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# Soul Realignment Practitioners

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Akashic Enlightenment Akashic Records & Book of Truth for Divine Knowledge,  
Healing, & Ascension

Soul Retrieval

Soul Matters: Modern Science Confirming Ancient Wisdom

Soul Plan

Spirit Code

Reading ANOTHER'S Akashic Record

The Lives of Alcyone

Soul Energy Alignment

Medical Reiki

Singing the Soul Back Home

Life Alignment

The Essence of Soul Retrieval

The Evolving Soul

The Holy Conspiracy

The New Akashic Records

The Pleiadian Workbook

Unlock Your Intuition

Akashic Records Masterclass

The Healing Power of Life Alignment

The Voice Across the Veil

Soul Coaching

Advanced Medical Intuition

The Practice of Soul-Centered Healing Vol. II: Navigating the Inner World

How to Read the Akashic Records

Discover Your Soul's Path Through the Akashic Records

Fully Committed

The Medical Intuition series ebook bundle

DNA of the Spirit, Volume 1

Past Life Regression

Spiritual Anatomy

Letters to a Starseed

Soul Cats

The Practice of Soul-Centered Healing - Vol. I

The Healing Power of Life Alignment

Trust the Mystery

The Power of Soul

Soul Mastery  
Reading YOUR Akashic Records  
Open Your Akashic Records  
Awakening Somatic Intelligence

*Soul Realignment  
Practitioners*

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**ARNAV MICHAEL**

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Akashic Enlightenment Akashic Records  
& Book of Truth for Divine Knowledge,  
Healing, & Ascension Made For Success  
Publishing

The etheric strands of your DNA are the information library of your soul. They contain the complete history of you, lifetime after lifetime; a record of the attitudes, karma, and emotional predispositions you brought into this lifetime; and a blueprint, or lesson plan,

for your self-improvement. Your DNA is also a record of your existence from the moment of your creation as a starbeing to your present incarnation. This information is written in every cell of your body. This is a book about practices you can do and energetic connections you can make to raise your consciousness and activate additional strands of your DNA. These practices can give you further spiritual empowerment, heightened awareness, and deeper connections to the Creator and beings who work from the inner planes to support humanity. CHAPTERS INCLUDE:

Mudras for Activating the Twelve Layers of DNA  
 The History of Human DNA  
 The Awakening of Crystalline Consciousness  
 Working with Energy to Raise DNA Levels  
 Auspicious Times for Awakening Consciousness  
 How Ascended Masters Can Assist Your Ascension  
 Angelic Support for DNA Activation  
 Your Internal Compass: Nature's Body Intelligence  
**Soul Retrieval** BQB Publishing  
 Soul Energy Alignment takes you from the egoic nature of the mind to the Higher Self through your soul records. You will identify, remove and replace negative patterns and behaviors that are not in alignment with your innate ability to live a peaceful, happy, healthy, and abundant life. Dramatic life changes are possible when you balance mental,

emotional, physical, and spiritual energies in past, present and future lifetimes. Connect with your Higher Self, bring subconscious patterns into awareness and simply let go of the ones that don't serve you. Profound and powerful. You will:

- Use a pendulum and sacred charts to connect with your higher self including spirit guides, guardian angels, ascended masters and all beings of light.
- Access and release negative patterns and behaviors, subconscious blocks and traumas, and conduct soul research.
- Apply necessary healing frequencies and vibrations to your body and energy bodies that support growth.

Instantaneous healing is possible when you shift from Alpha to Omega with your divine ability to heal yourself. Re-design

your life the way you want it to be by tapping into higher vibrations both visible and invisible. Live in wholeness and harmony.

**Soul Matters: Modern Science  
Confirming Ancient Wisdom** Health  
Research Books

Ancient Wisdom for Now Book III:  
Reading Another's Akashic Records;  
Receiving YOUR Personal Prayer In  
Alignment with YOUR Vibrations and  
Frequencies for Reading The Akashic  
Records of Another Being/Entity - The  
Records of Their Soul. From the Dalai  
Lama: When we talk we repeat what we  
already know. When we listen we Learn.  
When we "Read" the Akashic Records of  
Another Being, we must first listen to the  
message from the Keepers of the  
Records then deliver it in loving kindness

and compassion - It is a Sacred Trust  
bestowed upon us by the recipient. Pre-  
requisite - Level I Training for Reading  
Your Own Records plus 3 Advanced  
Classes. The Areas of Concern are often  
Relationships with our family members,  
friends, co-workers, romantic  
relationships, money relationship and  
relationship with ourselves. Traumas are  
the root cause of many of the inquiries.  
Traumas fragment our Soul creating  
Addiction and Co-Dependency, along  
with Grief. Answers and healing come  
from the Your Akasha Records. Before  
Each Soul is born to their Contract is  
written. Having YOUR Akashic Records  
Read allows access to your  
purpose/mission. YOU were hand-picked!  
The Akasha is a Sanskrit word meaning  
Primordial Substance. In the Bible, the

