. Yet there exist powerful sacraments to help us directly experience the sacred, to help us seek out the meaning of being human and our place in the universe, and to help us see the sacred in the world that surrounds us. In this book, more than 25 spiritual leaders, scientists, and psychedelic visionaries examine how we can return to the primary spiritual encounters at the basis of all religions through the guided use of psychedelics. With contributions by Albert Hofmann, Huston Smith, Stanislav Grof, Charles Tart, Alexander "Sasha" Shulgin,

Brother David Steindl-Rast, Myron Stolaroff, and many others, this book explores protocols for ceremonial and spiritual use of psychedelics, including LSD, psilocybin, ayahuasca, and MDMA, and the challenges of transforming entheogenic insights into enduring change. It examines psychoactive sacraments in the Bible, myths surrounding the use of LSD, and the transformative ayahuasca rituals of Santo Daime. The book also includes personal accounts of Walter Pahnke's Good Friday Experiment as well as a 25-year follow-up with its participants. Dispelling fears of inauthentic spirituality, addiction, and ill-

prepared encounters with the holy, this book reveals the potential of psychedelics as catalysts for spiritual development, a path through which faith can directly encounter God's power, and the beginning of a new religious era based on personal spiritual experience.

The Psychedelic Gospels Harmony Buddhism and psychedelic experimentation share a common concern: the liberation of the mind. Zig Zag Zen launches the first serious inquiry into the moral, ethical, doctrinal, and transcendental considerations created by the intersection of Buddhism and psychedelics. With a foreword by renowned Buddhist scholar

Stephen Batchelor and a preface by historian of religion Huston Smith, along with numerous essays and interviews, *Zig Zag Zen* is a provocative and thoughtful exploration of altered states of consciousness and the potential for transformation. Accompanying each essay is a work of visionary art selected by artist Alex Grey, such as a vividly graphic work by Robert Venosa, a contemporary thangka painting by Robert Beer, and an exercise in emptiness in the form of an enso by a 17th-century Zen abbot. Packed with enlightening entries and art that lie outside the scope of mainstream anthologies, *Zig Zag Zen* offers eye-opening

insights into alternate methods of inner exploration. *A Really Good Day* Fair Winds Press
Beyond the Narrow Life: A Guide to Psychedelic Integration and Existential Exploration presents a framework for understanding and experiencing psychedelic-assisted therapy including foundational therapeutic approaches, the psychospiritual aspects of the psychedelic journey, and integration of the insights gained. *Manifesting Minds* SoulsLantern Publishing
A study of the importance of psychedelic plants and drugs in religion and society • With contributions by Albert

Hofmann, R. Gordon Wasson, Jack Kornfield, Terence McKenna, the Shulgins, Rick Strassman, and others

- Explores the importance of academic and religious freedom in the study of psychedelics and the mind
- Exposes the need for an organized spiritual context for entheogen use in order to fully realize their transformative and sacred value

We live in a time when a great many voices are calling for a spiritual renewal to address the problems that face humanity, yet the way of entheogens--one of the oldest and most widespread means of attaining a religious experience--is forbidden, surrounded by controversy and misunderstanding. Widely employed in

traditional shamanic societies, entheogens figure prominently in the origins of religion and their use continues today throughout the world. They alter consciousness in such a profound way that, depending on the set and setting, they can produce the ultimate human experiences: union with God or revelation of other mystical realities. With contributions by Albert Hofmann, Terence McKenna, Ann and Alexander Shulgin, Thomas Riedlinger, Dale Pendell, and Rick Strassman as well as interviews with R. Gordon Wasson and Jack Kornfield, this book explores ancient and modern uses of psychedelic drugs, emphasizing the complementary relationship between

science and mystical experience and the importance of psychedelics to the future of religion and society. Revealing the mystical-religious possibilities of substances such as psilocybin mushrooms, mescaline, and LSD, this book exposes the vital need for developing an organized spiritual context for their use in order to fully realize their transformative and sacred value. Stressing the importance of academic and religious freedom, the authors call for a revival of scientific and religious inquiry into entheogens so they may be used safely and legally by those seeking to cultivate their spiritual awareness.

