

# Richard Gerber Vibrational Medicine Pdf

Vibrational Medicine  
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## JACOBY BLAKE

*Vibrational Medicine* North Atlantic Books

Cyndi Dale's *The Subtle Body* has become the go-to reference guide for anyone who wants to learn about the many varieties of energy healing. With *The Subtle Body Practice Manual*, she offers an equally valuable resource: a practical instruction manual for putting energy healing into action. Filled with lucid information, step-by-step guidance, diagrams, and key insights, here is an expansive how-to manual that covers practices from a vast range of holistic healing and energy medicine traditions, including: The six core energy techniques that every healer should know Energetic diagnosis practices to determine which kind of modality will be most effective for specific health issues Setting strong and flexible energetic boundaries, with special guidance for those in the healing professions Techniques for working with the subtle aspects of the body, emotions, and the subconscious mind Dozens of practices for healing through the chakras, the meridians, chi, breathwork, auric fields, sacred geometry, acupressure, music, and much more As Cyndi Dale writes, all medicine is energy medicine—which is why subtle energy practices can be used to complement and enhance any approach to healing or self-care. Presented with Cyndi Dale's thorough scholarship and clear writing style, *The Subtle Body Practice Manual* provides professionals and laypersons alike with an indispensable resource on the many varieties and applications of energetic care—so you can begin using these powerful practices in your own life.

*Complementary and Alternative Cardiovascular Medicine* Springer  
*Regaining Wholeness Through the Subtle Dimensions* gives the reader a chance to look into the future of health and medicine by exploring a futuristic technology that is now available now. This new addition has 25 percent new material that documents the recent advances in subtle field technology and incorporates the newest theories of quantum physics in layman's terms. Don Paris has put together a model of reality that can help you understand why crystals, homeopathy, colors, radionics, subtle energies, and shamanism can heal the body, mind and emotions. *Regaining Wholeness Through the Subtle Dimensions* brings the power of manifesting into your hands. Whether you are looking for better health, deeper relationships, satisfying work, spiritual enlightenment, or prosperity, this book will open doors to making dreams become reality.

*The Little Book of Energy Medicine* Atria Books

Quantum-Touch is the touch-based healing technique that uses the chi of both practitioner and client, bringing them into harmony to allow the body to heal itself. Quantum-Touch differs

from other healing techniques because it does not require long years of study and presents none of the common hurdles of understanding or application; anyone can learn to use it to become a healer, both of others and of self. In this new edition of his best-selling guide, Richard Gordon leads the reader step by step, clearly explaining how to use breathing and body-focusing techniques to raise one's energy levels. Once that is achieved, the healer can correct posture and alignment, reduce pain and inflammation, help balance emotional distress, and even heal pets. Above all, Quantum-Touch can be used in tandem with all other healing modalities, including Western medicine, and its efficacy has been attested to by physicians, acupuncturists, chiropractors, and other healing professionals.

*Between Heaven and Earth* Simon and Schuster

"All seekers of truth yearn for the mystical experience. In this remarkable journey, you do not walk alone. With you is your indispensable partner to success—the spiritual hierarchy." The Angelic Keys to Fulfilling Your Life's Purpose In their newest book, award-winning authors Barbara Y. Martin and Dimitri Moraitis explore the sacred art of communing with celestial beings. Reading of Martin's extensive direct clairvoyant experiences, this book will teach you to work closely with angels, archangels, and other divine beings who guide you in day-to-day living and help you achieve your destiny. You will learn how to strengthen your intuitive powers and hear what the divine is telling you, and thrill to accounts of Martin's compelling personal encounters with celestial beings and her eye-opening encounters with dark spirits. *Communing with the Divine* is a practical training manual and an inspirational guide, with full-color illustrations of celestial beings and their auric composition. In it, you will discover: Various types of angels, including joy guides, teaching angels, and guardian angels Techniques to call on Michael, Gabriel, Uriel, Raphael, and other archangels Ways in which leaders of the spiritual hierarchy influence your life The nature of evil and the importance of spiritual protection Keys to psychic and spiritual visions and clairvoyance Meditation tools to access celestial realms with more than fifty meditative prayers that call on Divine Light and celestial beings for wisdom, love, prosperity, healing, peace, guidance, inspiration, and much more

