

Attachment And Sexuality In Clinical Practice

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 The Science of Intimate Relationships
 Body-to-Body Intimacy
 Attachment Theory and Close Relationships
 Attachment in Adulthood, First Edition
 Sexuality and Attachment in Clinical Practice
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 Attachment and Sexuality
 Sex, Attachment and Couple Psychotherapy

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PRECIOUS OLSEN

Attached Jason Aronson, Incorporated

Although sexuality is an integral part of close romantic relationships, research linking these two constructs has been less systematic than other areas pertaining to close relationships. To date, researchers in communication, sociology, family studies, psychology, and psychiatry, have made significant advances in both of these fields. The editors' goal is to integrate this research into one volume. They bring together major scholars from the diversity of fields working on close relationship topics to examine past contributions and new directions in sexuality. The emphasis is on theoretical integration and stimulation, methodological rigor, and critical analysis. This volume explores: *early sexual experiences and their impact on late life sexuality; *how life's stresses impact sexuality and satisfaction with closeness; *the affect of postpartum depression on sexuality; and *the relationship between control, power, anger, as well as revenge and sexual processes in couples. The Handbook of Sexuality in Close Relationships is intended for students and researchers in the disciplines of social, clinical, developmental, and health psychology; family studies; counseling; and interpersonal, family, and health communication. An excellent reference in advanced courses in close relationships taught in psychology, communications, sociology, anthropology, and family studies, the material in Part V will also appeal to clinical psychologists, health professionals, and policymakers.

The Science of Intimate Relationships Psychology Press

This book offers a detailed road map for overcoming sexual and relationship impasses originating from painful childhood experiences. Large numbers of adults with histories of childhood trauma and neglect suffer persistent relationship and sexual difficulties. Unfortunately, most have failed to receive adequate help with emerging from these deep and complex problems. *Coming Home to Passion: Restoring Loving Sexuality in Couples with Histories of Childhood Trauma and Neglect* explores the enduring impacts—physiological, psychological, and behavioral—of childhood trauma and neglect. Author Ruth Cohn, drawing on 25 years of experience working with trauma survivors and their partners and families, lays out a practical and actionable course for recovery in clear, accessible language. This book provides direction and hope to those with trauma backgrounds while also serving as a unique resource for professional readers. Integrating in-depth information on attachment and relationship, trauma and neglect, and sexuality, Cohn details a practical, hands-on treatment approach for revitalizing love, health, and passion.

Body-to-Body Intimacy Routledge

Attachment theory is on the leading edge of a conceptual revolution. It offers a new paradigm that can synthesize into a more coherent whole the best ideas from psychoanalysis, cognitive science, and neurobiology. With its emphasis on relationships, attachment theory is determinedly humanistic, while retaining the scientific vigor of Darwinian ethnology. Attachment theory provides an overall framework for thinking about relationships, or more accurately, about those aspects of relationships that are shaped by threat and the need for security, themes that are central to the work of psychotherapy. In this book Jeremy Holmes explores the contribution of attachment theory to everyday psycho-therapeutic practice where patients are usually seen once weekly, or less, for no more than two to three years.

Attachment Theory and Close Relationships Guilford Press

Out of control sexual behavior is referred to variously as "sex addiction", "sexual compulsivity", and "hypersexuality", among other terms, has been a controversial and attention-getting issue since it first captured both public and professional attention over 30 years ago. Previous discussions of this behavior have been grounded in conceptualizing it as a pathologized, medical issue on par with substance abuse addictions, or, in backlash, as simply irresponsible behavior indicating weakness in

the individual. In keeping with the call from many leaders in the mental health and sexual health areas to move beyond these two polarized conceptualizations of these sexual behavior problems, the authors present a model for working with clients in both group and individual treatment settings. Based on their experience with hundreds of clients, this book provides a comprehensive and practical conceptualization of out of control sexual behavior framed as a sexual health problem within a larger model of human behavior, not a psychiatric or addictive disorder. The book includes step-by-step tools for assessment, treatment planning as well as treatment implementation. It describes a process for professionals to guide clients to define and be accountable for their own personal vision of sexual health as the foundation on which they regain sexual behavior control. The authors provide rich and varied composite case examples based on 20 years of clinical experience that demonstrate clinician sexual health treatment conversations and tools, as well as stories of hope and guidance so essential to individuals wanting to understand how sexual health can be the essential ally in changing their sexual behavior.

