

---

# Raising Cain Protecting The Emotional Life Of Boys Dan Kindlon

---

The Hurried Woman Syndrome  
My Fractured Life  
Untangled  
Are My Kids on Track?  
The War Play Dilemma  
Bringing Up Geeks  
Swagger  
The Way of Boys  
Help Your Boys Succeed  
Raising Cain  
The Pressured Child  
Speaking of Boys  
Quintana & Friends  
How To Raise A Boy  
The Strength Switch  
Reviving Ophelia  
Raising Self-reliant Children in a Self-indulgent World  
Today I Feel . . .  
The Child with Special Needs  
Have a New Teenager by Friday  
William's Doll  
The Heart of a Father  
Life Interrupted!  
Homesick and Happy  
Too Much of a Good Thing  
Always My Child  
Why Do They Act That Way? - Revised and Updated  
And Words Can Hurt Forever  
They Don't Like Me  
The Self-Driven Child  
Raising Cain: Protecting the Emotional Life of Boys  
Best Friends, Worst Enemies  
Masterminds and Wingmen  
It's a Boy!  
Raising Cain  
Defend with Your Life  
Raising an Emotionally Intelligent Child  
Brainstorm

Raising Boys  
He's Not Lazy

*Raising Cain Protecting The Emotional  
Life Of Boys Dan Kindlon*

Downloaded from <ftp.wtvq.com> by guest

---

## HULL MARSHALL

---

### The Hurried Woman Syndrome Harmony

The Way of Boys by renowned psychologist Dr. Anthony Rao is an important wake-up call to the dangers of over-medicating our male children and our current tendency to treat their active boyhood as an illness. Dr. Rao raises a much-needed alarm in this essential volume that belongs in every parent's collection alongside Raising Cain by Michael Thompson. In these times when many parents, concerned about ADHD, Asperger's Syndrome, and bipolar disorder, may be dangerously misinterpreting their young sons' healthy, normal development process, The Way of Boys is must reading.

*My Fractured Life* Turtleback Books

"A guide to the stages and issues in boys' development from birth to manhood"--Provided by publisher.

**Untangled** Abrams

"Dunne has a wicked eye for the telling details, an uncanny ear for the revealing phrase."—The New York Times. Quintana & Friends gathers thirty-three brilliant essays written by a pioneer of New Journalism between 1963 and 1978. John Gregory Dunne's gifts for keen reportage, subtle storytelling, and articulate opinion on full display, he covers topics ranging from the Hollywood machine to America's last fight club to departure day for young soldiers shipping out to Viet Nam. In a celebrated baseball essay, he follows San Francisco Giant outfielder Willie Mays as the slugger seeks to break the National League career home-run record, his portrait capturing a prickly veteran not shy, in an age before PR handlers for athletes, of expressing his annoyance with reporters. In "Sneak," Dunne brings us inside Twentieth-Century Fox's Minneapolis advance screening of the movie Dr. Doolittle. In "Quebec Zero," he spends 24 hours underground with a crew of four young men manning nuclear missiles aimed at the Soviet Union, Dunne's goal "to see how it worked on the mind, to have World War III only an arm's length away." In the title essay, Dunne writes of raising his adopted daughter Quintana with wife

Joan Didion, speculating about the day the girl might wish to seek out her birth mother. In "Friends," he writes movingly of a best friend, screenwriter Josh Greenfield, father to an autistic son. "Eureka" celebrates Los Angeles. "Pauline" famously takes down revered New Yorker movie critic Pauline Kael. And in the much-discussed essay "Gone Hollywood," Dunne blasts the notion that the movie business is a destroyer of writing talent. "The ecology of Hollywood eludes them," he writes of those who bemoan the studio system's effects on writers. Echoing this point in the Kael essay, occasional screenwriter Dunne, making reference to an Upper West Side of Manhattan grocery store, famously declares: "The writers who fell apart in Hollywood would have fallen apart in Zabar's." Download this first-ever digital edition of Quintana & Friends and enjoy John Gregory Dunne at his wittiest, most observant, and powerfully eloquent best.