Akasha is known as the Book of Life or the Book of Remembrance. The Akasha is deep inside of You, in Your Heart, not outside. You are part of the Tree of Life. Who would have thought that when you opened my heart and ears in my first Akashic Record Reading we would share such expansive personal growth filled with boundless Love and Community. My Soul was waiting for me to receive my Akasha with my own personal prayer all this human life. Thank you for your pioneering and willingness to share this safe, easy and personal process so I can walk through my daily threshold with Loving Grace. With warm gratitude, Lee Anne Clarbourn, LMT Your Akashic Records are a shortcut to Clarity, Creativity and Freedom  
**Soul Plan** Simon and Schuster

Trine presents an in-depth, yet easily understood history of the Akashic Records and uncovers the ancient connection to divine memory, judgment, and destiny as the Book of Life. She reaches into Hinduism, Buddhism, and Tibetan Bn to understand the Akasha.  
Spirit Code Balboa Press  
 “A detailed operating manual for healing pain and awakening embodied joy” through body-oriented Somatic Learning practices that incorporate mindfulness, breathing, and more (Rick Hanson, author of Buddha’s Brain) Awakening Somatic Intelligence offers a guide to Somatic Learning, an innovative body-oriented approach that incorporates mindfulness, visualization, breathing exercises, postures, and stretches. Developed by author, psychotherapist,

and award-winning songwriter and poet Risa Kaparo, PhD, *Somatic Learning* is based on leading-edge research demonstrating the power of the mind to activate physiological, mental, and emotional healing. Kaparo has successfully used her approach with patients suffering from chronic pain, high blood pressure, and mood disorders including depression and anxiety. Recounting her own struggle with chronic pain, Kaparo begins with a moving description of her journey from crippling pain to renewed health and aliveness. Kaparo introduces the concepts and characteristics of Somatic Learning, a method that grew out of her personal healing experience. Incorporating the latest brain research in mindfulness and neuroplasticity, the

book presents breathing exercises; postures and stretches for morning and bedtime; instructions for integrating mindfulness practice into one's daily life; and ways of deepening the practice through touch and caring interaction with others. Enhanced with over 100 detailed instructional photos and illustrations, the book includes inspiring case stories and the author's own expressive poetry that illuminate the healing power of this practice.

[Reading ANOTHER'S Akashic Record](#) BQB Publishing

An inspirational guide for understanding your soul and discovering why it chose to incarnate at the moment it did. From the author of *The Starseed Oracle*, Rebecca Campbell, a writer, mystic, devotional creative, and visionary who

supports hundreds of thousands of people to connect with their soul and weave the sacred back into their everyday life. “A leading voice in spirituality, Rebecca's work is deep and illuminating.” — Soul and Spirit Magazine

**AN ENCOURAGING BOOK TO HELP YOU REMEMBER WHO YOU ARE AND TO PLANT YOURSELF HERE** Tap into the cosmic nature of your soul, discover your purpose and commit to being here on Earth. Letters to a Starseed asks the biggest questions that mystics and philosophers through the ages have been asking: What is the soul, where did it originate and why have we chosen to come here at this time? **YOUR SOUL HAD A DREAM, YOUR LIFE IS IT.** This is a book for those who at times feel misplaced in the world; those who have always felt a

remembering of some other place without quite knowing what that place really is. As a planet, we are waking up to the fact that the ancient prophecies and warnings from the elders and wise ones are no longer predictions, but our waking reality. They are not just coming or even near ... we are living them right now. What we do now matters to the future of this planet. And we all have a role to play. Some Letters to a Starseed Chapter Titles include: · Who Are We and Where Did We Come From? · The Moment of Your Birth · What Is a Starseed? · Ancient Stars in Our Bones · Reaching Back to the Ancients · Here We Are · Returning · The Longing for Home · I Remember · Why Did You Come Here? · There Must Be More Than This · Why Did You Choose to Come? · We All Have a