Attachment in Adulthood, First Edition Guilford Press

The concluding chapter reflects on the key issues addressed, considers the deeper philosophical implications of current work in the field, and identifies pivotal directions for future investigation."--
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Sexuality and Attachment in Clinical Practice Psychology Press

Sexuality and Its Disorders explores sexuality from an evolutionary perspective using powerful, real-life case studies to help readers provide effective guidance around issues relating to sexuality. Drawing on his 30 years of clinical experience and research, author Mike Abrams provides a comprehensive, evidence-based, and clinically-oriented text with cutting-edge coverage throughout. Discussions include the physical and psychological development of sexual identity; the social aspects of sexual behavior; the many expressions of sexuality; cognitive behavior treatment of sexual problems; and more. The many perspectives of sexuality are examined with interviews and commentaries from major figures in the field—including David M. Buss, Helen Fisher, C. Sue Carter of Kinsey, Todd K. Shackelford, Ken Zucker, and Gordon Gallup—who discuss such topics as the origins of sexuality, the nature of love, the role of attachment, and the treatment of sexual problems.

Sexuality in Close Relationships Guilford Publications

The contributors to this book have drawn on different mentors to provide a framework for understanding the sexual problems of the couples they see, and to inform the work they do. But whether Freud, Jung, Klein or Bowlby has been the progenitor of their own particular therapeutic narrative, the spirit of enquiry and curiosity is evident in their approach. This has created space to explore the dimensions of sex, love, hate and power in ways that allow the facts of life to emerge and be discovered as something unique and authentic to each couple. It has also created a platform from which new understandings may emerge to inform practice in the future.

Attachment from Infancy to Adulthood Psychology Press

Attachment and Interaction is an accessible introduction to the history and evolution of attachment theory, which traces the early roots of attachment theory from the work of its creator John Bowlby through to the most recent theoretical developments and their clinical applications. Mario Marrone explores how attachment theory can inform the way in which therapists work with their patients, and what the practical implications are of using such an approach. By bringing together personal anecdotes from his own experiences as Bowlby's supervisee with clear explanations of Bowlby's ideas, Marrone creates a memorable and engaging account of attachment theory. This new, updated edition includes references to bereavement, sexuality and the application of attachment-based principles to individual, family and group psychotherapy. This clear exposition of attachment theory is relevant and valuable reading for trainees and practising individual and group psychotherapists,

family therapists and mental health professionals – as well as anyone with an interest in John Bowlby and the evolution of psychotherapy.

Treating Out of Control Sexual Behavior W. W. Norton & Company

This volume applies attachment theory and methods to extend our understanding and prediction of psychopathology. Studies of such populations as divorced mothers, chronically ill infants, Romanian adoptees, children of mothers with anxiety disorders, and boys with gender identity disorder reveal a variety of clinical implications and highlight issues for attachment theory. Chapters utilize research into a recently discovered form of attachment, the disorganized pattern, as well as new technologies for classifying attachment security beyond infancy. This book should be of interest to practitioners, researchers, and students of clinical and developmental psychology, psychiatry, pediatrics, and social work, as well as other professionals concerned with human development.

Systemic Therapy and Attachment Narratives Routledge

A sexual relationship, whether fleetingly casual or profoundly permanent, involves at its core the establishment of attachment and an integrative drive to belong. It can include a range of incentives, coloured by physiological drives, cultural contexts, and personal histories. It also involves the physiological processes of brain and body as they relate to the realm of the mind and subjective experience. This complexity poses a challenge for clinicians when developing an integrated psychological model during therapy. In this stunning new work, Tony Schneider, a practising clinical psychologist for over 30 years, outlines a new model of psychological drives around sexual behaviour. This model unifies the notions of attachment, belonging, desire, attraction and early sexual experience, to create a firm theoretical basis for psychological intervention in human sexual relationships. He describes a dual biological and subjective, multiple-drive profile, that energises and directs individual sexual behaviour. He explains the various personal motives and drives that are typically involved, how they relate to one another, and the reasons for their inclusion in the model. Integrating theory, psychological research, clinical insights, and client case studies, this unique text also outlines various sociocultural sexual scripts, which, along with early sexual experiences, contribute to creating the context and expectations of adult sexual behaviour. Taking a middle path between the determinist thinking that frequently underpins scientific psychological research, and the psychodynamic theory often used by clinicians, this book is relevant to all those studying or working in the area of human sexual relationships, including psychologists, psychiatrists, relationship counsellors, social workers and sex therapists.