Magic Mushroom Explorer Celestial Arts
Thinking about taking these magical drugs? Ever wondered what exactly happens when you take them? Want to make sure you don't have a bad trip? In this unbiased book you'll explore the effects of Psilocybin, DMT & LSD including the risks and benefits of taking them in the modern world. Educate yourself and learn the history of these psychedelic compounds before you decide to go further with whatever you're thinking. There are plenty of fascinating facts, stories and intriguing questions you're going to come across that may shock you. ★★ Some of the topics covered in this book include★★ - The Neurochemical Effects Taking Place In Your

Brain - Proper
Measurement &
Consumption Of Each
Drug - The First Ever
Trip Report In History -
Tripping Safe /
Managing A Bad One -
LSD, Magic Mushroom
& DMT Therapy /
Medical Studies -
Experiencing Death -
Entering The Hallway
Of All Possible Realities
If you want to be well
informed and stay safe
on the topic of these
magical drugs scroll up
and click 'add to cart'
now!! See you inside!

The Psychedelic Future of the Mind

Simon and Schuster
One of the most
important factors in
getting your life to be
the way you want it is
to first understand
what's holding you
back. Most often,
people don't have
clear goals in mind and
they don't know how

to identify and
overcome certain of
life's limitations. In
this book, psychologist
James Fadiman takes
you through the steps
necessary to learn to
set and achieve your
life goals-in
relationships, business,
career, and
spirituality.

The Psychedelic
Experience North
Atlantic Books

The Ayahuasca Reader
is an expansive
anthology of texts
translated from several
different languages
covering multiple
aspects of the
ayahuasca experience.
The book is a classic in
ayahuasca literature
and a must read for
those interested in
learning more about
this sacred plant
medicine.

Psychedelic Healing
Simon and Schuster

Learn everything you need to know about psychedelics with this ultimate guide packed with information on popular psychedelic drugs like psilocybin, ketamine, MDMA, DMT and LSD—plus practical tips for microdosing and how to safely "trip"—from bestselling author Dr. Rick Strassman. Entering the world of psychedelic drugs can be challenging, and many aren't sure where to start. As research continues to expand and legalization looms on the horizon for psychedelics like psilocybin, you may need a guide to navigate what psychedelics are, how they work, and their potential benefits and risks. The Psychedelic Handbook is a

complete manual that is accessible to anyone with an interest in these "mind-manifesting" substances. Packed with information on psilocybin, LSD, DMT/ayahuasca, mescaline/peyote, ketamine, MDMA, ibogaine, 5-methoxy-DMT ("the toad"), and Salvia divinorum/salvinorin A, this book is your ultimate reference for understanding the science and history of psychedelics; discovering their potential to treat depression, PTSD, substance abuse, and other disorders, as well as to increase wellness, creativity, and meditation; learning how to safely trip and explaining what we know about microdosing; and

recognizing and caring for negative reactions to psychedelics. Clinical research psychiatrist, founding figure of the American psychedelic research renaissance, and best-selling author of *DMT: The Spirit Molecule*, Dr. Rick Strassman shares his experience and perspectives as neither advocate nor foe of psychedelics in order to help readers understand the effects of these remarkable drugs.

Psychedelic Shamanism, Updated Edition Knopf

Used for thousands of years by indigenous tribes of the Amazon rain forest, the mystical brew ayahuasca is now becoming increasingly popular in the West. Psychologist Rachel Harris here shares her

own healing experiences and draws on her original research (the largest study of ayahuasca use in North America) into the powerful medicine's effects on depression, addiction, PTSD, and anxiety. In this wide-ranging and personal exploration, Harris details ayahuasca's risks and benefits, helping readers clarify their intentions and giving psychotherapists a template for transformative care and healing.

Mystic Chemist

Simon and Schuster
 Psychedelic Shamanism presents the spiritual and shamanic properties of psychotropic plants and discusses how they can be used to understand the structure of human

consciousness. Author Jim DeKorne offers authoritative information about the cultivation, processing, and correct dosages for various psychotropic plant substances including the belladonna alkaloids, d-lysergic acid amide, botanical analogues of LSD, mescaline, ayahuasca, DMT, and psilocybin. Opening with vivid descriptions of the author's personal experiences with psychedelic drugs, the book describes the parallels that exist among shamanic states of consciousness, the use of psychedelic catalysts, and the hidden structure of the human psyche. DeKorne suggests that psychedelic drugs allow us to examine

the shamanic dimensions of reality. This worldview, he says, is ubiquitous across space, time, and culture, with individuals separated by race, distance, and culture routinely describing the same core reality that provides powerful evidence of the dimensional nature of consciousness itself. The book guides the reader through the imaginal realm underlying our awareness, a world in which spiritual entities exist to reconnect us with ourselves, humanity, and our planet. Accurate drawings of plants, including peyote, *Salvia divinorum*, and San Pedro, enhance the book's usefulness. *The Psychedelic Bible - Everything You Need*

To Know About Psilocybin Magic Mushrooms, 5-Meo DMT, LSD/Acid & MDMA Harper Collins
 Now on Netflix as a 4-part documentary series! "Pollan keeps you turning the pages . . . cleareyed and assured." —New York Times A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are

being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of

psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our

place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering and joy, we can do our best to be fully present and find meaning in our lives.

