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# Stroke Rehab A Guide For Patients And Their Caregivers

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Recovery After Stroke

Post-Stroke Rehabilitation

The Stroke Book

Life After Stroke

Had a Stroke? Now What?

Managing Stroke

Exercises for Stroke

STROKE: the Road to Recovery

A Comprehensive Guide to Rehabilitation of the  
Older Patient E-Book

Stroke Diaries

Healing the Broken Brain

Hand Recovery After Stroke

Stroke Rehabilitation

Hope After Stroke for Caregivers and Survivors:

The Holistic Guide To Getting Your Life Back

Living with Stroke

Stroke

The Caregiver's Guide to Stroke Recovery

Stroke Rehabilitation

Stroke Recovery and Rehabilitation

Stroke Recovery

Living with Stroke

Stroke Rehabilitation

The Stroke Recovery Book  
Road to Recovery  
Stronger After Stroke  
Stroke and the Family  
I CARE for YOUR BRAIN Interactive Stroke  
Recovery Guide  
Living with Stroke  
Medifocus Guidebook On: Stroke Rehabilitation  
Physical Therapy for the Stroke Patient  
Stroke Rehabilitation  
Clinical Pathways in Stroke Rehabilitation  
From Stroke to Recovery My Walk with God  
Occupational Therapy and Stroke  
Living with Stroke  
Road to Recovery: A Guide to Post-Stroke  
Recovery  
Recovering at Home After a Stroke  
The Stroke Recovery Book  
Managing Stroke  
Life After Stroke

*Stroke Rehab  
A Guide For  
Patients And  
Their  
Caregivers*

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**SIMONE EMMALEE**

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*Recovery After Stroke*  
Johns Hopkins  
University Press  
Billions of dollars are  
spent on stroke-related

rehabilitation research  
and treatment  
techniques but most  
are not well

communicated to the  
patient or caregiver. As  
a result, many stroke  
survivors are treated  
with outdated or  
ineffective therapies.  
Stronger After Stroke

puts the power of recovery in the reader's hands by providing simple to follow instructions for reaching the highest possible level of healing. Written for stroke survivors, their caregivers, and loved ones, *Stronger After Stroke* presents a new and more effective treatment philosophy that is startling in its simplicity: stroke survivors recover by using the same learning techniques that anyone uses to master anything. Basic concepts are covered, including: Repetition of task-specific movements Proper scheduling of practice Challenges at each stage of recovery Setting goals and recognizing when they have been achieved The book covers the

basic techniques that can catapult stroke survivors toward maximum recovery. *Stronger After Stroke* bridges the gap between stroke survivors and what they desperately need: easily understandable and scientifically accurate information on how to achieve optimal rehabilitation. [Post-Stroke Rehabilitation](#) Perigee Books  
A Doody's Core Title  
2012 Stroke Recovery and Rehabilitation is the new gold standard comprehensive guide to the management of stroke patients. Beginning with detailed information on risk factors, epidemiology, prevention, and neurophysiology, the book details the acute and long-term treatment of all stroke-

related impairments and complications. Additional sections discuss psychological issues, outcomes, community reintegration, and new research. Written by dozens of acknowledged leaders in the field, and containing hundreds of tables, graphs, and photographic images, *Stroke Recovery and Rehabilitation* features: The first full-length discussion of the most commonly-encountered component of neurorehabilitation Multi-specialty coverage of issues in rehabilitation, neurology, PT, OT, speech therapy, and nursing Focus on therapeutic management of stroke related impairments and complications An

international perspective from dozens of foremost authorities on stroke Cutting edge, practical information on new developments and research trends *Stroke Recovery and Rehabilitation* is a valuable reference for clinicians and academics in rehabilitation and neurology, and professionals in all disciplines who serve the needs of stroke survivors.