Are My Kids on Track? Penguin

At least once a year, around the time of examination results, the papers are full of stories of how boys are underachieving in comparison to girls. While arousing the curiosity, and often deeply troubling the parents of boys, the press, and indeed the government, rarely offers more than the 'laddish culture' or 'anti social behaviour' as the root cause. Parents deserve and need to know the full range of reasons why boys are underachieving and, fundamentally, what they can do to help prevent disaffection and underachievement in their boys. This highly informative and highly practical book contains strong messages about the need to develop independence in boys, the importance of male role models within the close (and extended) family and what to look out for in school, including signs of peer pressure and limiting negative self beliefs. It gives advice on how best to support boys in their learning and in developing self esteem.

The War Play Dilemma Ballantine Books

As a society, we are only just beginning to understand the degree of damage that bullying inflicts on individual teenagers and on their relationships later in life. In this groundbreaking work, James Garbarino and Ellen deLara uncover the staggering extent of emotional cruelty and its ramifications and counter the nursery rhyme that words don't hurt. In this groundbreaking work, James

Garbarino, the bestselling author of Lost Boys, and Ellen deLara uncover the staggering extent and consequences of schoolyard bullying and classroom hostility, flat-out contradicting the nursery rhyme that "words can never hurt you." The authors then present evidence that teenagers—hundreds of whom they interviewed—have the solution to school violence, if only adults would listen. Bullying has long been regarded as a way of life. Ever since Columbine, however, student reactions to harassment and intimidation are, finally, driving parents to consider this phenomenon seriously. And Words Can Hurt Forever teaches parents to accept reality (bullying occurs daily), challenge old beliefs ("Kids will be kids" or "If I lived through it, so can they"), and ally with other parents to take on the school system. Revelatory and ultimately uplifting, And Words Can Hurt Forever doesn't just highlight the problem, but offers steps that can be taken—must be taken—to solve it.

*Bringing Up Geeks* Harper Collins

A landmark book that reveals the way boys think and that shows parents, educators and coaches how to reach out and help boys overcome their most common and difficult challenges -- by the bestselling author who changed our conception of adolescent girls. Do you constantly struggle to pull information from your son, student, or athlete, only to encounter mumbling or evasive assurances such as "It's nothing" or "I'm good?" Do you sense that the boy you care about is being bullied, but that he'll do anything to avoid your "help?" Have you repeatedly reminded him that schoolwork and chores come before video games only to spy him reaching for the controller as soon as you leave the room? Have you watched with frustration as your boy flounders with girls? Welcome to Boy World. It's a place where asking for help or showing emotional pain often feels impossible. Where sports and video games can mean everything, but working hard in school frequently earns ridicule from "the guys" even as they ask to copy assignments. Where "masterminds" dominate and friends ruthlessly insult each other but can never object when someone steps over the line. Where hiding problems from adults is the ironclad rule because their involvement only makes situations worse. Boy world is governed by social hierarchies and

a powerful set of unwritten rules that have huge implications for your boy's relationships, his interactions with you, and the man he'll become. If you want what's best for him, you need to know what these rules are and how to work with them effectively. What you'll find in *Masterminds and Wingmen* is critically important for every parent – or anyone who cares about boys – to know. Collaborating with a large team of middle- and high-school-age editors, Rosalind Wiseman has created an unprecedented guide to the life your boy is actually experiencing – his on-the-ground reality. Not only does Wiseman challenge you to examine your assumptions, she offers innovative coping strategies aimed at helping your boy develop a positive, authentic, and strong sense of self.

#### Swagger Simon and Schuster

At a time when many boys are in crisis, a much-needed roadmap for helping boys grow into strong and compassionate men. Over the past two decades there has been an explosion of new studies that have expanded our knowledge of how boys think and feel. In *How to Raise a Boy*, psychologist Michael Reichert draws on his decades of research to challenge age-old conventions about how boys become men. Reichert explains how the paradigms about boys needing to be stoic and "man like" can actually cause them to shut down, leading to anger, isolation, and disrespectful or even destructive behaviors. The key to changing the culture lies in how parents, educators, and mentors help boys develop socially and emotionally. Reichert offers readers step-by-step guidance in doing just this by: Listening and observing, without judgment, so that boys know they're being heard. Helping them develop strong connections with teachers, coaches, and other role models. Encouraging them to talk about their feelings about the opposite sex and stressing the importance of respecting women. Letting them know that they don't have to "be a man" or "suck it up," when they are experiencing physical or emotional pain. Featuring the latest insights from psychology and neuroscience, *How to Raise a Boy* will help those who care for young boys and teenagers build a boyhood that will enable them to grow into confident, accomplished and kind men.

