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# Stuck Study Guide

## By Jennie Allen

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Restless

The Last Supper on the Moon

Seeing the Beauty of Marriage Through Scripture

Daring to Believe the God Who Calls You

The Storm Inside

Chase Study Guide

Chasing After the Heart of God

Chasing After the Heart of God

Women of Worth

Anything

Stuck Leader's Guide

Find Your People Study Guide plus Streaming  
Video

A Study in Philippians

Made for This

Forgiving What You Can't Forget Study Guide

Restless Study Guide

She's Got Issues

The Girl's Still Got It

Complement - Bible Study Book

Get Out of Your Head

The Psalms as a Guide to Life

Because You Were Made for More

Get Out of Your Head Study Guide

Building Deep Relationships in a Lonely World

Breaking the Habits Holding You Back from God's

Best

Breaking Free from Barriers to Your Productivity  
Mom Set Free  
You Are the Girl for the Job  
Your Story for His Glory  
Open and Unafraid  
40 Days to Living Your Purpose  
Flourish  
Building Deep Community in a Lonely World  
The Places We Get Stuck and the God Who Sets  
Us Free  
Restless Leader's Guide  
Moving Forward One Day at a Time  
Take a Walk With Ruth and the God Who Rocked  
Her World  
Chasing After the Heart of God  
Stuck Study Guide  
Chase Study Guide

*Stuck  
Study  
Guide* Downloaded  
By Jennie Allen <http://www.wtvq.com>  
from *ftv.wtvq.com*  
by guest

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**BENITEZ  
TRAVIS**

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*Restless*  
Harperchristia  
n Resources  
What if you  
told God you  
would do  
anything . . .

and he took  
you up on it?  
In the years  
since the  
initial release  
ofAnything,  
God continued  
to stretch  
Jennie Allen  
and her faith  
because of the  
courageous  
prayer of  
surrender that

she and her  
husband, Zac,  
prayed, "God,  
we will do  
anything.  
Anything."  
Previously  
caught in the  
dizzying haze  
of worldly  
happiness and  
empty  
pursuits,  
Jennie went on

to begin living out the adventure God had written for them—to include becoming the founder of IF: Gathering, an organization to gather, equip, and unleash the next generation to live out their purpose. Anything is a prayer of surrender that will spark something. A prayer that will move you to stop chasing things that just make you feel happy and start living a surrendered

life that matters. This newly revised edition is updated throughout to include a new introduction and an in-depth Bible study component for those who have been wanting to lead a study on this topic. Join Jennie on an adventure to discover your anything, those things that actually mean nothing until you know the God truly worth giving it all up for. And when you do, that will change everything.

*The Last Supper on the Moon* Thomas Nelson  
Moms are under so much pressure. Pressure that weighs us down and threatens to wipe us out. Are you ready for relief? Mom Set Free will empower you to parent in the confidence of God's grace and to experience the freedom you were created for. We moms are told that we have to get it all right so our kids turn out right. We're

told that their entire futures are riding on our ability to perfectly orchestrate their lives. And we're told that the strength of their faith hinges on ours. And we begin to believe that if we just try hard enough, we can actually "be enough." These impossible standards leave us stuck in worry, anger, guilt, comparison, and shame. Jeannie Cunnion gets it. And in Mom Set Free she

reveals how the Good News of the Gospel empowers us to live—and parent—in the freedom for which Christ has set us free. Jeannie invites us to journey alongside her as we learn to: \* Lay down what God has not asked us to carry so we can thrive in what He has. \* Embrace our significance in our children's lives in light of God's sovereignty. \* Trust God with the children He has entrusted to us. \* Receive

God's grace so we can reflect God's heart to our kids. It's time to breathe deeper, walk lighter, and reclaim the wonder and adventure of parenting. [Seeing the Beauty of Marriage Through Scripture](#) HarperChristian Resources This Study Guide includes: Individual access to seven streaming video sessions Discussion and reflection questions with video notes Personal study

<p>between sessions Leader's Guide Never in the history of civilization have we been more connected and felt more alone. We are all so lonely. What if fundamentally the ways we have set up our lives is broken? We've withdrawn rather than moved through it. We want supper clubs and friends, instead of war partners. We have a wrong view of community. This seven-session video</p>	<p>Bible study begins with a look at the original community in Genesis, the Trinity, and the creation of people to see what God had planned for us all along. We will also discover throughout the study the five life patterns required to build deep, connected relationships: Proximity Shared Mission Transparency Accountability Consistency The seven sessions include: Week 1: Introduction</p>	<p>It is not good for man to be alone. (Creation) Week 2: The Disruption of Community Then the eyes of both were opened, and they knew that they were naked. (Shame) Week 3: Proximity I will make My dwelling among you. (God's Presence) Week 4: Transparency And all who believed were together and had all things in common. (Acts) Week 5: Accountability Be kind to one another, tenderhearted</p>
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, forgiving one another, as God in Christ forgave you. (The Church Grows) Week 6: Shared Mission Each of you should use whatever gift you have received to serve others. (Jesus and the Disciples) Week 7: Consistency Your love for one another will prove to the world that you are my disciples. (The Kingdom of God / New Heavens) Designed for use with the following items, each sold separately:

Find Your People Video  
Study Find Your People Conversation Card Deck  
\*Access code subject to expiration after 12/31/2026. Code may be redeemed only by the recipient of this package. Code may not be transferred or sold separately from this package. Internet connection required. Eligible only on retail purchases inside the United States. Void where prohibited,

taxed, or restricted by law. Additional offer details inside.  
Daring to Believe the God Who Calls You Stuck Study Guide  
\*#1 New York Times Bestseller\*  
You deserve to stop suffering because of what other people have done to you. Have you ever felt stuck in a cycle of unresolved pain, playing offenses over and over in your mind? You know you can't go on like this, but you don't

know what to do next. Lysa TerKeurst has wrestled through this journey. But in surprising ways, she's discovered how to let go of bound-up resentment and overcome the resistance to forgiving people who aren't willing to make things right. With deep empathy, therapeutic insight, and rich Bible teaching coming out of more than 1,000 hours of theological study, Lysa will help you: Learn how to

move on when the other person refuses to change and never says they're sorry. Walk through a step-by-step process to free yourself from the hurt of your past and feel less offended today. Discover what the Bible really says about forgiveness and the peace that comes from living it out right now. Identify what's stealing trust and vulnerability from your relationships so you can believe there

is still good ahead. Disempower the triggers hijacking your emotions by embracing the two necessary parts of forgiveness.

**The Storm Inside**  
Waterbrook Press  
NEW YORK TIMES  
BESTSELLER •  
The author of *Get Out of Your Head* offers practical solutions for creating true community, the kind that's crucial to our mental and spiritual health. "My dear friend Jennie Allen

shows us how to make true emotional connections with the right people so that our authentic relationships can be healthy for all.”—Lysa TerKeurst, author of *It’s Not Supposed to Be This Way* In a world that’s both more connected and more isolating than ever before, we’re often tempted to do life alone, whether because we’re so busy or because relationships feel risky and hard. But science

confirms that consistent, meaningful connection with others has a powerful impact on our well-being. We are meant to live known and loved. But so many are hiding behind emotional walls that we’re experiencing an epidemic of loneliness. In *Find Your People*, bestselling author Jennie Allen draws on fascinating insights from science and history, timeless biblical truth, and vulnerable

stories from her own life to help you: • overcome the barriers to making new friends and learn to initiate with easy-to-follow steps • find simple ways to press through awkward to get to authentic in conversations • understand how conflict can strengthen relationships rather than destroy them • identify the type of friend you are and the types of friends you need • learn the five



practical ingredients you need to have the type of friends you've always longed for. You were created to play, engage, adventure, and explore—with others. In *Find Your People*, you'll discover exactly how to dive into the deep end and experience the full wonder of community. Because while the ache of loneliness is real, it doesn't have to be your reality. [Chase Study Guide](#)  
BEYOND

BOOKS HUB  
The creator of the groundbreaking film *The Psalms*, featuring Bono and Eugene Peterson, shows how the Psalms enable us to find a more transparent, resilient, and fearless life of faith. In 2016, David Taylor released a film of Eugene Peterson and U2's Bono discussing how the Psalms had shaped their work, helping them make sense of life, art, metaphor, violence, suffering, and

mortality. With more than one million views on YouTube, the film is a sensation and has helped people encounter God as he is presented in the Psalms: a God of justice, grace, goodness, healing, power and refuge. Open and Unafraid goes even further, showing us how the Psalms become a guide to living faithfully. The Psalms have been central to God's people for millennia,

across all walks of life and cultural contexts. In reading them, we discover that we are never alone in our joys, sorrows, angers, doubts, praises, or thanksgivings. In them, we learn about prayer and poetry, honesty and community, justice and enemies, life and death, nations and creation. Open and Unafraid shows us how to read the Psalms in a fresh, life-giving way, and so access

the bottomless resources for life that they provide. *Chasing After the Heart of God* Thomas Nelson Your story is bigger than you know. No matter who you are or your age and stage of life, your story matters. From the tiniest details to the most dramatic events, your story is sacred and worthy of attention. But how do you find and tell that story? In this 8-session DVD curriculum, join Leslie