*Twenty-first Century Radionics* Penguin Press

A comprehensive guide to emotional blockages in the energy body and their physical manifestations • Details how emotional trauma, long-term stress, and environmental influences cause energy blockages in the subtle body that affect the physical body • Explores more than 30 specific physical ailments, detailing the energetic origins of each condition and which meridians, chakras, and points are affected • Explains how to interpret and work with energies released in massage and during yoga practice In this comprehensive guide to subtle energy and its associated physical

manifestations, Robert Henderson reveals how the discomfort and pain you carry in your physical body is related to the energies of the life you have experienced. The author explains the eight types of subtle energy: Emotional, which carries anger, fear, love, and other emotions; Mental, which affects patterns of behavior, beliefs, actions, and memories; Spiritual, which influences intuition, inspiration, and transcendent states; Sexual, which affects creativity, spontaneity, and excitement; Environmental, which arises from stress at work, tension at home, and other outside influences; Interpersonal, which comes from interactions with family, lovers, and friends; Ancestral, the energy of the lives of your parents up to the time of your conception; and Karmic, the energy of your past lives. Detailing how these energies are drawn in by the chakras and distributed throughout the body by the meridians, the author explains how suffering acute emotional trauma or long-term stress causes negative energies to accumulate in the energy body much like fat deposits. Our physical body reacts to these energy blockages, leading to physical conditions such as closed hips, tight hamstrings, digestive distress, chronic pain, and persistent tension in areas like the shoulders. The author explores more than 30 specific physical ailments, providing the energetic origins of each condition, the exact location of the corresponding energy blockage, and which meridians, chakras, and points are affected. He covers sexual energy in depth, explaining how to handle repressed energy as it is released during yoga or massage. As the author shows, physical ailments caused by the energies of hurtful life events can be healed through massage and yoga, allowing you to become open to the free and spontaneous circulation of energy through the subtle body.

*Vibrational Nutrition* AuthorHouse

According to Dr. Larry Malerba, modern medicine has perfected the short-term technical repair of the physical body at the expense of the long-term psychological and spiritual well-being of the whole person. In *Green Medicine* he examines this issue and provides a realistic blueprint for wellness and a valuable guide for those seeking deeper and more lasting healing. Written in an accessible style, the book draws on a rich range of fields—physics, philosophy, Jungian thought, shamanism, alchemy, Eastern thought, Western esotericism, sustainability, orthodox medicine—to create a green medical paradigm that represents a powerful integrative medical perspective. Dr. Malerba interweaves case histories from his own practice with innovative concepts from alternative and Western medicine in order to address a number of crucial questions: • What are the personal and environmental costs to the overuse of pharmaceutical drugs? • Is conventional medicine as scientific as it claims to be? • How can conventional doctors and alternative healers begin to work together? • How can individuals transform

medicine and become participants in their own healthcare? Green Medicine offers a practical and philosophical basis for building a viable green alternative that draws on the inherent unity of body, heart, mind, soul, and nature. From the Trade Paperback edition. *Sanctuary* Piatkus Books

Life extends beyond the boundaries of our skin. We are a whirling field of energies, which modern instruments can easily detect and measure. This opens the door to many exciting and revolutionary ways to diagnose and treat illness, including the use of interactive electronics.

**Waves and Oscillations** Butterworth-Heinemann

The Little Book of Energy Medicine is a simple, easy-to-use "pocket guide" to one of the most powerful alternative health practices in existence today, from world-renowned healer Donna Eden. In this book, Eden draws on more than three decades of experience to offer readers a simple introduction to the core energy medicine exercises she recommends for feeling rejuvenated, happier, more alert, and less anxious. Featuring a Five-Minute Daily Energy Routine for restoring the body's natural energy flow, in addition to information on specific energy medicine exercises that can help combat a host of health conditions from headaches and nausea to insomnia and the common cold, The Little Book of Energy Medicine is essential reading for anyone looking to improve general health and well-being.

