
Dominic O Brien Memory Books

Never Forget Numbers and Dates
 You Can Learn to Remember
 Transform Your Memory Skills
 Brilliant Ideas You Won't Forget
 50 Proven Ways to Enhance Your Memory Skills
 Train your brain for peak performance, discover untapped memory powers, develop instant recall, and never forget names, faces, or numbers
 Never Forget Facts & Figures!
 Tips, Tricks and Techniques to Remember Names, Words, Facts, Figures, Faces and Speeches
 How to Develop a Brilliant Memory Week by Week
 The Brilliant Memory Tool Kit
 Boost Your MEMORY
 The Victorious Mind: How to Master Memory, Meditation and Mental Well-Being
 Your Memory
 Tips, Tricks and Techniques to Boost Your Memory Power
 Whatever you need to read, however you want to read it - twice as quickly
 The Mental Calculator's Handbook
 Learn to Remember
 The Memory Arts
 How It Works and How to Improve It
 The Amazing Memory Book
 Mind Performance Hacks
 How to Improve Your Memory in Just 30 Days
 Remembering Willie Nelson
 Never Forget a Number Or Date
 Quantum Memory Power
 Never Forget a Name Or Face
 Brilliant Speed Reading
 How to Develop a Brilliant Memory Toolkit
 Learn to Remember
 Remember, Remember
 The Science of Peak Memory
 52 Proven Ways to Enhance Your Memory Skills
 How to Develop a Brilliant Memory Week by Week
 Unlimited Memory
 The Amazing Memory Book
 Never Forget Names and Faces
 How to Develop a Super-Power Memory
 52 Proven Ways to Enhance Your Memory Skills
 Learn the Stuff You Thought You Never Could

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FITZGERALD HALLIE

[Never Forget Numbers and Dates](#) Chronicle Books

Never forget a name or a number again! Dominic O'Brien is legendary for winning the World Memory Championship eight times and outwitting the casinos of Las Vegas to win a fortune at blackjack. Here, for the first time, he reveals his secrets for memory mastery. Follow his brain-boosting techniques and turn your mind into a super-powered computer that will recall PIN numbers with ease, remember directions, and help bring you success in business, leisure, and relationships.

You Can Learn to Remember Penguin

The Victorious Mind is a highly practical manual to the best methods for restoring your focus. By blending scientifically proven practices and detailed step-by-step instruction, Dr. Metivier's straightforward path to cerebral and spiritual freedom, you'll soon be discovering a refreshingly new tranquility in less than five hours of practice.

Transform Your Memory Skills Duncan Baird

"Tips & tools for overclocking your brain"--Cover.

Brilliant Ideas You Won't Forget Lulu.com

Develop a memory so powerful, you're like a human computer. Learn how to remember names, faces, numbers, birthdays, dates, appointments, or any sequence of numbers you want. Dominic O'Brien is renowned for his phenomenal feats of memory and for outwitting the casinos of Las Vegas. He is barred from playing Blackjack in all UK casinos. A bestselling author of *You Can Have An Amazing Memory* and *How to Develop a Brilliant Memory Week by Week*, he has won the World Memory Championship eight times.

50 Proven Ways to Enhance Your Memory Skills Watkins Media Limited

Complete with 52 key lessons and self-testing methods, this book provides you with the tools you need to enhance your memory. Written by an eight-times World Memory Champion, this book is an expert course in memory enhancement. Dominic O'Brien takes you step-by-step through an ingenious program of skills, introducing the tried and tested techniques that have played a crucial role in his triumphant championship performances. Dominic paces the course in line with his expert understanding of how the brain responds to basic memory, providing a realistic but impressive timeline. Not only will you be able to expand your mental capacities quickly and effectively, but you'll see how the benefits of improved memory can lead to greater personal and career success.

Train your brain for peak performance, discover untapped memory powers, develop instant recall, and never forget names, faces, or numbers Duncan Baird Publishers

Dominic O'Brien, 8 times world memory champion's, quick and easy tips for remembering all important facts and figures as well as heaps of trivia know-how. What is the capital of Switzerland? How many sides does a dodecahedron have? When was Abraham Lincoln assassinated? Now you can

impress the quiz team with your encyclopedic knowledge using quick and easy techniques provided by World Memory champion Dominic O'Brien in *Never Forget Facts and Figures*. Dominic provides for us in this innovative, fully-illustrated book, expert advice and simple tips to turn you into an instant trivia wizard or model student. The memory master explains how to install a mental filing system to retain facts and figures, and how to use visualisation, association and virtual journeys to ensure that nothing you memorise is ever lost.

