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SELINA BLACK

Love Comes First National Geographic Books

Captain Bunn founded SOAR to develop effective methods for dealing with flight anxiety. Therapists who have found this phobia difficult to treat will find everything they need to give their clients success. Anxious flyers who have “tried everything” to no avail can look forward to joining the nearly 10,000 graduates of the SOAR program who now have the whole world open to them as they fly anxiety free wherever they want. This approach begins by explaining how anxiety, claustrophobia, and panic are caused when noises, motions—or even the thought of flying—trigger excessive stress hormones. Then, to stop this problem, Captain Bunn takes the reader step-by-step through exercises that permanently and automatically control these feelings. He also explains how flying works, why it is safe, and teaches flyers how to strategically plan their flight, choose the right airlines, meet the captain, and so on. Through this program, Captain Bunn has helped

thousands overcome their fear of flying. Now his book arms readers with the information they need to control their anxiety and fly comfortably.

Witches Penguin

Here is the twenty-fifth anniversary edition of Erica Jong's very first book: a surrealistic, funny, gastronomic, erotic, serious look at being human and female and American. Erica Jong, the best-selling author of *Fear of Flying*, and more recently, *Fear of Fifty*, began her literary life as a poet. *Fruits & Vegetables*, originally published in 1971, offers a glimpse into the daring, erotic imagination of a young author of great promise. Here is a writer who puts metaphors in her oven, fruits and vegetables in her bed. In her tide poem, Jong considers the character of the onion: "Not self-righteous like the proletarian potato, nor a siren like the apple. No show-off like the banana. But a modest, self-effacing vegetable, questioning, introspective, peeling itself away . . ." Throughout her debut collection, Erica Jong demonstrates a remarkable adventurousness, erudition, lyricism, and command of the poetic form. At the same time, she examines many of the themes she will pursue in years to come. On the subject of desire, she writes: "The corruption

begins with the eyes, / the page, the hunger. / It hangs on the first hook / of the first comma.... The corruption begins with the mouth, / the tongue, the wanting. / The first poem in the world / is I want to eat. For the many fans who have yet to discover-or rediscover-where the literary career of Erica Jong began, this special anniversary edition of *Fruits & Vegetables*, complete with a new preface by the author, is a must.

Soar Grove Press

A New York Times bestseller For millions of people, travel by air is a confounding, uncomfortable, and even fearful experience. Patrick Smith, airline pilot and author of the popular website www.askthepilot.com, separates fact from fallacy and tells you everything you need to know: • How planes fly, and a revealing look at the men and women who fly them • Straight talk on turbulence, pilot training, and safety. • The real story on delays, congestion, and the dysfunction of the modern airport • The myths and misconceptions of cabin air and cockpit automation • Terrorism in perspective, and a provocative look at security • Airfares, seating woes, and the pitfalls of airline customer service • The colors and cultures of the airlines we love to hate COCKPIT

CONFIDENTIAL covers not only the nuts and bolts of flying, but the grand theater of air travel, from airport architecture to in-flight service to the excitement of travel abroad. It's a thoughtful, funny, at times deeply personal look into the strange and misunderstood world of commercial flying. "Patrick Smith is extraordinarily knowledgeable about modern aviation...the ideal seatmate, a companion, writer and explorer." —Boston Globe "Anyone remotely afraid of flying should read this book, as should anyone who appreciates good writing and great information." —The New York Times, on ASK THE PILOT.

[Children of Paradise](#) Broadway

The 30th Anniversary special! Originally published in 1973, the ground-breaking, uninhibited story of Isadora Wing and her desire to fly free caused a national sensation—and sold more than twelve million copies. Now, after thirty years, the iconic novel still stands as a timeless tale of self-discovery, liberation, and womanhood.

