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Guru Nanak's Call of the Soul

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The Japji and the Rehras

Laws of Life

Chandi-Di-Vaar: Punjabi with English Translation

Zafar-nāma

Dear Takuya --

The Guru Granth Sahib

Sikhs

Berkeley Lectures on Sikhism

Sri Guru-Granth Sahib

The Japji of Guru Nanak

Jap Ji

Dictionary of Mythological References in Guru Granth Sahib

The True Name

“The” Ādi Granth Or the Holy Scriptures of the Sikhs

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Hymns of Guru Nanak

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Breathwalk

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The Singing Guru

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## **MATHEWS WILLIAMSON**

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Guru Nanak's Call of the Soul Penguin (Non-Classics)  
Born of experience and maturity, this book is far more than the often rehearsed story. It is an examination of major

events and influences which have made Sikhism what it now is. Sikhism Fingerprint! Publishing  
What does it mean to live as a Sikh? How is this lifestyle relevant today? In this reader-friendly collection of personal stories, you will find "People Like You and Me" candidly sharing their experiences of self-

discovery along the path of Sikh Dharma. This one-of-a-kind book includes fascinating tales of the unique lives of the ten men of higher consciousness who forged a path of everyday learning and personal excellence. Walking the path of Sikh Dharma is a way of enjoying the adventure of life and solving the mystery of

one's immortal destiny. It enables people to experience the best within themselves and others. Like all spiritual traditions, Sikh Dharma has its philosophy and guidelines, but it is a down-to-earth, practical spiritual path that anyone can follow. Read the stories of the ten Sikh Gurus whose teachings gave humanity the way to make the most out of life's journey-every step of the way-and discover: Who are the Sikh Gurus?; What is a Yogi and a Sikh?; What does it mean

to be a Sikh in the modern world?; Discover the Shabad Guru: The Universal Guru of the Aquarian Age.

**Sri Guru Granth Sahib,**

**Vol. 1** Allied Publishers

A step-by-step exploration of the sacred poem, Japji Sahib, composed by Guru Nanak, the first Sikh Guru.

**The Encyclopedia of Sikhism (over 1000 Entries)**

[www.archimedespress.co.uk](http://www.archimedespress.co.uk)

About a helpless Sikh girl kidnapped by Muslim invaders in 18th century.  
*Introduction to Sikhism*

Harmony

Chandi-Di-Vaar by Sri Guru Gobind Singh Ji in Punjabi with English translation.

Success and The Spirit

Simon and Schuster

This book examines three closely related questions in the process of canon formation in the Sikh tradition: how the text of the Adi Granth came into being, the meaning of gurbani, and how the Adi Granth became the Guru Granth Sahib. The censure of scholarly research on the Adi Granth was closely related to the complex

political situation of Punjab and brought the whole issue of academic freedom into sharper focus. This book addresses some of these issues from an academic perspective. The Adi Granth, the sacred scripture of the Sikhs, means 'first religious book' (from the word 'adi' which means 'first' and 'granth' which means 'religious book'). Sikhs normally refer to the Adi Granth as the Guru Granth Sahib to indicate a confession of faith in the scripture as Guru. The

contents of the Adi Granth are commonly known as bani (utterance) or gurbani (the utterance of the Guru). The transcendental origin (or ontological status) of the hymns of the Adi Granth is termed dhur ki bani (utterance from the beginning). This particular understanding of revelation is based upon the doctrine of the sabad, or divine word, defined by Guru Nanak and the succeeding Gurus. This book also explores the revelation of the bani and its verbal expression,

devotional music in the Sikh tradition, the role of the scripture in Sikh ceremonies, and the hymns of Guru Nanak and Guru Arjan.

### **The Japji and the**

**Rehras** Hemkunt Press Breathing and walking comprise two of our simplest activities, yet they are also two of our most powerful actions. By bringing them together in a systematic and meditative way, we can enhance our physical, emotional, and spiritual fitness. We can tap our vitality to fully enjoy and

excel in our lives. With a series of easy to follow, transformational exercises that combine breathing and walking in very specific ways for specific benefits, Breathwalk teaches us: • how to alleviate exhaustion, anxiety, sadness, and other problems • to heal physical, mental, and spiritual conflict in our lives • to enter a zone of total fitness within our own bodies and minds In this simple program that anyone can follow, two of the world's leading

experts in meditation and kundalini yoga reveal the power and flexibility of this technique for the first time. Centuries old traditions come together with modern scientific research in an effective and enjoyable holistic way to exercise. This practical, insightful guide is a breath of fresh air that can change your life for the better every time you take a step. *Laws of Life* Oxford University Press History of traditional Sikh devotional singing in the context of Indian classical

music, Hindustan school.

**Chandi-Di-Vaar:  
Punjabi with English  
Translation** Hemkunt  
Press

The Japji, composed by Guru Nanak, the founder of the Sikh faith, is the most important prayer of the Sikhs, and one of the most sublime and majestic examples of sacred poetry in any language. Comprising a series of hymns in praise of 'the One God Who is Truth', it opens the sacred book of the Sikhs, the Guru Granth Sahib, and is recited every morning by

all practising Sikhs. The Rehras is a prayer of thanksgiving, recited at the end of the day in gratitude and also for inspiration. It comprises hymns by five of the ten Sikh Gurus: Guru Nanak, Guru Amar Das, Guru Ram Das, Guru Arjun and Guru Gobind Singh. This volume brings together Khushwant Singh's classic English translations of the two best-known and, in many ways, defining sacred compositions of the Sikhs. Beautifully illustrated, this is a collector's edition for

anyone interested not only in the Sikh faith but also in great sacred literature.

