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# Mihaly Csikszentmihalyi Flow

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The Psychology and Theory Behind Flow (Incl. Definition)

Finding Flow: The Psychology of Engagement with Everyday ...

Flow Living At The Peak Of Your Abilities

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 productivity. He is the  
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 Management at  
 Claremont Graduate  
 University. He is the  
 former head of the  
 department of psychology  
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 Mihaly Csikszentmihalyi is a Hungarian-American psychologist. He recognised and named the psychological concept of flow, a highly focused mental state conducive to productivity. He is the

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