[Sappho's Leap](#) Farrar, Straus and Giroux

"The Hollywood memoir that tells all . . . Sex. Drugs. Greed. Why, it sounds just like a movie."—The New York Times Every memoir claims to bare it all, but Julia Phillips's actually does. This is an addictive, gloves-off exposé from the producer of the classic films *The Sting*, *Taxi Driver*, and *Close Encounters of the Third Kind*—and the first woman ever to win an Academy Award for Best Picture—who made her name in Hollywood during the halcyon seventies and the yuppie-infested eighties and lived to tell the tale. Wickedly funny and surprisingly moving, *You'll Never Eat Lunch in This Town Again* takes you on a trip through the dream-manufacturing capital of the world and into the vortex of drug addiction and rehab on the arm of one who saw it all, did it all, and took her leave. Praise for *You'll Never Eat Lunch in This Town Again* "One of the most honest books ever written about one of the most dishonest towns ever created."—The Boston Globe "Gossip too hot for even the National Enquirer . . . Julia Phillips is not so much Hollywood's Boswell as its Dante."—Los Angeles Magazine "A blistering look at La La Land."—USA Today "One of the nastiest, tastiest tell-alls in showbiz history."—People

[Fear of Flying](#) Random House Trade Paperbacks

Erica Jong—like Isadora Wing, her fictional doppelganger—was rich and famous, brainy and beautiful, and soaring high with erotica and marijuana in 1977, the year this book was first published. Erica/Isadora are the perfect literary and libidinous guides for those readers who want to learn about—or just be reminded of—the sheer hedonistic innocence of the time. *How to Save Your Own Life* was praised by People for being "shameless, sex-saturated and a joy," and hailed by Anthony Burgess as one of the ninety-nine best novels published in English since 1939.

[Fear of Fifty](#) Catapult

A wide-ranging collection of essays by one of America's most perceptive critics of popular and literary culture From one of America's most insightful and independent-minded critics comes a remarkable new collection of essays, her first in more than fifteen years. Daphne Merkin brings her signature combination of wit, candor, and penetrating intelligence to a wide array of subjects that touch on every aspect of contemporary culture, from the high calling of the literary life to the poignant underside of celebrity to our collective fixation on fame. "Sometimes it seems to me that the private life no longer suffices for many of us," she writes, "that if we are not observed by others doing glamorous things, we might as well not exist." Merkin's elegant, widely admired profiles go beneath the glossy façades of neon-lit personalities to consider their vulnerabilities and demons, as well as their enduring hold on us. As her title essay explains, she writes in order "to save myself through saving wounded icons . . . Famous people . . . who required my intervention on their behalf because only I understood the desolation that drove them." Here one will encounter a gallery of complex, unforgettable women—Marilyn Monroe, Courtney Love, Diane Keaton, and Cate Blanchett, among others—as well as such intriguing male figures as Michael Jackson, Mike Tyson, Truman Capote, and Richard Burton. Merkin reflects with empathy and discernment on what makes them run—and what makes them stumble. Drawing upon her many years as a book critic, Merkin also offers reflections on writers as varied as Jean Rhys, W. G. Sebald, John Updike, and Alice Munro. She considers the vexed legacy of feminism after Betty Friedan, Bruno Bettelheim's tarnished reputation as a healer, and the reenvisioning of Freud by the elusive Adam Phillips. Most of all, though, Merkin is a writer who is not afraid to implicate herself as a participant in our consumerist and overstimulated culture. Whether ruminating upon the subtext of lip gloss, detailing the vicissitudes of a pre-Yom Kippur pedicure, or arguing against our obsession with household pets, Merkin helps makes sense of our collective impulses. From a brazenly honest and deeply empathic observer, *The Fame Lunches* shines a light on truths we often prefer to keep

veiled—and in doing so opens up the conversation for all of us.

[Fanny W. W. Norton & Company](#)

The #1 New York Times–bestselling author of *Fear of Flying* brings the seductive Greek poet to life in this “enormously entertaining” tale (Booklist). As she stands poised at the edge of a precipice in the shadow of the sanctuary of Apollo, the greatest love poet who ever was or ever will be recalls the eventful fifty years that have led her to this moment. It was love that seduced her, at age sixteen, into an ill-fated plot with the poet Alcaeus to depose the despot of the island of Lesbos. It was love that made her trade the unwanted marriage bed of an old, despised, and drunken husband for a seemingly endless series of lovers, both male and female. For Sappho, life has always been a banquet to be savored to the fullest, a strange and sensual odyssey that has carried her to the far corners of the ancient world. Devoted to the goddess Aphrodite and granted the gift of immortal song, she has followed her magnificent destiny from Delphi to Egypt, to the land of the Amazons, the realm of the centaurs, and into the stygian depths of Hades itself, often in the company of her companion and friend, the fabulist slave Aesop. Through every grand affair and every wild adventure, she has remained forever true to her heart, her passion, and herself, right up to this, the end of everything. Combining evocative and realistic detail with unabashedly outrageous invention, Erica Jong's *Sappho's Leap* is a flawless gem of historical fiction boldly imagined by one of America's most enthralling storytellers. This ebook features an illustrated biography of Erica Jong including rare photos and never-before-seen documents from the author's personal collection.