Never Forget Facts & Figures! Chronicle Books

Learn quick and easy tips to remember numbers and dates based on Dominic's world beating methods! Never forget a birthday, anniversary, telephone or pin number again! This fun pocket sized gem will change the way you use your brain - and give you endless entertainment. Make your life easier with effortless recollection.

Tips, Tricks and Techniques to Remember Names, Words, Facts, Figures, Faces and Speeches Watkins Media Limited

In this easy-to-follow book you will learn simple, easy techniques and shortcuts to help enhance the power of your memory. From memorizing a speech or a simple shopping list to remembering peoples names and faces *You Can Train Your Brain to Remember* is an invaluable guide to help you train your brain for peak performance. The book includes: A simple overview to help you understand how your memory works. Techniques you can use to improve your memory, including visualisation, imagination and association. Specific methods such as Visual Pegs, the Story Method, the Journey Method, the Number Shape, Mind Maps and Dominic's very own method as well as many others. Specific techniques for specific purposes which include, making a speech, keeping a date, remembering a name and reading and retaining. *You Can Train Your Brain to Remember* puts improved storage, retention and recollection within reach of us all.

How to Develop a Brilliant Memory Week by Week Watkins Pub Limited

In ancient, pre-literate cultures across the globe, tribal elders had encyclopedic memories. They could name all the animals and plants across a landscape, identify the stars in the sky and recite the history of their people. Yet today, most of us struggle to memorize more than a short poem. Using traditional Aboriginal Australian song lines as a starting point, Lynne Kelly has since identified the powerful memory technique used by our ancestors and indigenous people around the world. In turn, she has then discovered that this ancient memory technique is the secret purpose behind the great prehistoric monuments like Stonehenge, which have puzzled archaeologists for so long. The stone circles across Britain and northern Europe, the elaborate stone houses of New Mexico, huge animal shapes in Peru, the statues of Easter Island - these all serve as the most effective memory system ever invented by humans. They allowed people in non-literate cultures to memorize the vast amounts of information they needed to survive. But how? For the first time, Lynne Kelly reveals the purpose of these monuments and their uses as 'memory places', and shows how we can use this ancient technique to train our minds.

The Brilliant Memory Tool Kit Duncan Baird Publishers

A complete practical system for improving your memory with a unique journey map and 50 flash cards packed with tips, techniques and mind-expanding tests In this highly original publishing package Dominic O'Brien reveals the secrets of mastering the art of memory and provides us with a basic tool kit for boosting our skills of memorization and recall. The kit consists of three components: a 88-page introduction to memory techniques that reveals the what, the why and the how of Dominic's proven methods; a pictorial memory journey map to be used in conjunction with the Journey Method, a basic and highly versatile memorization procedure that exploits the power of mental association to provide unforgettable cues for recall; and, lastly, a deck of 50 flash cards providing tips and techniques (and self-testing exercises) on one side, and, on the other, numbers and drawn objects to practise on, using the journey map or other tricks of the trade described in the book. The key to improving your memory is two-fold: knowing the expert methods devised by one of the most retentive and focused brains in the world, and practising them until you see marked improvements in your performance. This toolkit is all you will need to train yourself to be a memory maestro.

Boost Your MEMORY Duncan Baird Publishers

Presents an effective guide to faster reading and memory training based on the system developed by a leading specialist in the field of memory enhancement, in a handbook designed to help readers develop their study skills, remember and use important details, and more. Reissue.

The Victorious Mind: How to Master Memory, Meditation and Mental Well-Being Duncan Baird Publishers

A fun interactive kit containing all you need to supercharge your memory and maximize your powers of recall.