Leyland Fields, Ann Voskamp, and 20 other writers on a step-by-step journey to explore your past and shape your memories into vivid, compelling stories. In this series and the pages you'll soon be writing from your own life, you'll discover new spiritual truths, reclaim the past, share hope, and pass on your own extraordinary legacy. Your story matters- -and you can find and tell the truth of

that story. A compelling story. A crafted story. A healing story. A bigger story. And in the finding and telling of this story, you'll live it too. A companion curriculum to *Your Story Matters: Finding, Writing, and Living the Truth of Your Life*. [Chasing After the Heart of God](#) Thomas Nelson  
 We've all experienced that moment where we wish we could start all over again. Failed

marriages, lost friends, addictions, lost jobs. This is not the life we imagined. Yesterday can sometimes leave us stuck, sad, shamed, scared, and searching. Sheila Walsh encourages readers to face the pain head on and then start again, from right where they are. She shares that when she discovered "I'm not good enough and I'm good with that," everything started to change. In It's

*Okay Not to Be Okay*, Walsh helps women overcome the same old rut of struggles and pain by changing the way they think about God, themselves, and their everyday lives. She shares practical, doable, daily strategies that will help women move forward one step at a time knowing God will never let them down.  
**Women of Worth**  
 NavPress Publishing Group  
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Anything  
Zondervan  
If there are  
places in your  
heart and  
corners of  
your mind that  
feel just as  
deep and dark  
and  
inaccessible  
as outer  
space, this  
book is for  
you. Fight as  
you may,  
unearthing the  
happiness and  
fulfillment you  
long for can  
feel nearly  
impossible. In  
Psalm 8 David  
urges us to  
consider the  
heavens, to  
look up at the  
night sky.  
Doing so will  
help you  
discover  
fundamental

truths about  
God. Namely,  
that—even  
though his  
love for you is  
as beyond  
comprehensio  
n as the  
farthest  
corners of the  
universe—thro  
ugh his Son,  
you can grab  
hold of it, and  
it has the  
power to  
transform  
your inner  
space.  
Bestselling  
author Levi  
Lusko shares  
how you can:  
learn that life  
is not about  
“finding  
yourself” but  
discovering  
who Jesus is  
believe that  
God’s love  
and

forgiveness is  
grander than  
even your  
greatest  
failure buck  
the mundane  
of everyday  
life and start  
dreaming  
again Embark  
on an  
adventure  
tracing the  
words and  
wonders of  
Jesus on his  
trek to the  
cross. Let The  
Last Supper  
on the Moon  
compel you to  
live with a  
more  
profound  
sense of  
purpose and a  
grander view  
of Jesus, and  
set you on a  
trajectory to  
life, and life  
more

abundantly. Stuck Leader's Guide Gospel Light Publications Complement shines a compelling light on the beauty of marriage as God intends it. Through storytelling and real-life examples, Aaron and Jamie Ivey will dismantle the distorted cultural views of submission, servanthood, and leadership within a marriage, instead offering a better view of healthy, godly marriage. In this study,

readers will walk through the purpose of marriage as the Scripture relates it, and tackle topics such as family mission, sex, leadership, fighting, and forgiveness. The Iveys explain how marriage is meant to not only give life and hope to both husband and wife, but also point the world to Christ. Just as complementary colors come together to make a more vibrant painting, so husband and wife bring strength,

beauty, and dignity to a marriage relationship and together leverage their individual giftings on the unique mission God has for their family. Features: 6 weeks of personal study to complete between 7 group sessions Leader guide to help guide group meetings Teaching videos, approximately 15-20 minutes per session, available for purchase or rent Benefits: Replace

cultural lies about love and marriage with biblical insight about what God intends marriage to be. Be challenged to build a marriage that reflects Christ's love for His people. Learn how to embrace God's mission for your family. Be reminded that your marriage is worth fighting for. *Find Your People Study Guide plus Streaming Video* Thomas Nelson  
Have you ever felt stuck in a

cycle of unresolved pain, playing offenses over and over in your mind? You know you can't go on living like this, but you don't know what to do next. And you just don't know if you'll ever get past it. In this six-session Bible study (DVD/digital downloads sold separately), Lysa TerKeurst has walked this journey, wrestling with deep wounds that feel impassible and struggling to move

forward. And she's discovered that, to find life-giving freedom, we have to let go of our bound-up resentment and resistance to forgiving people who've hurt us. With deep empathy, therapeutic insight, and rich Bible teaching coming out of 1,000 hours of study, Lysa helps us: learn how to move on when the other person refuses to change and never says they're sorry; walk through a step-by-step