Role to Play, but Only We Know What ·  
Our Role Is · There You Are · I Have  
Music in My Heart · Finding Our Ground ·  
Starseed Roles · Plant Yourself Here ·  
How to Feel More at Home on Earth · The  
Challenge of Being Human · Incarnation ·  
The Original Severing · Plant Yourself  
Here We are living in a time between  
myths and stories, and are currently re-  
weaving the fabric of life on Earth.  
Throughout this book, Rebecca shares  
insights and experiences illuminating the  
connection between our souls, the Earth  
and the cosmos, to encourage you to  
commit fully to your incarnation,  
embrace your human experience and  
plant yourself here. “Throughout the  
book you’ll find two prompts, which will  
support you on your journey as you read.  
“In many chapters, you’ll find Soul

Inquiry prompts that will help you hear  
the calls of your soul as you journey  
through the book. “In some chapters,  
you’ll also find activations. These are  
here to support you in activating and  
integrating energies and healing within  
you, from your soul to your cells. “My  
hope for this book is that it supports,  
comforts, and inspires you to remember  
who you truly are and why you chose to  
be here at this pivotal moment in the  
story of humanity. To commit fully to  
being here and being present to your life  
on Earth at this time. “To encourage you  
to play the note that you came here to  
play, without waver. “Do you remember  
why you’ve come?” Love, Rebecca x  
The Lives of Alcyone Hay House, Inc  
The ancient practice of soul retrieval is  
one of the most powerful healing

processes that you will learn while walking the shamanic path with heart. In this illustrated book you will learn the formal process carried out by modern core shamanic practitioners to retrieve the lost soul essence of a person, and effectively reintegrate it so the client may then heal the deepest wounds of their soul. Sandra Ingerman and Alberto Villoldo have written several popular books to help the layman understand what soul retrieval is and why one might want to embark on the soul retrieval journey. However, what is missing is a step-by-step guide that supports the shamanic practitioner in learning how to do the actual work. That is why this book was written. An ePUB version (item # 8541804) suitable for Apple iPad or SONY readers is also available for

download.

Soul Energy Alignment Watkins Media Limited

This is the extraordinary story of how Jeff Levin was shown a 'new generation' of vibrational medicine that can offer us all swift and lasting healing even from serious conditions.

Medical Reiki Balboa Press

Since it was first published in 1995, this primer on practical, everyday spirituality as practiced through shamanism has become a sought after classic. Now revised and available in paperback for the first time, this attractive edition with line drawings throughout offers a wide audience ways to connect with their own shamanic power. If you feel distanced from nature, trapped in a material society without meaning or purpose,

shamanic wisdom can offer you some answers. Caitlin Matthews shows how respect and wonder for nature combined with spiritual joy and healing are the essence of the shaman's holistic, vital world. In *Singing the Soul Back Home* she leads readers through a structured learning program of more than 80 exercises that will help them master the skills of the shaman. With practice and sensitivity, anyone can become a "walker between the worlds," aware not only of their own physical reality, but also of the subtle spiritual reality of the shaman. Following this path will stimulate your creative energies and make you more aware of your own innate healing powers.

*Singing the Soul Back Home* Llewellyn Worldwide

The quest for self-knowledge and awareness has gained increasing popularity over the past several decades, with an explosion of beliefs and methodologies. Central to these practices is the exploration of past lives. From the curious layperson to the traditional doctor of medicine, people are employing various techniques in an effort to facilitate this experience. Certified hypnotherapy instructor Mary Lee LaBay has written *Past Life Regression: A Guide for Practitioners* as a comprehensive text for beginning as well as veteran therapists. Ms. LaBay covers both basic and advanced techniques in a philosophical context, to help practitioners generate maximum healing and change during the past life session. Through case studies and

concise instructions, the author demonstrates practical and elegant uses of these techniques that allow the client to discover life purpose, aspects of their relationships, roots of disease, addiction, and phobias, as well as a wide range of other life issues.

