
Alchemical Divination Accessing Your Spiritual Intelligence For Healing And Guidance The Ecology Of Consciousness

The Alchemical Mandala
The Alchemy of Stones
Man's Higher Consciousness
In Our Element
White Moon on the Mountain Peak
Practical Alchemy
ALCHEMY
Alchemy
Spiritual Alchemy
Searching for the Philosophers' Stone
Tarot of the Origins
Ecology of Consciousness
Alchemical Divination
The Magdalene Path
Alchemical Active Imagination
Transpersonal Ecosophy, Vol. 1: Theory, Methods and Clinical Assessments
The Alchemical Visions Tarot
Sekhmet
The Forerunner
Resurgence
Alchemical Healing
Prayer, Magic, and the Stars in the Ancient and Late Antique World
Spiritual Alchemy
The Law of the Pentagram
The Vitruvian Square
The Anthroposophical Approach to Medicine
Alchemy—The Great Work
Authentic Thaumaturgy
The Life Cycle of the Human Soul
Ralph Metzner, Explorer of Consciousness
Radical Human Ecology
The Perfect Way Or, the Finding of Christ
The Tarot of the Alchemical Magnum Opus
Taoism and Self Knowledge
Dying to Know

Indigenous Intergenerational Resilience
Bibliographic Index
The Secret of The Alchemist
Alchemy and Golden Dawn Ritual - The Golden Dawn Alchemy
The Black Toad

*Alchemical
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Accessing Your
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Consciousness*

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The Alchemical Mandala Singing Dragon

The basic purpose of the alchemical divination processes is to help individuals obtain problem resolution and visionary inspiration for their life path in its interpersonal, professional, creative, and spiritual dimensions.

The Alchemy of Stones
Cosimo, Inc.

First published in 1882, *The Perfect Way or The Finding of Christ* is Anna Kingsford's attempt to bring together Christianity and the Theosophical tradition, which supposes a system of fundamental truths from which all religions are born and seeks to identify that wisdom so that humans may move further along their path to perfection. This perfection, according to Kingsford, is exemplified by Christ, which she sees as a

category of person and not a particular historical person. In this construction, anyone is capable of becoming a Christ and joining with the Divine. Students of religion and spiritual seekers will find this book an interesting read from a once popular religious and philosophical movement. English physician ANNA BONUS KINGSFORD (1846-1888) was also one of the first women in England to be granted a medical degree and served as onetime president of the Theosophical Society. She is also the author of *Clothing with the Sun* (1889). English writer EDWARD MAITLAND (1824-1897) assisted Anna Kingsford in writing several books and then opened the Esoteric Christian Union in 1891.

Man's Higher Consciousness Weiser Books

Combines shamanism, alchemy, and energy medicine to create a unique healing modality • Explores how to turn the base substance of who you are--the dark mystery

of your subconscious--into the alchemical gold of knowledge and enlightenment • Includes techniques of distant healing and working with power animals and plant, mineral, and elemental spirits • Shows how to utilize the Universal Life Force to reawaken inherent healing abilities Alchemical Healing brings together innovative techniques of shamanism and energetic healing with the principles of alchemy, creating a practical form of physical healing, therapeutic counseling, and spiritual growth. The author provides ways to integrate spirit and matter, to develop communications between divinity and humanity, to retrieve knowledge, and to influence physical reality in order to achieve healing and transformation. With simple directions, readers are guided through attunements and empowerments that access the Universal Life Force energy and a five-element system for healing themselves and

others. They learn powerful techniques, such as psychic surgery, distant healing, and how to work with power animals and plant, mineral, and elemental spirit guides. Alchemical Healing presents a sacred journey into the most profound principles and mysteries of creation. It offers both an art form and a spiritual path that develops one's ability to co-create the future with the wisdom of the spirit world.

In Our Element Routledge
 A shamanic ritual with the Egyptian goddess Sekhmet to bring about alchemical transformation at the deepest levels of your being • Details how to work with Sekhmet to transform your negative behavior patterns and character flaws into creative impulses and higher energies • Leads you through guided visualizations, illustrated with photographs, to Sekhmet's chapel at the Temple of Karnak and through her shamanic ritual of transformation • Includes initiations, rites of passage, and transmissions from Sekhmet to release your fears and anger and rejuvenate your body, mind, and spirit Sekhmet is the lioness goddess of