[Fear of Dying](#) Anchor

Discusses the safety statistics of flying, explains how planes fly, and reviews airline maintenance and safety practices

[Sugar in My Bowl](#) Penguin

In a love story that goes to the very heart of male-female relations, Anne O. Faulk updates for the nineties the tale of Lysistrata -- who persuaded the women of Athens to withhold sex from their husbands to end a war. Not since Erica Jong's *Fear of Flying* has a novel been as stunningly sexy as it is smart. Like millions of American women, Lauren Fontaine, thirty-six-year-old Atlanta financial wizard and single mother, was outraged when the wife of a top government leader committed suicide after enduring years of spousal abuse. Worse, the abuser stayed in office, no blame, no shame. But it was Lauren's brilliant idea to stage a protest that would hit men where they live: no sex. Nada, zip -- until justice was done. A majority of women across America agreed. Then all hell broke loose. The male power structure -- and Lauren's new boyfriend -- are miserable about women holding out. Now someone is using dirty tricks, underhanded tactics, and outright terror to stop Lauren and her movement. The eye-popping results make for the wisest, funniest, and most provocative book you'll read this year. *Holding Out* is a call to arms you won't soon forget.

[The Feminine Mystique](#) Main Street Books

Love Comes First is Erica Jong's long-awaited return to her poetic roots! Here is Erica Jong's first book of all-new poems in more than a decade. Known and beloved for *Fear of Flying* and her many other books of fiction, nonfiction and poetry, Jong expounds on the most eternal, universal topic of all: love. Using brilliant imagery and intense metaphorical insights to paint vivid pictures of love, and all that comes with it--the heights of elation, the depths of sorrow--she covers every inch of the spectrum with her vibrant and insightful words. Perfect for wedding showers, lovers of all ages, and Valentine's Day, Jong's trademark trailblazing style and remarkable ability to bridge the gap between literary and popular poetry makes *Love Comes First* an instant classic. Discover-- or discover yet again--the brilliance of Erica Jong. Watch the trailer for this book:

[Loveroot](#) Open Road Media

Any Woman's Blues, first published in 1990, is a tale of addiction and narcissism—the twin obsessions of our age. World-famous folk singer Leila Sand emerged from the sixties and seventies with addictions to drugs and booze. Leila's latest addiction is to a younger man who leaves her sexually ecstatic but emotionally bereft. The orgasmic frenzies trump the betrayals, so she keeps coming back for more. Eventually, Leila frees herself by learning the rules of love, the Twelve Steps, and the Key to Serenity in an odyssey that takes her from AA meetings to dens of sin, parties with "names" worth dropping, and erotic gondola rides.

[How to Save Your Own Life](#) John Wiley & Sons

Susan Cheever uses previously unpublished letters, journals, and her own precious memories to create an insightful and candid tribute to her father, John Cheever.

[Fear of Flying](#) Simon & Schuster

A fiftieth anniversary edition of the trailblazing women's reference shares anecdotes and interviews that were originally collected in the early 1960s to inspire women to develop their intellectual capabilities and reclaim lives beyond period conventions.

[Hello, I'm Erica Jong](#) Penguin

Feminist Erica Jong contemplates women of the 1990s--what they want and what society expects from them. Considers issues such as work, power, sex, and relationships. Essays discuss such public figures as Princess Diana and Hillary Rodham Clinton, and muse on "the perfect man." Some strong language and some descriptions of sex.

[Jernigan](#) Rowman & Littlefield

"Original artwork by Michael McClard"--Title page verso.