process to free ourselves from the hurt of our past and feel less offended today; discover what the Bible really says about forgiveness and the peace that comes from living it out right now; identify what's stealing trust and vulnerability from our relationships so we can believe there is still good ahead; and disempower the triggers hijacking our emotions by embracing the two necessary

parts of forgiveness. Designed for use with the Forgiving What You Can't Forget Video Study (sold separately). **A Study in Philippians** HarperChristian Resources What Keeps Us from Flourishing? We all long to live out our faith with daily joy, but so often that joy eludes us. Why is that? More often than we realize, it's because we've absorbed messages that curve us in on

ourselves. These messages have even crept into the church, disguised as truth. It's time we learn to discern teaching that's toxic from that which is true and pure. Flourish equips us with tools to identify the lies that come at us about where to find real life. As we dig deep into what God says in his Word, we will learn to discern the worldly influences that threaten to warp our

understanding of what it really means to be a Christian, and emerge with a faith that flourishes—full of the abundant life Jesus promises.

**Made for This**

HarperChristian Resources  
 Stuck Study Guide  
 Thomas Nelson Inc  
*Forgiving What You Can't Forget Study Guide*  
 Thomas Nelson Inc  
 Place of publication from publisher's website.  
*Restless Study Guide* Thomas

Nelson  
 "Allen understands the daily struggle so many of us face with the fear that we are not enough. And she invites us into a different experience, one in which our souls overflow with contentment and joy"--  
*She's Got Issues*  
 HarperChristian Resources  
 Many people with great, world-changing ideas aren't able to make them happen. Most people are trying to make a

difference where they are, yet they feel overwhelmed, overloaded, and far too busy. How do you get "unstuck" - without resorting to complex systems that take more time to keep up than they actually save?  
 How to Get Unstuck  
 answers this question by introducing readers to ten core principles that are at the heart of becoming an effective person for the glory of God.  
 These



principles are flexible enough for people to adapt and apply them to their own life and context. Also included is a plan for getting started in using these principles and applying them to real life. This book is more than just good ideas that you read and never apply. How to Get Unstuck walks you step-by-step through the core principles that free you to be more effective in everything you do. How

can we learn the discipline of personal effectiveness? Starting with the Scriptures and drawing on the best research How to Get Unstuck shows Christians how to live integrated lives. True effectiveness is doing something in God's way and for God's glory, and this book will show you how.

### **The Girl's Still Got It**

WaterBrook  
What are you chasing?  
We're all chasing after something,

something that we think will make us happy—comfort, success, a bigger house, or someone's approval. But if we are all honest, it feels like trying to catch the wind. A man after God's own heart... As David's life weaves throughout the pages of Scripture, we see he was a man who spent his life chasing after God. The Chase Bible study explores the events that defined David's life and the Psalms that

flowed out of those experiences. Through David's example we'll discover what God really wants from us. God is invisible, and yet he is the only thing we can chase that won't leave us feeling more empty. This guide serves as a tool to prepare you in leading this Chase study and to help you, the leader, understand how to lead a group effectively and meet the needs of the various types

of learners in your group. This leader's guide provides you with helpful tips to effectively point your women to the overarching theme of each lesson, and explains how to use the session tools, including the video, the personal study projects, and the conversation cards. Designed for use with Chase Video Study 9780849922541 and Chase Study Guide 9781418548742 (sold separately).

### **Complement - Bible Study Book**

Waterbrook Press  
Louie Giglio helps you find encouragement, hope, and strength in the midst of any valley as you reject the enemy voices of fear, rage, lust, insecurity, anxiety, despair, temptation, or defeat. Scripture is clear: the Enemy is a liar who will stop at nothing to tempt you into poor decisions and self-defeating mindsets, making you

feel afraid, angry, anxious, or defeated. It is all too easy for Satan to weasel his way into a seat at the table intended for only you and your King. But you can fight back. *Don't Give the Enemy a Seat at Your Table* outlines the ways to overcome those lies so you can find peace and security in any challenging circumstance or situation. With the same bold, exciting approach to Scripture as employed in

*Goliath Must Fall* and his other previous works, pastor Louie Giglio examines Psalm 23 in fresh ways, highlighting verse 5: "You prepare a table before me in the presence of my enemies." You can find freedom from insecurity, temptation, and defeat—if you allow Jesus, the Shepherd, to lead the battle for your mind and heart. This spiritual warfare book for those who are leery of spiritual

warfare books will resonate with Louie's core Passion tribe as well as with Christians of all ages who want to live a triumphant life in God. *Get Out of Your Head* Harvest House Publishers In this seven-session study, Jennie covers the breadth of God's plan for His people from Genesis to Revelation and participants will discover how five life patterns can transform the way they connect with others.