The Psychedelic Explorer's Guide

Everest Media LLC
Explores the potential of psychedelics as medicine and the intersections of politics, science, and psychedelics •

Explores the tumultuous history of psychedelic research, the efforts to restore psychedelic therapies, and the links between psychiatric drugs and mental illness • Offers non-technical summaries of the most

recent, double-blind, placebo-controlled studies with MDMA, psilocybin, LSD, and ayahuasca • Includes the work of Rick Doblin, Stanislav Grof, James Fadiman, Julie Holland, Dennis McKenna, David Nichols, Charles Grob, Phil Wolfson, Michael and Annie Mithoefer, Roland Griffiths, Katherine MacLean, and Robert Whitaker Embracing the revival of psychedelic research and the discovery of new therapeutic uses, clinical psychologist Dr. Richard Louis Miller discusses what is happening today in psychedelic medicine--and what will happen in the future--with top researchers and thinkers in this field, including Rick Doblin, Stanislav Grof, James Fadiman, Julie Holland,

Dennis McKenna, David Nichols, Charles Grob, Phil Wolfson, Michael and Annie Mithoefer, Roland Griffiths, Katherine MacLean, and Robert Whitaker. Dr. Miller and his contributors cover the tumultuous history of early psychedelic research brought to a halt 50 years ago by the U.S. government as well as offering non-technical summaries of the most recent studies with MDMA, psilocybin, LSD, and ayahuasca. They explore the biochemistry of consciousness and the use of psychedelics for self-discovery and healing. They discuss the use of psilocybin for releasing fear in the terminally ill and the potential for MDMA-assisted psychotherapy in the treatment of

PTSD. They examine Dr. Charles Grob's research on the indigenous use and therapeutic properties of ayahuasca and Dr. Gabor Mate's attempt to transport this plant medicine to a clinical setting with the help of Canada's Department of National Health. Dr. Miller and his contributors explore the ongoing efforts to restore psychedelic therapies to the health field, the growing threat of overmedication by the pharmaceutical industry, and the links between psychiatric drugs and mental illness. They also discuss the newly shifting political climate and the push for new research, offering hope for an end to the War on Drugs and a potential

renaissance of research into psychedelic medicines around the world. LSD and the Mind of the Universe Simon and Schuster "A genuine spiritual quest. . . . Extraordinary." — New York Times Among the most profound and influential explorations of mind-expanding psychedelic drugs ever written, here are two complete classic books—*The Doors of Perception* and *Heaven and Hell*—in which Aldous Huxley, author of *Brave New World*, reveals the mind's remote frontiers and the unmapped areas of human consciousness. This edition also features an additional essay, "Drugs That Shape Men's Minds," now included for the first time.

Your Psilocybin Mushroom

Companion Harper
Collins

Featuring essays and interviews with Timothy Leary, Aldous Huxley, Ram Dass, Albert Hofmann, Alexander (Sasha) Shulgin, Daniel Pinchbeck, Tim Robbins, Arne Naess, and electronic musician Simon Posford, as well as groundbreaking research and personal accounts, this one-of-a-kind anthology is a "best of" collection of articles and essays published by the Multidisciplinary Association for Psychedelic Studies (MAPS). Topics include the healing use of marijuana and psychedelics--including MDMA, ibogaine, LSD, and ayahuasca--for

PTSD, anxiety, depression, and drug addiction, as well as positive effects of these substances in the realm of the arts, family, spirituality, ecology, and technology. Among many other thought-provoking and mind-opening pieces are the following: • "On Leary and Drugs at the End," by Carol Rosen and Vicki Marshall • "Psychedelic Rites of Passage," by Ram Dass • "To Be Read at the Funeral," by Albert Hofmann • "Another Green World: Psychedelics and Ecology," by Daniel Pinchbeck • "Psychedelics and Species Connectedness," by Stanley Krippner, PhD • "Huxley on Drugs and Creativity," by Aldous Huxley • "Psychedelics