### **The Stroke Book**

Elsevier Health Sciences

This Quick Ref. Guide for Clinicians contains highlights from *Post-Stroke Rehab.*, *Clinical Practice Guideline*, which was developed by a multidisciplinary, private-sector panel comprised of health care prof's. & a

consumer rep's. It is an example of how a clinician might implement the panel's recommend. on the overall mgmt. of stroke patients who need post-stroke rehab. programs or serv. before returning to a family or other living environ. Topics include: medical mgmt. of patients, systematic assessment & evaluation of patients throughout acute care & rehab., referring patients to appropriate rehab. programs, managing the rehab. process, discharging patients from rehab. programs, & reintegrating patients into family & community environments.  
*Life After Stroke*  
HarperThorsons  
Occupational Therapy and Stroke guides

newly qualified occupational therapists (and those new to the field of stroke management) through the complexities of treating people following stroke. It encourages and assists therapists to use their skills in problem solving, building on techniques taught and observed as an undergraduate. Written and edited by practising occupational therapists, the book acknowledges the variety of techniques that may be used in stroke management and the scope of the occupational therapist's role. Chapters span such key topics as early intervention and the theoretical underpinnings of stroke care, as well as the management of

motor, sensory, cognitive and perceptual deficits. They are written in a user-friendly style and presented in a form that enables the therapist to review the subject prior to assessment and treatment planning. Complex problems are grouped together for greater clarity. This second edition has been fully revised and updated in line with the WHO ICF model, National Clinical Guidelines and Occupational Therapy standards. It is produced on behalf of the College of Occupational Therapists Specialist Section - Neurological Practice.

Had a Stroke? Now What? Encompass Health  
Covering neuroscience

and rehabilitation strategies, an essential handbook and reference for multidisciplinary stroke rehabilitation teams.

Managing Stroke  
Health South Press  
The fifth edition of Living with Stroke updates this highly popular guide for patients and families. There are 800,000 strokes each year and this book provides survivors and families with the wide variety of information and resources in one location. It has received widespread praise from professionals and laymen for its clarity and readability.

Exercises for Stroke  
Sourcebooks, Inc.  
This book was written to help families gain insight and information. It is not

intended to diagnose or replace your doctor's care. As an ABA Therapist, I know that the suggestions listed in this book will help clear the clouds. Families are sometimes in the dark about how to care for their loved ones, Let me help you by providing helpful information.

*STROKE: the Road to Recovery* Harvard University Press

Dr. Mike Dow is a best-selling author, psychotherapist, and relationship expert. So why is he writing a book about stroke? Well, what you probably don't know about Dr. Mike is that his younger brother, David, is a stroke survivor. What's more, David's stroke happened when he only 10 years old. This

means most of Dr. Mike's teenage years were spent witnessing what his family was dealing with trying to find the best treatments for David. He struggled to know what to do to help his brother. He watched helplessly as his brother wrestled with depression, trying to find the motivation to recover on top of the challenges of adolescence. He mourned the loss of what could have been—and he was angry. How his family would have loved to sit down with top experts in stroke to find out what they should be doing and have their questions answered. Now Dr. Mike has the ability to do just that, and he's doing it so that others in his family's position don't

have the same struggle. Armed with questions from stroke survivors and their loved ones, Dr. Mike talks with the best clinicians across the country to get over 100 answers you need to know to maximize your recovery.

*A Comprehensive Guide to Rehabilitation of the Older Patient E-Book* Encompass Health Press  
Stroke victims Recovery (BNB/PRECIS) Includes index.

### **Stroke Diaries**

Butterworth-Heinemann Medical  
This open access book focuses on practical clinical problems that are frequently encountered in stroke rehabilitation. Consequences of diseases, e.g. impairments and activity limitations, are

addressed in rehabilitation with the overall goal to reduce disability and promote participation. Based on the available best external evidence, clinical pathways are described for stroke rehabilitation bridging the gap between clinical evidence and clinical decision-making. The clinical pathways answer the questions which rehabilitation treatment options are beneficial to overcome specific impairment constellations and activity limitations and are well acceptable to stroke survivors, as well as when and in which settings to provide rehabilitation over the course of recovery post stroke. Each chapter starts with a description of the clinical problem



encountered. This is followed by a systematic, but concise review of the evidence (RCTs, systematic reviews and meta-analyses) that is relevant for clinical decision-making, and comments on assessment, therapy (training, technology, medication), and the use of technical aids as appropriate. Based on these summaries, clinical algorithms / pathways are provided and the main clinical-decision situations are portrayed. The book is invaluable for all neurorehabilitation team members, clinicians, nurses, and therapists in neurology, physical medicine and rehabilitation, and related fields. It is a World Federation for NeuroRehabilitation

(WFNR) educational initiative, bridging the gap between the rapidly expanding clinical research in stroke rehabilitation and clinical practice across societies and continents. It can be used for both clinical decision-making for individuals and as well as clinical background knowledge for stroke rehabilitation service development initiatives.