Attachment and Psychoanalysis Guilford Publications

Professional interest in the clinical applications of attachment theory continues to grow and evolve, and at the same time narrative approaches are also gaining ground. This book explores how attachment-based ideas can be used in clinical practice by offering a practical and sophisticated exposition of clinical approaches. Bringing together three main systems of thought and psychotherapeutic practice - systemic theory, attachment theory and narrative theory - practitioners are shown how to use these ideas in their work through the integrated approach of 'attachment narrative therapy'. Using clinical examples, the authors provide guidance on how to use attachment narrative therapy in different clinical contexts and with various client groups, including working with: addictions: alcohol dependency and eating distress loss and grief trauma and dissociation love and sexuality: applications with couples. Systemic Therapy and Attachment Narratives provides practical guidance for a range of mental health professionals including family therapists, child, adolescent and adult psychotherapists, clinical psychologists and social workers, enabling them to apply this approach in a range of contexts.

Sex and Belonging Springer Science & Business Media

Examine the effects of childhood trauma on sexual orientation and behavior! This pioneering book examines the effects of childhood trauma—including sexual abuse—on sexual orientation and behavior. It will help you expand your sensitivity and expertise in a critically important way: by providing a nonjudgmental look at the profound effects of long-standing early abuse on the sexual identities, orientation, behaviors, and fantasies of the people who come to you for help. From the editors: "In the modern era of trauma studies, clinicians and researchers have been treating and investigating the effects of trauma—including the sexual abuse of children—for more than two decades. And yet, we know far more about sequelae such as post-traumatic and dissociative symptoms, disrupted attachment, addictions, eating disorders, and somatoform symptoms than we do about the effects of trauma on sexual behavior. With the exception of a relatively few articles in the scientific literature (many of which were written by the authors in this collection), little has been published about the sexual effects of sexual abuse and other childhood maltreatment. "Why have we neglected this obvious and important area? Perhaps the reason can be simply attributed to our Victorian legacy of reluctance to openly discuss sexuality. Or, perhaps the reason may be related to some of the expressions of sexuality that are sometimes seen in persons with childhood trauma. At times, expressions such as sexual addiction, homosexuality, sadomasochistic behavior, and prostitution have been classified as deviant. This may have contributed to our reluctance to discuss them openly. Or, perhaps the reason is that we collectively wish to deny the effects of abuse on one of the core aspects of ourselves—to deny that early traumatic events forever change the sexual lives of persons in such an intimate and profound way." The co

Toward a Social Psychoanalysis Routledge

The Wiley Handbook of Sex Therapy is a comprehensive and empirically-based review of the latest theory and practice in the psychotherapeutic treatment of sexual problems across client populations. Structured in four sections covering specific sexual dysfunctions, theoretical approaches to sex therapy; working with client diversity; and future directions in sex therapy. Advocates a holistic approach to sex therapy with a focus on using a range of psychotherapeutic theories and techniques rather than only the most popular behavioral strategies. Includes case studies which highlight the broad spectrum of diverse conditions that clients can experience and which sex therapists can therefore encounter in the consulting room. Includes contributions by more than 60 experts from a wide range of disciplines.

Coming Home to Passion Oxford University Press

This is one of the first volumes to examine the interface between research undertaken in sexuality and that in close relationships from a social psychological perspective. Experts from several different disciplines offer chapters that contain theory, extant literature, and their own original research on such topics as jealousy, extradyadic sexuality, communication, love, and sexual coercion. Aimed at a fairly wide audience, this book will be of interest to students, faculty, and other professionals in social psychology, sociology, communication, and family and women's studies. It is also a valuable source of information for teachers, researchers, and clinicians working in the areas of human sexuality and/or close relationships.

Sexuality and Attachment in Clinical Practice Routledge

Here is a fascinating exploration of the powerful forces of attachment and attraction that determine the formation and styles of couples' relationships. What factors attract one person to another? What determines whether or not a healthy relationship is formed? As therapists know, there is much in this world that passes for love but is really the result of leftover dependency needs and unresolved attachment issues. *Attraction and Attachment: Understanding Styles of Relationships* examines issues of attachment in relationships, discusses the validity of the concept of codependency as one aspect of attachment, and explores various aspects of attraction. The contributing authors consider some of the many styles of relationships that are called love and examine some of the basic sources of attraction. *Attraction and Attachment* includes an in-depth evaluation of the concept of codependency, a review of the literature on attraction, methods for achieving equilibrium in sexual intimacy, and some of Virginia Satir's insights on fear and making changes. Just a few of the specific topics explored in these important chapters include: the relationship of childhood attachment experiences and successful long-term marriages the influence of therapists' implicit philosophies on treatment options and their effectiveness in therapy a review of biological, psychological, and social psychological literature on mate selection a definition of codependency a study of the link between codependency and depression couples' acceptance of alternative treatment formats Psychiatrists, psychologists, and clinical social workers, as well as substance abuse counselors and pastoral counselors, can discover new insights on attraction and attachment in this provocative book. All mental health professionals can find new ways of looking at the foundational elements of relationships that are invaluable to them in their work with couples.