#### *The Way of Boys* A&C Black

My eight-year-old son is the only boy in his class who doesn't have a Gameboy. I don't want him to be ostracized for not having one, but I worry that it's addictive. What do you think? Our two

sons are eleven and fourteen, and they are fiercely competitive. The tension around our house is awful. How can we help them get along better? We've worked very hard to keep our ten-year-old son in touch with his feelings. Sometimes it seems as if we've put him at a disadvantage, surrounded by tougher boys who can be pretty cruel with teasing. How can we help him protect himself when other boys start to tease? With his bestselling book *Raising Cain*, Michael Thompson, Ph.D., at last broke the silence surrounding the emotional life of boys and spearheaded an important national debate. His warmth and humor quickly made him a popular and respected international speaker and consultant. Now he directs his authority, insight, and eloquence to answering your questions about raising a son. With candid questions and thoughtful, detailed responses, *Speaking of Boys* covers hot-button topics such as peer pressure, ADHD/ADD, and body image as well as traditional issues such as friendship, divorce, and college and career development. This perceptive, informative, and passionate book will leave you not only with useful, practical advice but also with the comforting knowledge that other parents share the same concerns you do when it comes to raising our boys into well-adjusted, responsible men.

#### *Help Your Boys Succeed* Harper Collins

In this New York Times–bestselling book, Dr. Daniel Siegel shows parents how to turn one of the most challenging developmental periods in their children's lives into one of the most rewarding. Between the ages of twelve and twenty-four, the brain changes in important and, at times, challenging ways. In *Brainstorm*, Dr. Daniel Siegel busts a number of commonly held myths about adolescence—for example, that it is merely a stage of "immaturity" filled with often "crazy" behavior. According to Siegel, during adolescence we learn vital skills, such as how to leave home and enter the larger world, connect deeply with others, and safely experiment and take risks. Drawing on important new research in the field of interpersonal neurobiology, Siegel explores exciting ways in which understanding how the brain functions can improve the lives of adolescents, making their relationships more fulfilling and less lonely and distressing on both sides of the generational divide.

#### Raising Cain Ballantine Books

Offers advice and support for parents with adolescents dealing with sexual identity, personal confusion, bigotry, tension, and

other challenges of being gay, lesbian, bisexual, or transgendered.

#### **The Pressured Child** Simon and Schuster

A wake-up call for parents about the real world boys inhabit right now. This book is packed with research-proven, parent-tested, teacher-approved solutions on how to raise boys, delivered with Bloom's trademark no-nonsense, often humorous, take-charge voice.

#### **Speaking of Boys** Ballantine Books

*It's a Boy!* provides expert advice on the developmental, psychological, social, emotional, and academic life of boys from infancy through the teen years. Exploring the many ways in which boys strive for masculinity and attempt to define themselves, psychologist Michael Thompson, Ph.D., a leading international expert on boys' development, and journalist Teresa H. Barker identify the key developmental transitions that mark a boy's psychological growth and emotional health, and the challenges both boys and parents face at each age. • *Baby Boys* (birth to 18 months): falling in love with your son, healthy attachment, trust, and temperament • *Toddler Years* (18 months to 3 years): boys on the go, bold steps, blankies, budding language, and rambunctious physicality • *Powerful Little Boys* (ages 3 and 4): superhero ambitions, learning to manage the force of his anger, and celebrating the power of the boy group • *Starting School* (ages 5 through 7): developmental cues for school readiness, transitional challenges, tough talk, tender hearts, and first friends • *Boys on a Mission* (ages 8 through 10): striving for mastery in sports, organizing the boy brain for school success, and glaring academic gender gaps • *The Preteen* (ages 11 through 13): puberty, posturing, and popularity, the culture of cruelty, and stoic silence in the middle school years • *Early High School* (ages 14 and 15): powerful peer groups, sexuality, the shift away from Mom, and yearning for Dad's respect and attention • *On the Brink of Manhood* (ages 16 through 18): the quest for independence, sex, love, driving, drinking, and other challenges of life. Practical, insightful, and engaging, *It's a Boy!* is the definitive guide to raising boys in today's world, revealing with humor, compassion, and joy all the infinite varieties of boys and the profound ways in which we love them.