the Egyptian Pantheon, a fierce protector of truth, balance, and the Cosmic order of Ma'at. Known and feared as the goddess of war and destruction, she also represents the transformative power of kundalini energy, or sekhem, and is the main goddess to harness this power for healing. As "She Who Comes in Times of Chaos," she takes offerings of fear, rage, and weakness and transforms them into alchemical gold, the universal medicine for physical, emotional, and soul healing. In this book you are guided through a shamanic ritual of alchemical transformation and initiation with Sekhmet, working with this powerful goddess to release your most deeply rooted negative behavior patterns and be reborn into a more purified state of consciousness. Using intensive self-examination exercises to help you prepare to meet the goddess, the author leads you through a guided visualization, illustrated with photographs, to an ancient statue of Sekhmet in her chapel at the Temple of Karnak. There, you will be shamanistically devoured by the goddess, directly experiencing the

alchemical process of transformation in the belly of Sekhmet until you are reborn as a fully realized adult child of the goddess. You will experience how your offering of pain, fear, rage, and self-sabotage is digested, absorbed, and assimilated by Sekhmet while you are initiated into the alchemy of total transformation. The initiations, rites of passage, and transmissions from Sekhmet included in the journey restructure the most important aspects of your body, mind, spirit, and soul. This journey of shamanic death, illumination, and rebirth in the belly of Sekhmet provides an opportunity to heal on all levels and allows you to release your rage, anger, and fear as you transform the energies that maintained them into creative and constructive solutions that benefit yourself, your community, and the planet.

White Moon on the Mountain Peak Weiser Books

This book on spiritual alchemy presents an initiate's undertaking of the internal alchemical process. It is a pathway of vision and illumination; and with particular

emphasis placed on the induction of the alchemical dream, this movement becomes a visionary transition and passage. The practitioner's psyche moves through the paths of the Opus Magnum, and these paths have a goal-- the attainment of the Philosopher's Stone. It is the internal alchemy that acquires access to the ethereal level of the body, and eventually to the enactment of the alchemical Will.

Practical Alchemy

Leaping Lizards

Explaining the process and energetics of Daoist internal alchemy, the author describes in detail the practice of Nei Dan, the alchemical firing practice of Daoism that has until very recently been a closely guarded secret. Drawing together a huge amount of esoteric material on the hidden aspects of Daoist practice, he presents theory and practice coherently for Western practitioners. He offers his own experiences of each stage of attainment, describing the tangible results that should appear, and provides guidance on the practicalities and potential pitfalls of alchemical training. *ALCHEMY* Simon and

Schuster

An alchemical approach seeks to release the latent potential which resides within the individual and within the cosmos. There was never any question that the work of the alchemists depended upon a knowledge of the planets and their cycles, since alchemical transformations could only be successful if carried out at the astrologically appropriate times. This book has been steadily fermenting and evolving for over twenty-five years, and as such it represents a true alchemical process. It has gone from being an idea to a passion, and then a project and now it is a fully-fledged book. Learn firstly about the mystical process of alchemy, and then discover how it deepens our understanding of the transits of the outer planets to the natal chart. A fascinating book that deserves a place in every astrologer's library. Clare Martin has an MA in Integrative Psychotherapy and has been a practising astrologer and teacher since 1990, working in London for the Faculty of Astrological Studies, of which she was President for nine years, and at the Centre for Psychological

Astrology. Her personal approach to astrological interpretation is fundamentally Jungian, and evolved during a long period of studying with a variety of teachers in the western mystery traditions. Clare now lives in Dorset, where she continues her writing and consultancy work and is a tutor on the Mercury Internet School of Psychological Astrology. *Alchemy* New Harbinger Publications
Pat Zalewski wrote this short book to provide a basic introduction to Alchemy for those that choose to work within the Golden Dawn from a strictly traditional perspective. This book is the first attempt to publicly analyze the Outer Order rituals with an alchemical frame of reference completely within the context of Golden Dawn teachings. This is the condition used by Pat for the expansion and development of the higher teachings, i.e., they must enrich and inform everything else in the Golden Dawn or they cannot be part of the established Tradition. This book provides a thought provoking alchemical journey through the First Order rituals that is certain to entertain and to

enlighten
Spiritual Alchemy
 Llewellyn Worldwide
 A leading Jungian psychologist reveals the relationship between alchemy and analytical psychology, delving into the visionary work of a sixteenth-century alchemist Although alchemy is popularly regarded as the science that sought to transmute base physical matter, many of the medieval alchemists were more interested in developing a discipline that would lead to the psychological and spiritual transformation of the individual. C. G. Jung discovered in his study of alchemical texts a symbolic and imaginal language that expressed many of his own insights into psychological processes. In this book, Marie-Louise von Franz examines a text by the sixteenth-century alchemist and physician Gerhard Dorn in order to show the relationship of alchemy to the concepts and techniques of analytical psychology. In particular, she shows that the alchemists practiced a kind of meditation similar to Jung's technique of active imagination, which enables one to dialogue with the unconscious archetypal elements in