Attachment and Interaction Guilford Press

Questions of sexuality and gender affect everyone and therefore have an inevitable relevance in the consulting room. Yet with interpretations and manifestations of both varying greatly from person to person, understanding the inherent complexities of sexuality and gender can be a daunting task for the health professional. Breaking down these complexities this practical guide familiarises the reader with all of the common and many of the less common sexualities, genders and relationship forms, and explains experiences and issues relating to each. The book contains: -Explanations of various forms of sexuality, gender and relationship structures -Common concerns relating to specific groups -Key practises relating to specific groups -The treatment of specific groups in contemporary Western society -Details of some rules and ideals that are commonly found within specific groups - Suggestions for professional practice with these groups Ideal for all members of the multidisciplinary team, this accessible book is relevant to practitioners across theoretical backgrounds. Whether you are a trainee or qualified psychotherapist, counsellor, nurse, medic, psychiatrist, social worker or applied psychologist, this is a vital text for your professional practice. CHRISTINA RICHARDS is Senior Specialist Psychology Associate at the West London Mental Health NHS Trust (Charing Cross) Gender Identity Clinic. MEG BARKER is a senior lecturer in psychology at the Open University and a sex and relationship therapist.

Dynamics of Romantic Love John Wiley & Sons

In the last decade, few topics in social and personality psychology have attracted more interest than the application of attachment theory to adult relationships. Comprehensive and up-to-date, this book integrates the most important theoretical and empirical advances in this growing area of study and suggests new and promising directions for future investigation. Its balanced coverage of measurement issues, affect regulation, and clinical applications makes this a valuable sourcebook for scholars, students, and clinicians.

Trauma and Sexuality Routledge

Frantz Fanon, Erich Fromm, Pierre Bourdieu, and Marie Langer are among those activists, clinicians, and academics who have called for a social psychoanalysis. For over thirty years, Lynne Layton has heeded this call and produced a body of work that examines unconscious process as it operates both in the social world and in the clinic. In this volume of Layton's most important papers, she expands on earlier theorists' ideas of social character by exploring how dominant ideologies and culturally mandated, hierarchical identity prescriptions are lived in individual and relational conflict. Through clinical and cultural examples, Layton describes how enactments of what she calls 'normative unconscious processes' reinforce cultural inequalities of race, sex, gender, and class both inside and outside the clinic, and at individual, interpersonal, and institutional levels. Clinicians, academics, and activists alike will find here a deeper understanding of the power of unconscious process, and are called on to envision and enact a progressive future in which vulnerability and interdependency are honored and systemic inequalities dismantled.

Infantile Sexuality and Attachment Routledge

A theoretically and empirically rich exploration of universal questions, this book examines the interplay of three distinct behavioral systems involved in romantic love. This integrative volume will be of interest to both researchers and clinicians.

Barriers to Loving Jessica Kingsley Publishers

This book presents an integrative, growth-oriented approach to therapy with couples that demonstrates the dynamic interplay between partners' emotional issues and their sexual difficulties. It offers a model for relational and sexual enhancement that focuses as much on partners' present, nonverbal body-to-body communications as on their words. Dr. Stella Resnick draws on research from interpersonal neurobiology, sexology, positive psychology, and Gestalt therapy, and shares a rich assortment of therapy vignettes to demonstrate the transformative power of pleasure and how a focus on body-to-body intimacy can heal emotional wounds from the past and encourage greater presence, empathy, authenticity, playfulness, and sexual pleasure between intimate partners. The therapeutic process is explored in four related spectrums: the Problem-Transformation Spectrum, the Attachment-Sexuality Spectrum, the Pain-Pleasure Spectrum, and the Cognitive-Somatic-Experiential-Behavioral-Spectrum. Part I lays the theoretical foundation for the work. Part II examines the early attachment bond between parent and child and its effects on adult capacity for emotional closeness and sexual pleasure. Part III offers methods for resolving painful emotional issues underlying many sexual difficulties. Finally, Part IV describes the procedure for moving from a cognitive reframing of the problem to a somatic focus on the body and tracking present-moment emotional interactions to the repair of relational injuries that nurture transformational change. Also included is a series of process-oriented exercises and a handout that therapists can use in their own practice. *Body-to-Body Intimacy* will enable couples and sex therapists to expand their practices and enrich their clients' sexual and relational dynamics. This book also contains valuable information that will be appreciated by anyone interested in a greater understanding of a growth-oriented therapeutic process for couples and what can be achieved together by gaining a deeply loving and sexually fulfilling intimate love relationship.