**Touch in the Helping Professions** Harper Collins

"For those ready and willing to build a new life, here are the tools. Powerful, incisive, extraordinary writing." —Neale Donald Walsch, New York Times bestselling author of *Conversations with God* Transform your life with this bestselling, revolutionary, and accessible seven-step guide—grounded in energy medicine, neurobiology, and quantum physics—to awaken your true health and potential through energy healing. Eighteen years ago, health pioneer and "extraordinary enlightened visionary" (Anita Moorjani, New York Times bestselling author) Dr. Sue Morter had a remarkable and profound awakening. While meditating, she spontaneously accessed an energy field—a level of consciousness—beyond anything she had ever imagined. This dramatic experience changed her life and set her on a mission to discover how to create such radical transformation for her patients. Through years of advanced study and research in energy healing and medicine, she developed the Energy Codes. This life-altering program has now enabled thousands of people around the world to overcome pain, disease, fatigue, anxiety, and depression, and to awaken their innate creativity, intuition, and inner power. Bridging ancient healing practices with cutting-edge science, The Energy Codes offers a detailed road map to help you experience deep healing in your life. Grounded in practical, accessible exercises, including yoga, breathwork, meditations, and Dr. Morter's proprietary Bio-Energetic Synchronization Technique (BEST) protocol, The Energy Codes "offers deep insights...that brilliantly merge the ever-blending worlds of science and spirituality to help reveal the truth of our being and the depths of our greatness," (Jack Canfield, coauthor of the *Chicken Soup for the Soul* series).

*Vibrational Medicine* Ballantine Books

A concise full-color book, complete with detailed anatomical drawings, describes the most used and popular acupuncture points on the body that may be used with needle, pressure, moxa or magnets. Original.

*Wakeup* Llewellyn Worldwide

*Vibrational Medicine* Simon and Schuster

*Paper Doctor* Hay House, Inc

This book will serve as a key resource for all clinicians working in orthopedics, sports medicine, and rehabilitation for the sport of tennis. It provides clinically useful information on evaluation and treatment of the tennis player, covering the entire body and both general medical and orthopedic musculoskeletal topics. Individual sections focus on tennis-related injuries to the shoulder, the elbow, wrist, and hand, the lower extremities, and the core/spine, explaining treatment and rehabilitation approaches in detail. Furthermore, sufficient sport science information is presented to provide the clinical reader with extensive knowledge of tennis biomechanics and the physiological aspects of training and rehabilitation. Medical issues in tennis players, such as nutrition and hydration, are also discussed, and a closing section focuses on other key topics, including movement dysfunction, periodization, core training, and strength and conditioning specifics. The expansive list of worldwide contributors and experts coupled with the comprehensive and far-reaching chapter provision make this the highest-level tennis medicine book ever published.

*Shift* Brigham Distributing

This book covers recent advances in the use of electrostimulation therapies in movement disorders, epilepsy, inflammatory bowel disease, memory and cognition, disorders of consciousness, foot drop, dysphagia, brain injury, headache, heart failure, hearing

loss, and rheumatoid arthritis. It describes techniques such as vagus nerve stimulation, deep brain stimulation, and electrical stimulation of the pharyngeal nerve. *Electroceuticals: Advances in Electrostimulation Therapies* is aimed at clinicians and basic researchers in the fields of neurology, neurosurgery, cardiology and rheumatology.