the psyche. Originally delivered as a series of lectures at the C. G. Jung Institute in Zurich, the book opens therapeutic insights into the relations among spirit, soul, and body in the practice of active imagination.
Searching for the Philosophers' Stone
 Regent Press Printers & Publishers
 The image on the cover of this book represents the idea that brain state alterations at sacred sites allow us to re-experience memories that are woven into the morphogenetic fields of that place, an idea that originates with Paul Devereux's empirical enquiry into dreams at sacred sites in Wales and England. This books examines how this investigation provides us with a new way of understanding consciousness, and a new direction toward a reconciliation of the divorce between matter and spirit. We explore the work of David Lukoff, and Stanislav and Christina Grof, the connections between the varieties of transformative experience in dream studies, ecopsychology, transpersonal psychology, and the anthropology of consciousness, as well as the overlap between

David Bohm's interpretation of quantum theory and Rupert Sheldrake's hypothesis of formative causation.
Tarot of the Origins
 Routledge
 This book argues that there is a need to develop greater indigenous-led intergenerational resilience in order to meet the challenges posed by contemporary crises of climate change, cultural clashes, and adversity. In today's media, the climate crisis is kept largely separate and distinct from the violent cultural clashes unfolding on the grounds of religion and migration, but each is similarly symptomatic of the erasure of the human connection to place and the accompanying tensions between generations and cultures. This book argues that both forms of crisis are intimately related, underscored and driven by the structures of white supremacy which at their most immediate and visible, manifest as the discipline of black bodies, and at more fundamental and far-reaching proportions, are about the power, privilege and patterns of thinking associated with but no longer exclusive to white people. In the face of such

crisis, it is essential to bring the experience and wisdom of Elders and traditional knowledge keepers together with the contemporary realities and vision of youth. This book's inclusive and critical perspective on Indigenous-led intergenerational resilience will be valuable to Indigenous and non-Indigenous interdisciplinary scholars working on human-ecological resilience.

Ecology of Consciousness
Weiser Books

In this book, first published in 1962, Professor Hilton Hotema provides his insights into how we could all live longer by learning the body's simple requirements of breathing fresh air, avoiding animal flesh, banning any cooked food, and by gradually lessening the amount of food consumed. Hotema firmly believes that breathing fresh air and consuming organic fruits and natural organic liquids alone could extend our lives and also lays bare his secret that what kills at an early age is not the illusion of time, but rather overeating, breathing in toxic, unclean air, and elements such as electronic radiation, dirty electricity

and medications. A must-read for any health-conscious individual.

Alchemical Divination

Red Wheel/Weiser
Today's medicine is strongly influenced by natural science, which focuses entirely on the material nature of reality. Molecular biology has become the foundation of modern medicine with the result that today's medical industry chases after technology to solve all its problems. In the process it is losing its own essence as it moves into fields increasingly alien to human nature as a whole. Nevertheless, many doctors are beginning to reexamine this exclusive worldview in favor of a more wholistic approach to healing. To this end, anthroposophical medicine encompasses a wide range of healing modalities, including orthodox, allopathic medicine. The *Anthroposophical Approach to Medicine* explores the body's relationship to soul and spirit on the basis of Rudolf Steiner's insights into the activities of the spiritual world. Edited by doctors Friedrich Husemann and Otto Wolff, this book invites us to an in-depth view of a true alternative to

materialistically oriented medicine. Chapters include essays on childhood development and diseases; the disorders of old age; neuroses and psychological imbalances; pharmacology; healing plants; biochemistry and pathology; blood-work; and special diagnostic techniques. This first of a multi-volume series is an invaluable tool to all who want to extend the practice of medicine to include the whole human being.