[Days of Fire](#) St. Martin's Press

Fear of Dying is a hilarious, heart wrenching, and beautifully told story about what happens when one woman steps reluctantly into the afternoon of life. Vanessa Wonderman is a gorgeous former actress in her 60's who finds herself balancing between her dying parents, her aging husband and her beloved, pregnant daughter. Although Vanessa considers herself "a happily married woman," the lack of sex in her life makes her feel as if she's losing something too valuable to ignore. So she places an ad for sex on a site called Zipless.com and the life she knew begins to unravel. With the help and counsel of her best friend, Isadora Wing, Vanessa navigates the phishers and pishers, and starts to question if what she's looking for might be close at hand after all. *Fear of Dying* is a daring and delightful look at what it really takes to be human and female in the 21st century. Wildly funny and searingly honest, this is a book for everyone who has ever been shaken and changed by love.

[Fruits And Vegetables](#) Ecco

A New York Times Top 10 Best Book of the Year A Washington Post Notable Book *Theirs* was the most captivating American political partnership since Richard Nixon and Henry Kissinger: a bold and untested president and his seasoned, relentless vice president. Confronted by one crisis after another, they struggled to protect the country, remake the world, and define their own relationship along the way. The real story of George W. Bush and Dick Cheney is far more fascinating than the familiar suspicion that Cheney was the power behind the throne. Drawing on hundreds of interviews with key players, and thousands of pages of private notes, memos, and other internal documents, Baker paints a riveting portrait of a partnership that evolved dramatically over time, during an era marked by devastating terror attacks, the Iraq War, Hurricane Katrina, and financial collapse. Peter Baker has produced a monumental and definitive work that ranks with the best of presidential histories.

[Parachutes & Kisses](#) Penguin

"Playful and poetic . . . A foxy, original writer. Memory fuses with wonder, and wonder with worship." —The Wall Street Journal "Marvelously vivid, perfectly tuned. . . Tolstaya is well known in Russia as a brilliant and caustic political critic, but her memories of her Soviet childhood have a tender, personal quality." —The New York Times Book Review "Grimly hilarious ... Everything in this generous writer's hands is vivid and alive ...Tolstaya is divinely quotable—slangy, indignant, lyrical, crude...It's all sublime...the swerve and cackle, the breeziness and dark depths...the torrents of language and the offhand perfect touch...She has been compared to Chekhov. Absurd...Tolstaya barrels by him and knocks him in the ditch." —Joy Williams, Bookforum From one of modern Russia's finest writers, a spellbinding collection of eighteen stories, her first to be translated into English in more than twenty years. Ordinary realities and yearnings to transcend them lead to miraculous other worlds in this dazzling collection of stories. A woman's deceased father appears in her dreams with clues about the afterlife; a Russian professor in a small American town constructs elaborate fantasies during her cigarette break; a man falls in love with a marble statue as his marriage falls apart; a child glimpses heaven through a stained-glass window. With the emotional insight of Chekhov, the surreal satire of Gogol, and a unique blend of humor and poetry all her own, Tolstaya transmutes the quotidian into aetherial alternatives. These tales, about politics, identity, love, and loss, cut to the core of the Russian psyche, even as they lay bare human universals. Tolstaya's characters--seekers all--are daydreaming children, lonely adults, dislocated foreigners in unfamiliar lands. Whether contemplating the strategic complexities of delivering telegrams in Leningrad or the meditative melancholy of holiday aspic, vibrant inner lives and the grim elements of existence are registered in equally sharp detail in a starkly bleak but sympathetic vision of life on earth. A unique collection from one of the first women in years to rank among Russia's most important writers.

[White Knuckles](#) Sourcebooks, Inc.

Poet, novelist, and essayist, the legendary Erica Jong—whose novel *Fear of Flying* opened eyes and broke down walls—offers us a provocative collection of essays about sex from some of the most respected female authors writing today. “Real Women Write about Real Sex” in *Sugar in My Bowl*,

as such marquee names as Gail Collins, Eve Ensler, Daphne Merken, Anne Roiphe, Liz Smith, Naomi Wolf, and Jennifer Weiner, to name but a few, join together to speak openly about female

desire—what provokes it and what satisfies it. In the free, unfettered spirit of *The Bitch in the House*, *Sugar in My Bowl* explores the bedroom lives of women with daring, wit, intelligence, and candor.