**Healing the Broken Brain** Oxford

University Press  
Stroke doesn't happen just to an individual, it happens to families, friends, and loved ones. Both HealthSouth and the American Stroke Association have long known this encompassing of stroke - it's pain, it's emotional damage, it's debilitating after

effects - not only on the survivors, but the loved ones in its wake. No one knows more that when stroke strikes, you need support, information, and advice fast. Finding this information has become a reassuring reality in this newest edition of *Living With Stroke: A Guide for Families*. Here, stroke patients and their families, friends, and caregivers can find the newest facts and figures on cutting edge of neural plasticity, constraint therapy, and more. Here, too, in clear, easy to understand language, is the entire process of rehabilitation, as well as the mechanisms that can create a stroke. You will also find a wealth of detail on the emotional

reactions families of stroke survivors experience - along with the insight, solid hope, and most important of all, hope.

[Hand Recovery After Stroke](#) Demos Medical Publishing

This 2nd edition remains the only comprehensive evidence-based text on the Occupational Therapy management of the stroke patient. The book is based on the most up-to-date research on stroke rehabilitation and presents its content in a holistic fashion, combining aspects of background medical information, samples of functionally based evaluations, and treatment techniques and interventions. There are chapters on specific functional aspects of living after

stroke, such as driving, sexuality, mobility and gait, and self-care. Instructor resources are available; please contact your Elsevier sales representative for details. Case studies are featured in every chapter to help the reader understand how concepts apply to the real world. 2 chapters that feature the true stories of stroke victims, presenting occupational therapy situations from the point of view of the patient. Key terms, chapter objectives, and review questions help students better understand and remember important information. 7 new chapters make this text more comprehensive than ever! Psychological Aspects of Stroke

Rehabilitation  
Improving Participation and Quality of Life Through Occupation  
The Task-Oriented Approach to Stroke Rehabilitation  
Approaches to Motor Control Dysfunction: An Evidence-Based Review  
Vestibular Rehabilitation and Stroke  
How Therapists Think: Exploring Clinician's Reasoning When Working With Clients Who Have Cognitive and Perceptual Problems  
Following Stroke A Survivor's Perspective  
II: Stroke Reflects the current terminology and categorization used by the WHO and the new AOTA Practice Framework so students will be equipped with the latest standards when they enter the workforce. Updated medication chart

presents the latest drugs used in stroke rehabilitation.

*Stroke Rehabilitation*  
Penguin

Designed to give the stroke patient the information needed to cope with the aftermath of the stroke.

[Hope After Stroke for Caregivers and Survivors: The Holistic Guide To Getting Your Life Back](#) Bowker My Identifiers.com

A new, comprehensive guide to every aspect of daily living for people recovering from a stroke-and for their families and other caring helpers.

**Living with Stroke**

Elsevier Health Sciences

In this compassionate guide, three expert physicians who treat people with stroke describe how to

navigate the path to recovery. Their practical advice on treatment, rehabilitation, and lifestyle changes is also designed to help prevent another stroke. Drs. Stein, Silver, and Frates begin by explaining how stroke occurs and what happens when different parts of the brain are injured. They describe diagnostic tools such as CT scans and MRIs as well as medications used to prevent and treat stroke, and they explain in detail how stroke survivors can heal optimally. They also set out plans to help survivors reduce the risk of another stroke, including the Stroke Savvy Exercise Plan and Stroke Savvy Diet Plan. Relating patients' experiences

and bringing readers up to date on promising new treatments, Life After Stroke offers hope to stroke survivors and their families.

Stroke Demos Medical Publishing

According to the American Heart Association, stroke is the third leading cause of death in the nation. An integral aspect of stroke rehabilitation, physical activity can greatly enhance movement, balance and coordination while also helping to prevent a future stroke.