The Magdalene Path

Lulu.com

- Includes contributions from Rick Doblin, Charles S. Grob, Stan Grof, Stanley Krippner, Dennis McKenna, the late Christian Rätsch, Richard Strozzi-Heckler, Claudia Mueller-Ebeling, Dorothy Fadiman, Luis Eduardo Luna, and others •

Explores Ralph's childhood, his time at Harvard with Timothy Leary and Richard Alpert (Ram Dass), his work with Agni Yoga and transpersonal psychology, his development of ecopsychology, and his in-depth psychedelic research. Renowned as a pioneering psychologist, psychedelic elder, alchemical explorer, and shamanic teacher, the

late Ralph Metzner (1936-2019) contributed profoundly to consciousness research, transpersonal psychology, and contemporary psychedelic studies across his more than 50-year career. Celebrating the life and legacy of Ralph Metzner, this book explores how Ralph touched the lives of those around him in extraordinary and remarkable ways, recasting people's worldviews and inspiring the flowering of creativity, personal growth, and spiritual transformation. There are recollections from the pivotal years of the Sixties, when Ralph conducted research with Timothy Leary and Richard Alpert (Ram Dass). Other contributors describe Ralph's involvement in the School of Actualism in the 1970s and the profound impact that Agni Yoga had on Ralph's explorations of consciousness and his healing therapies. We also learn about Ralph's development of Green Psychology, or ecopsychology, his mystical work exploring prenatal realms of consciousness and channeling, and his healing and transformative "Vision

Circles." Academic colleagues and a who's who of fellow psychedelic researchers share stories from their work with Ralph, illuminating his depth of knowledge and broad impact. This book paints a complete portrait of Ralph Metzner in his well-known roles as therapist and psychedelic pioneer and as an intrepid explorer of consciousness until the very end of his life.

Alchemical Active Imagination Archive Publishing

Who are we, really? In *The Ecology of Consciousness*, a Harvard scholar and pioneer in the field of consciousness studies—well known for his groundbreaking psychedelic research with Ram Dass and Timothy Leary—presents an expansive work culminating decades of research in Eastern philosophy, shamanism, and more to guide you along the path of true consciousness and transformation. Questions surrounding consciousness have intrigued humankind throughout time, and have been addressed through a wide range of perspectives and traditions. From age-old philosophies to New Age

spirituality, consciousness—and its various forms—has been the topic of much contemplation. This unique book is a comprehensive exploration that covers a wide range of disciplines and subjects within the framework of psychospiritual and consciousness studies. *The Ecology of Consciousness* revives ancient alchemical knowledge, spiritual traditions, and thoughtful theories about consciousness—drawing on ancient Eastern philosophy, shamanism, mythology, and others sources, and covering topics such as personal growth and reincarnation—to give you an expansive foundation for self-inquiry and transformation. Written by a leading authority, this book will give you a deeper understanding of consciousness, show you how to access your own spiritual intelligence, teach you about shamanic and alchemical traditions and connect them to healing practices of today. With this consciousness-expanding book, you'll explore the human life cycle from a spiritual perspective, reflect on your own personal

journey, and discover which pathway guides your life purpose for your ultimate fulfillment, growth, and well-being.

Transpersonal Ecosophy, Vol. 1: Theory, Methods and Clinical Assessments

Simon and Schuster

Dr. Metzner discusses the experience of birth and of prenatal life, the unconscious psychic imprints of the conception event, the soul's choosing of a human incarnation, and the connection with familial ancestors. He also discusses the experience of death of the physical body and the soul's life in the intermediate realms before choosing rebirth into another life.

The Alchemical Visions

Tarot Shambhala

Publications

"...a marvelous tapestry of insights, discoveries, tools and resources that gives us all hope for Heaven on Planet Earth." - Rev. Ruth L. Miller, PhD, author of Mary's Power "Claire's deep work of Sacred Feminine wisdom ... could not come at a better time." - Tim Kelley, author of True Purpose "...an important contribution to mending a world torn in half..." - Lion Goodman, author of Creating on Purpose Feminine wisdom revealed and reclaimed!

Unveil this hidden power within and transform your life. Recent discoveries of ancient manuscripts have shined a light on Mary Magdalene as a powerful teacher and luminous feminine spirit. In The Magdalene Path, Claire Sierra shares her inspiring communication with Mary Magdalene about the awakening of the Divine Feminine as a means to shift and up-level our lives as women in the modern world. The Magdalene Path is a guidebook of compelling ideas, skills and practices to bring your Feminine Soul into daily life. Regardless of your spiritual orientation or previous connection to Mary Magdalene, you will bask in the inspiring wisdom and practical insights in this empowering, illuminating book. - Revitalize your mind and body to tap into more energy for what you love. - Ignite your connection to Spirit through simple rituals and Soul-care practices. - Embrace your authentic, radiant beauty as you reclaim your innate feminine power. - Replenish your passions and feel empowered to live your purpose. - Embody your creativity and live as the vibrant woman you truly are.

Sekhmet Balboa Press

Catherine Despeux's book Taoism and Self

Knowledge is a study of the Internal Alchemical text "Chart for the Cultivation of Perfection."