#### Quintana & Friends Teachers College Press

The stunning success of *Reviving Ophelia*, Mary Pipher's landmark

book, showed a true and pressing need to address the emotional lives of girls. Now, finally, here is the book that answers our equally timely and critical need to understand our boys. In *Raising Cain*, Dan Kindlon, Ph.D., and Michael Thompson, Ph.D., two of the country's leading child psychologists, share what they have learned in more than thirty-five years of combined experience working with boys and their families. They reveal a nation of boys who are hurting—sad, afraid, angry, and silent. Statistics point to an alarming number of young boys at high risk for suicide, alcohol and drug abuse, violence and loneliness. Kindlon and Thompson set out to answer this basic, crucial question: What do boys need that they're not getting? They illuminate the forces that threaten our boys, teaching them to believe that "cool" equals macho strength and stoicism. Cutting through outdated theories of "mother blame," "boy biology," and "testosterone," Kindlon and Thompson shed light on the destructive emotional training our boys receive—the emotional miseducation of boys. Through moving case studies and cutting-edge research, *Raising Cain* paints a portrait of boys systematically steered away from their emotional lives by adults and the peer "culture of cruelty"—boys who receive little encouragement to develop qualities such as compassion, sensitivity, and warmth. The good news is that this doesn't have to happen. There is much we can do to prevent it. Kindlon and Thompson make a compelling case that emotional literacy is the most valuable gift we can offer our sons, urging parents to recognize the price boys pay when we hold them to an impossible standard of manhood. They identify the social and emotional challenges that boys encounter in school and show how parents can help boys cultivate emotional awareness and empathy—giving them the vital connections and support they need to navigate the social pressures of youth. Powerfully written and deeply felt, *Raising Cain* will forever change the way we see our sons and will transform the way we help them to become happy and fulfilled young men.

**How To Raise A Boy** Touchstone Books

This important book goes beyond issues of strictness and leniency to show parents how to develop their children's values of accountability and adherence to responsible, internalized standards of behavior. Children will value the presence of these responsible, self-reliant, and mature traits in themselves. *The Strength Switch* Xlibris Corporation

#1 New York Times Bestseller The groundbreaking work that poses one of the most provocative questions of a generation: what is happening to the selves of adolescent girls? As a therapist, Mary Pipher was becoming frustrated with the growing problems among adolescent girls. Why were so many of them turning to therapy in the first place? Why had these lovely and promising human beings fallen prey to depression, eating disorders, suicide attempts, and crushingly low self-esteem? The answer hit a nerve with Pipher, with parents, and with the girls themselves. Crashing and burning in a "developmental Bermuda Triangle," they were coming of age in a media-saturated culture preoccupied with unrealistic ideals of beauty and images of dehumanized sex, a culture rife with addictions and sexually transmitted diseases. They were losing their resiliency and optimism in a "girl-poisoning" culture that propagated values at odds with those necessary to survive. Told in the brave, fearless, and honest voices of the girls themselves who are emerging from the chaos of adolescence, *Reviving Ophelia* is a call to arms, offering important tactics, empathy, and strength, and urging a change where young hearts can flourish again, and rediscover and reengage their sense of self.