*Tennis Medicine* BalboaPress

More than half a century after Einstein first described the energetic unity of the world in his famous equation,  $E=mc^2$ , we are finally beginning to understand the spiritual and mystical implications of his discovery. *Sanctuary: The Path to Consciousness* is about the miraculous possibilities that emerge when we see the universe as a matrix of frozen light, the spiritual manifestation of our intuitive consciousnesses. In this remarkable novel, you will find a new energetic model of the body, the spirit, and the nature of the physical world. It points the way to unlimited possibilities of absolute, eternal transformation, and you will find out that it is readily available now! After reading this book, you too can take advantage of the techniques of energetic Quantum-Consciousness Evaluation, and be able to identify and remove subtle-energy imbalances to attain and integrate physical, emotional, and spiritual harmony!

**Communing with the Divine** Springer

At the dawn of the 21st century, the old paradigms of medicine have begun to fall apart. We no longer believe that our bodies are machines with parts that wear down, only to be braced up by drugs or replaced through surgery. Instead, a growing number of pioneering researchers embrace a new view of healing – one expounded by Dr. Richard Gerber in his groundbreaking best-seller, *Vibrational Medicine*. Now he shows how to put this new way of thinking into practical use, describing the role of consciousness and "thought forms," as well as the benefits of homoeopathy, acupuncture, colour and light healing, magnetobiology, and other therapies. A traditionally trained physician, Dr. Gerber combines scientific evidence with traditional methods from the East and West to unlock our potential for healing ourselves.

*Infinite Mind* Simon and Schuster

"Comprehensive, encyclopedic, and lucid, this book is a must for all practitioners of the healing arts who want to broaden their understanding. Readers interested in the role of herbs and foods in healing will also find much to learn here, as I have. . . . A fine work."—Annemarie Colbin, author of *Food and Healing* The promise and mystery of Chinese medicine has intrigued and fascinated Westerners ever since the "Bamboo Curtain" was lifted in the early 1970s. Now, in *Between Heaven and Earth*, two of the foremost American educators and healers in the Chinese medical profession demystify this centuries-old approach to health. Harriet Beinfeld and Efre Korngold, pioneers in the practice of acupuncture and herbal medicine in the United States for over eighteen years, explain the philosophy behind Chinese medicine, how it works and what it can do. Combining Eastern traditions with Western sensibilities in a unique blend that is relevant today, *Between Heaven and Earth* addresses three vital areas of Chinese medicine—theory, therapy, and types—to present a comprehensive, yet understandable guide to this ancient system. Whether you are a patient with an aggravating complaint or a curious intellectual seeker, *Between Heaven and Earth* opens the door to a vast storehouse of knowledge that bridges the gap between mind and body, theory and practice, professional and self-care, East and West. "Groundbreaking . . . Here at last is a complete and readable guide to Chinese medicine."—San Francisco Chronicle

*A Practical Guide to Vibrational Medicine* University of Ottawa Press

**INTEGRAL HEALTH** The Path to Human Flourishing Everyone agrees that the mind/body connection is a critical component in healing and well-being. But how do you activate that connection? Practices like yoga, tai chi, reiki, and various types of meditation relate to and promote that connection, but, in themselves, don't produce the qualitative shift needed for the higher level of extraordinary, integral health. Rather than looking outside ourselves for new remedies, techniques, and programs, Elliott S. Dacher, M.D., says we have to redirect our vision from outside to inside. "To transform health and life we must shift our gaze inward, where we will find the ever-present source of exceptional health and healing," writes Dacher. As an internist for twenty-one years, Dr. Dacher was able to relieve his patients' physical suffering, but he grew more and more frustrated when he wasn't able to address his patients' underlying ailments like disabling fatigue, pervasive anxiety, or unrelenting low-level depression. That led him to seek a second medical education in the East, which spoke to him about wisdom, compassion, the alleviation of needless suffering, and the promotion of sustained health, happiness, and wholeness. This book provides the vision and the map that show how to achieve integral health as well as its many

fruits. Based on Ken Wilber's integral theory, that path is holistic, evolutionary, intentional, person-centered, and dynamic as it addresses four aspects of human existence - the inner aspects of the psycho-spiritual and the interpersonal and the outer aspects of the biological and the interpersonal. The seeker learns how to deal with and advance through each of the aspects, do an integral assessment of all four aspects, design a personalized program of integral practice, and progress toward integral health. By striving for human flourishing, we become co-creators in an evolutionary leap in health and well-being.