Your Memory Pearson UK

Drawing upon the extraordinary skills of eight-times World Memory Champion Dominic O'Brien, *Learn to Remember* provides a unique illustrated repertoire of proven and effective ways to enhance your memory. In this book you learn how to extend your memory power, as well as to use a

wealth of shortcuts and techniques applicable to a wide range of tasks, from memorizing a speech, a shopping list or a set of city street directions to remembering names and faces. Learn to recall details at work and never miss that anniversary. When Dominic first trained himself to remember longer and longer sequences of random units, he found himself recalling forgotten experiences from childhood as his brain's powers became strengthened and refined. We all have the potential to sharpen and extend our memories to a degree that might seem incredible to anyone who was never tried it. Improving our memory is the key to a more fulfilled life. If we can master the arts of storage, retention and recall, our knowledge of the world improves, we can derive more from our reading, we learn to be more effective at work, and even our relationships become richer and more harmonious. With a master memorizer as your guide, you can open up rewarding inner realms of possibility you never even knew existed. Join Dominic O'Brien on what may turn out to be the most memorable journey of your life.

Tips, Tricks and Techniques to Boost Your Memory Power At Real Estate Solutions LLC

World Memory Champion an unprecedented eight times, Dominic OBrien shows how anyone can improve their memory with this fun and colorful palm-sized book. For just under \$5-and just in time for those holiday parties-this essential helpmate reveals the secrets to remembering phone numbers and birthdays. OBrien, author of the best-selling *Learn to Remember*, packs this quick-reference book with fun and easy tips for recall know-how geared toward real-life situations. Simple visualization tools, brainpower boosters, and advice on focusing the mind will help turn forgetfulness into a thing of the past. This tiny volume is perfect as a stocking stuffers or not-so-subtle gift for forgetful friends. *Never Forget* gives those memory muscles a much-needed workout.

Whatever you need to read, however you want to read it - twice as quickly Chartwell Books

The potential of the human memory is phenomenal, and this updated edition explains techniques (including the author's mind mapping system) for improving the memory not only for names, numbers, dates and lists, but also for speeches, articles, poetry, and even whole books. It has sections for card players, and for people learning new languages and for those studying exams, as well as a chapter on capturing dreams.

The Mental Calculator's Handbook Ballantine Books

Written by eight times World Memory Champion, Dominic O'Brien this book is a complete course in memory enhancement. Dominic takes you step-by-step through an ingenious program of skills, introducing all his tried and tested techniques on which he has built his triumphant championship performances. Pacing the course in line with his expert understanding of how the brain responds to basic memory training, Dominic offers strategies and tips that will expand your mental capacities at a realistic but impressive rate.

Learn to Remember Watkins Media Limited

Learn quick and easy tips to remember names and faces based on Dominic's world beating methods Remember the names of people you've met only once or many years ago, never stumble over a name again and match the name to the face every time. This fun pocket sized gem will change the way you use your brain - and give you endless entertainment. Make your life easier with effortless recollection.

The Memory Arts Signet

You Can Learn to Remember Change Your Thinking, Change Your Life Watkins Media Limited

How It Works and How to Improve It Duncan Baird Publishers

In this easy-to-follow book you will learn simple, easy techniques and shortcuts to help enhance the power of your memory. From memorizing a speech or a simple shopping list to remembering peoples names and faces *You Can Train Your Brain to Remember* is an invaluable guide to help you train your brain for peak performance. The book includes: A simple overview to help you understand how your memory works. Techniques you can use to improve your memory, including visualisation, imagination and association. Specific methods such as Visual Pegs, the Story Method, the Journey Method, the Number Shape, Mind Maps and Dominic's very own method as well as many others. Specific techniques for specific purposes which include, making a speech, keeping a date, remembering a name and reading and retaining. *You Can Train Your Brain to Remember* puts improved storage, retention and recollection within reach of us all.

The Amazing Memory Book The Rosen Publishing Group, Inc

The Amazing Memory Kit is an all-inclusive pack for boosting your brain power. Memory master Dominic O'Brien reveals his memory-stretching secrets and shows you how to put them into practice with the innovative and fun-to-use tools inside this box: 1. The Amazing Memory Book: with visualizations, tips and practical instruction: a concise, fact-packed guide to memory improvement. 2. The Memory Journey Mapbooks: these beautifully designed visual aids enable you to put the author's record-beating Journey Method into practice. 3. The Memory Deck: 100 double-sided cards which when used with the journey maps, provide the essential self-testing tool for improving power of memorization and recall.