**Life Alignment** Soul Bright Press  
Balancing past-life karma is the key to soul evolution. In *The Evolving Soul*, Dr. Linda Backman shows how healing relationships, caring for one's self, and working through fear and loss can help you mend the wounds of your past lives. Using wisdom she's amassed from hundreds of hypnotic regression clients, Dr. Backman shows how people create the pre-birth blueprints that infuse life with purpose. Uncover the ways spirit guides and the ascended masters can

influence your opportunities for growth. Discover the seven soul archetypes and your soul ray. Providing fascinating examples from dozens of regression clients, *The Evolving Soul* also includes questions and prompts to help readers gain profound insights. Praise: "It is crucial that Dr. Linda Backman's *The Evolving Soul* be widely read."—Larry Dossey, MD, author of *One Mind* "An extraordinary fount of wisdom and deep thought."—P. M. H. Atwater, LHD, author of *The Big Book of Near-Death Experiences* "Now is the time to heal yourself at a soul level."—C. Norman Shealy, MD, PhD, author of *90 Days to Self-Health* "If you've ever wondered what your life is truly about, this book is a wondrous place to look."—Robert Schwartz, author of *Your Soul's Gift: The*

Healing Power of the Life You Planned Before You Were Born "An uplifting book that will change the way you see yourself and your relationship to the cosmos."—Carol Bowman, author of *Return from Heaven*

*The Essence of Soul Retrieval* Red Wheel Weiser

*The Practice of Soul-Centered Healing - Vol. I: Protocols and Procedures* is written for hypnotherapists who wish to incorporate the methods of Soul-Centered Healing into their own practice. In his first book, *Soul-Centered Healing*, Tom Zinser told the story of his fifteen-year collaboration with a spirit entity named Gerod that resulted in this distinctive method of healing that engages directly the psychic and spirit dimensions of the self and reality. It also

recognizes that there are conditions, entities, and forces that can be a source of problems and difficulties at unconscious levels. *The Practice of Soul-Centered Healing* is a companion volume to *Soul-Centered Healing* that presents the basic protocols and procedures for working in these dimensions. Dr. Zinser discusses each protocol and gives specific instruction on how to implement them. Along with this instruction, he presents a wealth of examples drawn from verbatim transcripts of client sessions. This book is for therapists who are exploring the deeper levels of psyche and soul in the healing process. [The Evolving Soul](#) Conspicuum Press  
What is Ascension and self awareness? What are the Akashic Records? What is the Book of Truth? Who are the Council

of Light? What is Light Language? Why am I here? What is my soul's path? What am I supposed to be doing, my purpose? Why does this type of situation keep happening? Why do I feel so drawn to this particular person? We all find ourselves asking at least some of these questions lately, or at some point in our life, wishing and hoping for divine guidance to just help us in these confusing times. The good news is we are not alone and there is a plan and there are ways to get this. It is your soul's plan that you came into this life and into soul incarnation with. Your Akashic Records have the blueprint to your soul's plan, the Book of Truth is the gateway out of the illusion of the dream world we've been told is the "real world", and Akashic Enlightenment is the

key and gateway to both leading you to your highest true soul self and a life of joy, abundance, freedom, peace and love. Through your own Akashic Records and the Book of Truth via Akashic Enlightenment you will be shown the divine wisdom and knowledge of your past, present, and future lives, alignment with your true soul self and the true laws of the universe as created by Creator / Source / God / All That Is outside of any illusory realities created by you or society. You will be helped to better understand and become self aware of who you really are as your highest true soul self and how your soul is experiencing the Ascension, or self awareness unveiling, underway at this time. You will clear old energy and/or thought patterns, stepping out of fears,

traumas, and anxieties on all levels helping you move along and follow your soul's path of higher awareness. Ultimately, strengthening your soul alignment to be and maintain your highest true self as this is truly the greatest service you can do for yourself and thus for anyone or anything else. Focus on your own self alignment and change your world and life forever! Get started and dive deep into your inner spiritual journey back to your True Self now! (A recommended practice for A Course In Miracles students as a way of receiving personalized and in the moment lessons and guidance on your current situations and current growth areas beyond completing ACIM.)  
*The Holy Conspiracy* Balboa Press  
An Integrative System of Energy

Medicine for Patients Undergoing Intense Medical Procedures Science-based medicine is finally ready to embrace the use of Medical Reiki. This phenomenal book reveals groundbreaking energy practices that can activate the parasympathetic nervous system and accelerate the effectiveness of serious treatments like surgery and chemotherapy. Having worked in operating rooms alongside surgeons for nearly two decades, Reiki Master Raven Keyes is uniquely qualified to share techniques for helping patients feel whole and free of stress that can impede their healing. Raven shares how to request and receive Medical Reiki, how physicians can open their practice to it, and how to use exercises, meditations, and affirmations for further healing.