Exercises for Stroke provides physical, cognitive, and preventative education to reduce the risk of stroke and improve function in the daily living of stroke patients. Readers that have been cleared for

home or gym-based exercises by their physician or therapist will be given clear and concise exercises that are specifically targeted to stroke rehabilitation and prevention. Exercises for Stroke includes: \* Introductory material on the benefits of exercise to the stroke patient's recovery and overall health \* Tips and guidance for caregivers and family members \* Daily exercise recommendations \* Training log to track your progress Created by top exercise specialist William Smith, Exercises for Stroke provides authoritative information on strokes alongside safe and effective exercise instructions for lay persons and

professionals alike. The Caregiver's Guide to Stroke Recovery Springer Nature Learn how to care for a loved one after a stroke, and care for yourself, too A stroke changes the life of more than just the survivor. Becoming a caregiver for a stroke patient means increased responsibilities, hard decisions, and new emotional stresses—especially when the patient is a loved one. This stroke recovery book will help you through these challenging times with knowledge, compassionate guidance, and reaffirming stroke rehabilitation anecdotes. Topics such as medications and treatments, financial and legal decisions,

and work-life balance are also covered, as well as: Understanding stroke—Discover the signs and symptoms of a stroke, explained in layperson's terms, as well as the steps to prevent a stroke from occurring. Care and recovery—Find helpful advice to restore the best health and function possible and be an advocate for a stroke patient with doctors and their support team. Caring for yourself—Uncover practical tips, guidance, and resources for supporting a caregiver's mental and physical health, which are just as important to patient recovery. Ease the challenges on your shared path to healing through The Caregiver's Guide to Stroke Recovery.

*Stroke Rehabilitation*  
Xlibris Corporation  
this book is for anyone  
who has suffered a  
severe illness,  
catastrophic injury,  
caretakers, family  
members and anyone  
who cannot work  
again. it is about a 51-  
year-old active,  
independent, healthy,  
Christian woman who  
was doing what she  
loved running a art  
business and working  
for a travel company.  
On October 8, 2008  
she suffered a massive  
stroke that would  
change her life forever.  
The word recovery  
represents not just  
getting back her  
physical body but  
obtaining the things  
she would need to get  
her life back. She tells  
of her miraculous  
recovery and her faith  
and trust in God  
knowing he would

bring her through the  
many challenges she  
would face to obtain  
what she had worked  
many years for. With  
her determination and  
perseverance she  
endured until she  
obtained everything  
she needed to make  
her whole again. Such  
as: a income, health  
insurance and  
transportation. This  
book will provide  
insight into the process  
of recovery to help  
others avoid the  
unnecessary pitfalls  
that she went through.  
Her goal is to eliminate  
the question for others  
of  
*Stroke Recovery and  
Rehabilitation* National  
Geographic Books  
Home Care and Safety,  
associated conditions,  
problem areas,  
treatment options,  
behavioral, emotional  
consequences, realistic

goals, future expectations, resources, brain training, safety practices, Rehabilitation exercises, are covered. Provided for readers is a safety checklist that is so helpful in setting up a safe environment at home and rehab throughout daily activity. Understanding conditions with safety, care, rehabilitation at home, ongoing communication of those affected is the primary focus. This book compiles researching current health care and home care nursing or caretaker assistant practices emphasizing safety with reviewing valuable lessons. This comprehensive off grid guide, you will be able to: A clear understanding of the

stages of stroke recovery Knowledge of the types of rehabilitation services and techniques available Guidance on exercise and physical activity for stroke prevention and recovery Tips for managing emotional and psychological effects of stroke Information on community resources and support groups Finally, Stroke Recovery concludes with inspiring stories of stroke recovery, real-life success stories, and motivational testimonials that serve as beacons of hope, encouragement, and inspiration for readers as they embark on their own recovery journeys.

### **Stroke Recovery**

Thieme

The MediFocus



Guidebook on Stroke Rehabilitation is the most comprehensive, up-to-date source of information available. You will get answers to your questions, including standard and alternative treatment options, leading doctors, hospitals and medical centers that specialize in Stroke Rehabilitation, results of the latest clinical trials, support groups and additional resources, and promising new treatments on the horizon. This one of a

kind Guidebook offers answers to your critical health questions including the latest treatments, clinical trials, and expert research; high quality, professional level information you can trust and understand culled from the latest peer-reviewed journals; and a unique resource to find leading experts, institutions, and support organizations including contact information and hyperlinks. This Guidebook was updated on January 16, 2012.