**A Fork in the Road** Oxford University Press

Are you a healer? Do you feel an inner desire to learn to see auras, to learn about and work with the chakras, and to use energy, color and light to heal yourself and others? If this fascinating and life-changing work has sparked your interest, you will find this groundbreaking and seminal book to be your truly comprehensive guide to learning energy healing. This is no ordinary healing book: the culmination of over 20 years of careful research and refinement, it will teach you extraordinary and extremely powerful techniques—stunning original, fundamental advances in energy healing not available anywhere else or in any other healing book or system—that will enable you to powerfully heal the aura and chakras. A meditation method and personal growth exercises especially designed for the energy healer are included, as are specific, advanced techniques for treatment of many serious illnesses. A mind- and spirit-expanding journey awaits you inside, as you explore the complete series of 62 step-by-step exercises that will lead you to genuine mastery of the healer's art. The extraordinary techniques you will learn inside include: How to call in and channel the energy, and give your first complete healing treatments. Complete instructions on learning to see the aura, including all seven layers. Comprehensive training in how to perform intuitive (psychic) readings, to read the condition of your patient's aura and chakras and the meaning of the colors and other phenomena you see in them. Sealing leaks and tears in the aura layers. Aura cleansing (removing negative energies from the aura). Unblocking chakras. How to channel color and light. Chakra charging (healing chakras and aura layers with color). Chakra system rebalancing (using color). Radiatory healing of seriously ill chakras. Past-life healing of the 7th layer of aura. A very powerful method of distance healing, and self-healing, using color and light. Specific treatment procedures for over 100 common illnesses and afflictions. A powerful meditation method, plus personal growth exercises for intuitive self-readings, chakra self-healing, empathic perception and thought communication. And much more. If you've studied other healing arts (such as Reiki) and are ready for your next step, or if you are new to this work yet eager to fully explore this exciting territory, this book is your key to discovering and bringing out your own inner knowledge and power as a healer, and stepping into the future of energy healing!

*Green Medicine* Malibu Pub

See how energy therapies can normalize physiology and restore your patients' health! *Energy Medicine: The Scientific Basis*, 2nd Edition provides a deeper understanding of energy and energy flow in the human body. Using well-established scientific research, this book documents the presence of energy fields, discerns how those fields are generated, and determines how they are altered by disease, disorder, or injury. It then describes how therapeutic applications can restore natural energy flows within the body. Written by recognized energy medicine expert Dr. James Oschman — who is also a physiologist, cellular biologist, and biophysicist — this resource shows how the science of energetics may be used in healing diseases that conventional medicine has difficulty treating. Easy-to-understand coverage simplifies the theory of energy medicine and the science behind it, providing detailed, coherent explanations for a complex subject. Well-established scientific research shows why and how energy medicine works. Multi-disciplinary approach covers energy medicine as it applies to various healthcare disciplines, from acupuncture to osteopathy to therapeutic touch and energy psychology.

*The Basic Code of the Universe* Simon and Schuster

Academic clinicians, clinical scientists, well-known practitioners of alternative medicine, and authors of popular works on the subject summarize the facts about complementary cardiovascular medicines so that physicians can confidently and knowledgeably advise their patients. The authors comprehensively explain the background for each important alternative therapy, its rationale, the evidence supporting its use, its possible interaction with standard medicines, and, where possible, what is known about its safety and efficacy. The therapies for treating coronary heart disease (CHD) range from the more commonly encountered herbs, vitamins, supplements, and dietary fats and oils, to such less familiar techniques as acupuncture, homeopathy, massage, chelation therapy, meditation, aroma therapies, prayer, and energy therapies.