Medical Reiki is essential to the evolution of patient care. Includes a foreword by Dr. Sheldon Marc Feldman, MD, FACS, director of breast cancer services at Montefiore Medical Center

**The New Akashic Records** Sounds True

Ginny Nadler has found an important connection between the physical pain you experience and the energetic roadblocks that are deeper in the cell structure, in the very fabric of your being. In *Spiritual Anatomy*, she presents a powerful approach for unraveling your deeply entangled distortions and bringing your body back into alignment.

**The Pleiadian Workbook** Lulu.com  
Everything you need to heal and claim the life destined to become yours is already within you. This is the simple but

powerful message at the very heart of Life Alignment – an extraordinary system of vibrational healing that has been handed down from higher powers and other dimensions – to help you do just that. You know why you are here and how to get the life you want, you've simply forgotten that the power to change and make that happen lies with you. A Life Alignment healing session with a Life Alignment practitioner will help your body and mind remember and put you back on the road to the destiny that awaits you. In this new book, *Live Your Life*, Life Alignment practitioner, Philippa Lubbock, tells the incredible story of how a healing system that has been attuned for the 21st Century has been passed, in stages and quietly over 30 years, to one man – Life Alignment



guru Jeff Levin. Here you will find the very latest of those teachings and a pathway back to meet and communicate with your deeper spiritual self who already has the answers and is now waiting for you to find a way to hear the inner guidance that will show you the way ahead and the path you need to take.

*Unlock Your Intuition* Llewellyn  
Worldwide

Learning to open your Akashic Records feels like coming home. Find all the tools you need to open the Akashic Records. Learn a simple process practiced in lessons which step you through a process of exploration, self-discovery, and deep work that will have a powerful transformative impact on your life.

**Akashic Records Masterclass** Hay

House, Inc

In the twentieth century, mind over matter was emphasized. In the twenty-first century, soul over matter will transform all life. The Power of Soul reveals divine soul secrets, wisdom, knowledge, and practices to transform the consciousness of humanity and all souls, and enlighten them in order to create love, peace, and harmony for humanity, Mother Earth, and all universes. The Power of Soul teaches soul healing, soul prevention of sickness, soul rejuvenation, soul transformation of every aspect of life (including relationships and finances), and soul enlightenment. It offers you practical soul treasures to empower you to apply all of these teachings. This is the divine direction for the fifteen-thousand-year

Soul Light Era, which started on August 8, 2003. The Power of Soul is the leading authority for Dr. Sha's entire Soul Power book series. The divine soul secrets, wisdom, knowledge, and practices in this book will lead humanity and all souls to the universe of soul over matter. This book shows humanity and all souls the way to heal, rejuvenate, transform, and enlighten all life.

### **The Healing Power of Life Alignment**

Essential Knowing Press

Reading Your Akashic Record, A Manual for Level I Training. Ancient Wisdom for Now Book II. Receiving YOUR Personal Prayer in Alignment with Your Vibration and Frequencies for Reading YOUR Akashic Records - The Records of Your Soul. THIS BOOK IS FOR YOU - If You already know how to Read Your Akashic

Records or if You want to learn how to Read Your Akashic Records? Are you curious about why you are here? Before You were born Your Soul Contract was written with Your Purpose and Mission. Reading Your Akashic Records Allows You Access to Your Contract. Akasha means Primordial Substance in Sanskrit. The AKASHIC RECORDS are the Vibrational Record of Your Soul from its Inception through to the Present with the Possibilities for its unfoldment. Your highest affiliation is to the Divine Source itself, thus You were Hand-picked. The Akasha is there Deep Inside of YOU, in Your Heart, not Outside. The Energy of Your Akashic Records is Acceptance, Compassion and Love for YOU! In the Energy of Your Akashic Records You Feel Heard, Seen and Acknowledged. In the

Bible they are known as the "Book of Life" or the "Book of Remembrance" This training allows you to discover Your "Gifts of Spirit" and Discernment of Energy. You will learn the differences between your Intuition and your Akashic Records. Learn the different vibrations of the Word, Light, Sound and Scent. Receive YOUR Personal Prayer and Closing in Alignment with YOU, with Your

Vibrations and Frequencies. YOUR Akashic Records are a shortcut to Soulful Living, Clarity, Creativity and Freedom.

**The Voice Across the Veil** Balboa Press

Using simple divination as a starting point, Hess presents a step-by-step process to guide readers towards an intimate relationship with the still, small voice of their intuition.