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of lectures/programs at yoga and Yoga Therapy conferences, collaborating yoga studios and retreat centers. » View our event calendar for a full list of events If you are interested in hosting Gary at a conference, yoga studio or retreat center, please contact media@viniyoga.com. Gary Kraftsow - American Viniyoga Institute Gary Kraftsow has been a pioneer in the transmission of yoga for health, healing, and personal transformation for over 30 years. He began his study of yoga in India with T.K.V. Desikachar in 1974 and received a Viniyoga Special Diploma from Viniyoga International in Paris, France in 1988. Yoga for Life with Gary Kraftsow | Willow Street Yoga ... Gary Kraftsow has been a pioneer in the transmission of yoga for health, healing and personal transformation for over four decades. He began his study of yoga in 1974 in India and became the first American teacher to be certified by T.K.V. Desikachar. Gary Kraftsow - Pranamaya Yoga Yoga for Life: Exploring an Integrated Practice Are you living for your yoga practice, or using your yoga practice to help you live your life? Join Gary Kraftsow, Founder & Director of the American Viniyoga Institute, to explore specific Yogic teachings and practices that provide methods to help us achieve our highest potential. Yoga for Life @Earth Yoga Boulder - American Viniyoga ... Mainstream America is finally catching on to what Eastern countries have known for thousands of years--that yoga is not only a great, low-impact way to increase flexibility and reduce stress, it is also useful in healing any number of afflictions, from common aches and pains to chronic diseases and emotional setbacks. Yoga for Wellness: Healing

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