It begins with an analysis of pictographic and symbolic representation of the body in early Taoism after which the author examines different extant versions of the "Chart" as it was transmitted among Quanzhen groups in the Qing dynasty. The book is comprised of four main parts: the principal parts of the body and their nomenclature in Internal Alchemy, the spirits in the human body, and the alchemical processes and procedures used in thunder rituals and self-cultivation. This is a revised, expanded edition of the original French edition Taoïsme et connaissance de soi. La carte de la culture de la perfection (Xiuzhen tu) Paris, 2012.

The Forerunner Simon and Schuster

In the religious systems of ancient Mesopotamia, Egypt, and the Mediterranean, gods and demigods were neither abstract nor distant, but communicated with mankind through signs and active intervention.

Men and women were thus eager to interpret, appeal to, and even control the gods and their agents. In *Prayer, Magic, and the Stars in the Ancient and Late Antique World*, a distinguished array of scholars explores the many ways in which people in the ancient world sought to gain access to--or, in some cases, to bind or escape from--the divine powers of heaven and earth. Grounded in a variety of disciplines, including Assyriology, Classics, and early Islamic history, the fifteen essays in this volume cover a broad geographic area: Greece, Egypt, Syria-Palestine, Mesopotamia, and Persia. Topics include celestial divination in early Mesopotamia, the civic festivals of classical Athens, and Christian magical papyri from Coptic Egypt. Moving forward to Late Antiquity, we see how Judaism, Christianity, and Islam each incorporated many aspects of ancient Near Eastern and Graeco-Roman religion into their own prayers, rituals, and conceptions. Even if they no longer conceived of the sun, moon, and the stars as eternal or divine, Christians, Jews, and Muslims often continued

to study the movements of the heavens as a map on which divine power could be read. The reader already familiar with studies of ancient religion will find in *Prayer, Magic, and the Stars* both old friends and new faces. Contributors include Gideon Bohak, Nicola Denzey, Jacco Dieleman, Radcliffe Edmonds, Marvin Meyer, Michael G. Morony, Ian Moyer, Francesca Rochberg, Jonathan Z. Smith, Mark S. Smith, Peter Struck, Michael Swartz, and Kasia Szpakowska. Published as part of Penn State's *Magic in History* series, *Prayer, Magic, and the Stars* appears at a time of renewed interest in divination and occult practices in the ancient world. It will interest a wide audience in the field of comparative religion as well as students of the ancient world and late antiquity.

Resurgence Simon and Schuster

A deeply personal account of the scientific, shamanic, and metaphysical encounters that led to the development of Metzner's psychological methods • Recounts the author's meetings and friendships with Albert Hofmann, Alexander Shulgin, the

McKenna brothers, Wilson Van Dusen, Myron Stolaroff, and Leo Zeff • Details his lucid dream encounters with G. I. Gurdjieff, profoundly healing sessions with Hawaiian healer Morrnah Simeona, experiences with plant teachers iboga and ayahuasca, and ecological and mystical lessons learned from animal teachers • Shares his involvement in the beginnings of the therapeutic use of MDMA and how it safely and effectively supports the healing of trauma, PTSD, and interpersonal relationships Just as the search for the philosopher's stone is the core symbol of the alchemical tradition, Ralph Metzner, Ph.D., psychotherapist and one of the respected elders of the psychedelic research community, sees it as the central metaphor of his life-long quest to find methods of healing and insight through heightened states of consciousness. Through captivating stories Metzner shares his encounters from the 1960s through the 1990s with genius scientists, shamanic healers, mystics, plant spirits, and animal guides that led to the development of his

“alchemical divination” psychological methods, a structured intuitive process of accessing inner sources of healing and insight. He details lessons learned with psychedelic research legends Albert Hofmann, Alexander Shulgin, Terence McKenna, and Dennis McKenna. He reveals his deeply healing encounters with the Kahuna bodywork healer Morrnah Simeona, the first to introduce the Hawaiian

Ho’oponopono healing method to the West, and his experiences with West African trance dancing and the psychoactive plant-drug iboga. Metzner recounts in vivid detail his unwelcome encounter with malignant sorcery during an ayahuasca experience in Ecuador and the lessons it taught him about connections with spirits, both harmful and beneficial. He tells of his involvement in the beginnings of the

therapeutic use of MDMA and shows how it is an effective and safe substance to support psychotherapy for healing trauma, PTSD, and interpersonal relationships. In sharing his remarkable encounters, Metzner shows how the most meaningful lessons in the alchemy of life come not only from the geniuses we meet but also from the spirits we encounter along the way.