*Reviving Ophelia* Infinity Pub

The push for students to excel at school and get into the best colleges has never been more intense. In this invaluable new book, the bestselling co-author of *Raising Cain* addresses America's performance-driven obsession with the accomplishments of its kids—and provides a deeply humane response. "How was school?" These three words contain a world of desire on the part of parents to know what their children are learning and experiencing in school each day. Children may not divulge much, but psychologist Michael Thompson suggests that the answers are there if we know how to read the clues and—equally important—if we remember our own school days. School, Thompson reminds us, occupies more waking hours than kids spend at home; and school is full not just of studies but of human emotion—excitement, fear, envy, love, anger, sexuality, boredom, competitiveness. Through richly detailed interviews, case histories, and student e-mail journals, including those of his own children, Thompson illuminates the deeper psychological journey that school demands, a journey that all children must take in order to grow and develop, whether they are academic

aces or borderline dropouts. Most of us remember this journey, if we are honest with ourselves, but our children must experience it in their own way, for better or worse. In stories that are by turns poignant, shocking, uplifting, and inspiring, we see students grapple with the textured reality of their lives, devising their own unique strategies to survive and thrive in school. For parents, this book reveals the hidden emotional landscape of the school day and points toward the answers we both desire and dread as we seek to help our children find success in school and beyond. Bridging the worlds of the growing and the grown-up, and told in Thompson's compassionate voice as both psychologist and father, *The Pressured Child* shows us how to listen for the truth of our children's experience—and how to trust, love, and ultimately let go of a child. It is a crucial book for our stressful age—and an ideal resource for families struggling to survive it.

**Raising Self-reliant Children in a Self-indulgent World**

Ballantine Books

Offers guidelines to parents of children with developmental challenges

*Today I Feel . . .* McGraw Hill Professional

An insightful and powerful look at the magic of summer camp—and why it is so important for children to be away from home . . . if only for a little while. In an age when it's the rare child who walks to school on his own, the thought of sending your "little ones" off to sleep-away camp can be overwhelming—for you and for them. But parents' first instinct—to shelter their offspring above all else—is actually depriving kids of the major developmental milestones that occur through letting them go—and watching them come back transformed. In *Homesick and Happy*, renowned child psychologist Michael Thompson, PhD, shares a strong argument for, and a vital guide to, this brief loosening of ties. A great champion of summer camp, he explains how camp ushers your children into a thrilling world offering an environment that most of us at home cannot: an electronics-free zone, a multigenerational community, meaningful daily rituals like group meals and cabin clean-up, and a place where time simply slows down. In the buggy woods, icy swims, campfire sing-alongs, and daring adventures, children have emotionally significant and character-building experiences; they often grow in ways that surprise even themselves; they make lifelong memories and cherished friends. Thompson shows how children who are away

from their parents can be both homesick and happy, scared and successful, anxious and exuberant. When kids go to camp—for a week, a month, or the whole summer—they can experience some of the greatest maturation of their lives, and return more independent, strong, and healthy.

[The Child with Special Needs](#) Random House Digital, Inc.

Tools for Identifying and Developing Spiritual, Social, and Emotional Growth From birth to adulthood, our children's physical and intellectual development is carefully tracked and charted. But what about their hearts? After all, how our children develop emotionally, socially, and spiritually will determine who they become as husbands and wives, fathers and mothers, friends and co-workers. *Are My Kids on Track?* helps you identify and measure 12 key emotional, social, and spiritual milestones in your

children's lives. Moreover, you will discover practical ways to guide your kids through any stumbling blocks they might encounter and help them reach the appropriate landmarks. Along the way the authors pinpoint the different ways boys and girls develop, so you can help your child flourish in his or her own way. Filled with decades of experience from three practicing counselors, speakers, and writers, this book provides you with valuable, current research and user-friendly, hands-on practices to make supporting your kids' soul development a seamless part of family life. Don't just raise smart kids--raise courageous, compassionate, resilient, empathetic, and smart kids.

*Have a New Teenager* by Friday Baker Books

Unlock your child's potential by helping them build their

strengths. As a strengths-based scientist for more than 20 years, Dr Lea Waters has witnessed first-hand how focusing on our children's strengths, rather than correcting their weaknesses, can help build resilience and optimism, and offer protection from depression and anxiety. In this game-changing book, she argues that by throwing the 'strength switch' parents can encourage creativity, develop their children's self-esteem and energy, and enhance achievement — and she offers easy-to-follow steps to teach parents how. With specific tips for interacting with your kids and your teens, *The Strength Switch* offers all the tools parents need to discover talents in their children, use positive emotions as a resource, build strong brains, and deal with problem behaviours and difficult emotions. This essential book will show parents how a small shift can yield enormous results.