Zafar-nāma Hemkunt Press

Contains 125 questions about Sikh religion. This book also features quotations from Guru Granth Sahib.

Dear Takuya -- Hemkunt Press

Sikhism is the youngest of the major world religions and the most modern and egalitarian in its practice. The scriptural authority for its followers is the 'Gurbani' in the Sri Guru

Granth Sahib. Japji Sahib is the quintessential 'bani' and the key to the philosophy expounded by the Gurus. Guru Nanak's Japji Sahib: Way to God in Sikhism by Maneshwar S. Chahal is a unique presentation in that, before offering well-reasoned conclusions, it puts forth many a point of view and not just any single interpretation of the verses. It will help the lay reader to easily understand the Guru's message and offer the scholar ready material for deeper study of this vast

subject. At the beginning of the book has been added the text of the verses of Japji in Roman script, as also in 'Gurmukhi' for those who would want to also experience the joy of chanting the 'bani The Guru Granth Sahib Atlantic Publishers & Distri Their religion and lifestyle. *Sikhs* Allied Publishers The Japji is by far the best-known work of Guru Nanak (1469-1539) - poet, philosopher, historian, composer, First Sikh Guru and founder of the Sikh faith. Many Sikhs recite its

sacred verses daily. Its title derives from the root "jap-" meaning to recite or chant. Dr. Rupinder Singh Brar provides in this book a compelling new translation with commentary. This book also examines its core concepts, and presents the Japji as a condensed summary of Guru Nanak's philosophy. This translation and commentary is published to celebrate the 550th anniversary of Guru Nanak's birth (1469-2019). *Berkeley Lectures on*

*Sikhism* Rupa Publications India

Like a candle emits light, a human emits prosperity. With more than 40 kriyas and meditations, Success and the Spirit gives you the practical techniques you need to become more peaceful, more bountiful, more joyous, and more giving. The book focuses on how to understand prosperity in relationship to your own spirit. Success and the Spirit: An Aquarian Path to Abundance compiles a collection of Yogi Bhajan's lectures on how



prosperity is a natural expression of the human spirit; how the soul and the Creator work in harmony with each other to create success in life on all levels; and how our own fears and limitations block us from living our destiny. Yogi Bhajan was a unique being who learned, mastered, and shared the ancient practices of Kundalini Yoga. In addition, he communicated the essence of Sikh Dharma in a universal and Aquarian way. In his teachings, these subjects worked

together seamlessly. You will see the same intermingling of teachings, stories, and techniques from Sikh Dharma and Kundalini Yoga within this collection.

### **Sri Guru-Granth Sahib**

Unistar Books

At the heart of Sikhism are the ten Gurus, who transferred authority from individual leaders to the scriptures and the community itself.

"Sikhism" explores how their distinctive beliefs emerged from the Hindu background of the times,

how a number of separate sects split off, and how far the ideas of sexual equality have been observed in practice. Illustrations.

*The Japji of Guru Nanak*  
Manohar Publishers and Distributors

Alphabetical list of Hindu mythological names included in the Ādi-Granth with interpretive notes.

*Jap Ji* Lulu.com

Through an exchange of letters, Simar Singh tells his Japanese pen pal about his family and Sikh culture.

Dictionary of Mythological

References in Guru Granth Sahib [New Delhi] : Orient Longmans  
Part fiction, history, and mythology, this unconventional retelling of the life of divine spiritual master Guru Nanak, founder of the Sikh religion and revered by Muslims and Hindus alike, provides an intimate look at the enlightened Guru while bringing his ancient wisdom to a modern audience. From the best-selling author of *Ganesha Goes to Lunch* and *Rumi's Tales from the Silk Road* comes an

original novel about the life and travels of Guru Nanak, a musician, enlightened thinker, and one of the most beloved figures in Eastern spirituality. In this fascinating book, Kamla K. Kapur weaves together facts, legends, folktales, myths, and over forty of Guru Nanak's poems—preserved in the Sikh holy book, the *Granth Sahib*—to form this captivating depiction of the leader's life. From being seduced by deadly women to almost getting eaten by cannibals, the

exciting account presented in *The Singing Guru* includes moral tales without being proselytizing. Factual details are intermingled with fantasy to produce a symbolic portrait in which humor and imagination combine to convey a profound and entertaining spiritual narrative.

*The True Name*

This book presents interpretation of *Jap-u*, reverently called *Japji Sahib*, the first composition in *Sri Guru Granth Sahib*. It is in two parts, the first containing

short essays on the main themes and the second stanza-wise interpretation with original Punjabi and English transliteration. The book brings out the principles of a spirituality

based practical life. It brings out need for ethical living with faith in God. "The" Ādi Granth Or the Holy Scriptures of the Sikhs

This is an English translation of Guru Nanak's beautiful Sri Japji Sahib. Designed and formatted with an exquisite background for the reader's enjoyment.