- and the Deep Ecology Movement: A Conversation with Arne Naess," by Mark A. Schroll, PhD, and David Rothenberg • "Psychedelic Sensibility," by Tom Robbins • "Electronic Music and Psychedelics: An Interview with Simon Posford of Shpongle," by David Jay Brown • "How Psychedelics Informed My Sex Life and Sex Work," by Annie Sprinkle • "Consideration of Ayahuasca for the Treatment of Posttraumatic Stress Disorder," by Jessica Nielson, PhD, and Julie Megler, MSN, NP-BC • "Psychedelics and Extreme Sports," by James Oroc • "Youth and Entheogens: A Modern Rite of Passage?," by Andrei Foldes with Amba, Eric Johnson, et al. • "Diary of an MDMA Subject," by Anonymous • "Dimethyltryptamine: Possible Endogenous Ligand of the Sigma-1 Receptor?," by Adam L. Halberstadt • "Lessons from Psychedelic Therapy," by Richard Yensen, PhD • "Psychosomatic Medicine, Psychoneuroimmunology, and Psychedelics," by Ana Maqueda • "Talking with Ann and Sasha Shulgin about the Existence of God and the Pleasures of Sex and Drugs," by Jon Hanna and Silvia Thyssen
- The Beginners Introductory Guide To DMT - Psychedelics And The Dimethyltryptamine Molecule* Penguin
A clinical psychiatrist explores the effects of DMT, one of the most

powerful psychedelics known. • A behind-the-scenes look at the cutting edge of psychedelic research. • Provides a unique scientific explanation for the phenomenon of alien abduction experiences. From 1990 to 1995 Dr. Rick Strassman conducted U.S. Government-approved and funded clinical research at the University of New Mexico in which he injected sixty volunteers with DMT, one of the most powerful psychedelics known. His detailed account of those sessions is an extraordinarily riveting inquiry into the nature of the human mind and the therapeutic potential of psychedelics. DMT, a plant-derived chemical found in the

psychedelic Amazon brew, ayahuasca, is also manufactured by the human brain. In Strassman's volunteers, it consistently produced near-death and mystical experiences. Many reported convincing encounters with intelligent nonhuman presences, aliens, angels, and spirits. Nearly all felt that the sessions were among the most profound experiences of their lives. Strassman's research connects DMT with the pineal gland, considered by Hindus to be the site of the seventh chakra and by Rene Descartes to be the seat of the soul. DMT: The Spirit Molecule makes the bold case that DMT, naturally released by the pineal gland,

facilitates the soul's movement in and out of the body and is an integral part of the birth and death experiences, as well as the highest states of meditation and even sexual transcendence. Strassman also believes that "alien abduction experiences" are brought on by accidental releases of DMT. If used wisely, DMT could trigger a period of remarkable progress in the scientific exploration of the most mystical regions of the human mind and soul.

Decomposing The Shadow Simon and Schuster

For centuries, readers have turned to the Bhagavad Gita for inspiration and guidance as they chart their own spiritual paths. As profound and

powerful as this classic text has been for generations of seekers, integrating its lessons into the ordinary patterns of our lives can ultimately seem beyond our reach. Now, in a fascinating series of reflections, anecdotes, stories, and exercises, Ram Dass gives us a unique and accessible road map for experiencing divinity in everyday life. In the engaging, conversational style that has made his teachings so popular for decades, Ram Dass traces our journey of consciousness as it is reflected in one of Hinduism's most sacred texts. The Gita teaches a system of yogas, or "paths for coming to union with God." In *Paths to God*, Ram Dass brings the heart of that system to

light for a Western audience and translates the Gita's principles into the manual for living the yoga of contemporary life. While being a guide to the wisdom of the Bhagavad Gita, *Paths to God* is also a template for expanding our definition of ourselves and allowing us to appreciate a new level of meaning in our lives.

Entheogens and the Future of Religion

Simon and Schuster

"A welcome addition to the literature on Islam . . . Reading through the many entries, one gets a feeling for the beauty and deep wisdom of the Sufis." —Library Journal
The definitive compendium of Sufi wisdom, *Essential Sufism* presents more than three hundred beautiful and

inspirational works from all eras of Sufism. From thousand-year-old prayers to contemporary Sufi poetry, this beautiful collection embraces the full diversity of a rich tradition and reveals the heart of Islamic mysticism. Written by Sufi prophets, saints, and teachers, these luminous stories, fables, and aphorisms help us to see the love and generosity of God in all of creation, and to experience the love for all things that embodies the Sufi's relationship with God. Voicing a passionate faith that aims to soften hearts hardened by daily life and open them to love, the Sufi tradition as illustrated in these pages teaches us to seek the Divine while remaining

engaged in the world, to find our opportunities for spiritual growth, awareness, and generosity, and to realize that there is nothing in this world or the next that is not both loved and loving. “This book presents selections from a

multitude of saints and sages whose hearts were opened through the Sufi path.”

—Huston Smith, from the foreword “A treasure of jewels in the tradition of Sufi soul-work. I really love and value this book.”

—Coleman Barks, translator of The Essential Rumi