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# Kahuna Healing

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Kahuna Magic

The 5 Minute Healer

Hawaiian Shamanistic Healing

Applications of Huna to Health, Prosperity, and Personal Growth

The Secret Science Behind Miracles

Wise Secrets of Aloha

Heal Your Life, Change Your Destiny

Miracles

A Quest for the Hidden Power of the Planet

Gifts of the Healing Kahuna

A Guide to the Huna Way

The Girl Who Could Heal Your Heart - An Inspirational Tale About Kahuna Mornnah

Simeona and Ho'oponopono

THE KAHUNA AND I

Kāhuna Lā'au Lapa'au

Nā Mo'olelo Lomilomi

Medicine Ways to Cultivate the Aloha Spirit

'Inana Healing

The Three Spirits

Activate the Transformative Power of Your Energy Centers

On the Huna, Healing and the Higher Self

Hawaiian Shamanistic Healing

An Encyclopedia of Shamanism Volume 1

The Cross-generational Legacy of Traditional Native Hawaiian Healing Knowledge

The Scientific Basis of Integrative Health

Kahuna healing

Huna, a Secret Science At Work - The Huna Method As a Way of Life

The Kahuna Kit

Kahuna Healing

Spirit Medicine

Learn and Live the Sacred Art of Lomilomi

Healing in the Sacred Realms

Yoga Journal

Medicine Ways to Cultivate the Aloha Spirit

Inviting the Extraordinary Into Your Life

A Common Sense Guide for Renewing Your Spirit

A Comprehensive Guide (Consumer Health Library)

The Complete Book of Chakra Healing  
Mastering Your Hidden Self  
A Spiritual Hypothesis

*Kahuna  
Healing*

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**WARD OBRIEN**

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Kahuna Magic Hay House  
Incorporated

The author sets forth the ancient Hawaiian tradition which includes a complete program for the prevention and cure of illness---a holistic health program involving the physical, emotional, mental, and spiritual

aspects of human beings.  
The 5 Minute Healer  
Baywood Publishing  
Company, Inc.

This book deals with the discovery of an ancient and secret system of workable magic, which, if we can learn to use it as did the native magicians of Polynesia and North Africa, bids fair to change the world ... Contents: The Discovery That May Change the World Fire-Walking as an

Introduction to Magic The Incredible Force Used in Magic, Where It Comes From, and Some of Its Uses The Two Souls of Man and the Proofs That There Are Two Instead of One The Kahuna System and the Three "Souls" or Spirits of Man, Each Using Its Own Voltage of Vital Force. These Spirits in Union and in Separation Taking The Measure of the Third Element in Magic, That of the Invisible

Substance Through Which  
Consciousness Acts by  
Means of Force  
Psychometry, Crystal  
Gazing, Visions of the  
Past, Visions of the  
Future, Etc., Explained by  
the Ancient Lore of the  
Kahunas Mind Reading,  
Clairvoyance, Vision,  
Prevision, Crystal Gazing,  
and All of the  
Psychometrically Related  
Phenomena, as Explained  
in Terms of the Ten  
Elements of the Ancient  
Huna System The  
Significance of Seeing into  
the Future in the  
Psychometric Phenomena

and in Dreams The Easy  
Way to Dream into the  
Future Instant Healing  
Through the High Self.  
The Proofs and Methods  
Raising the Dead,  
Permanently and  
Temporarily The Life-  
Giving Secrets of  
Lomilomi and Laying on of  
Hands Startling New and  
Different Ideas from the  
Kahunas Concerning the  
Nature of the Complex  
and Healing The Secret  
Kahuna Method of  
Treating the Complex  
How the Kahunas Fought  
the Horrid Things of  
Darkness The Secret

Within the Secret The  
Secret Which Enabled the  
Kahunas to Perform the  
Miracle of Instant Healing  
The Magic of Rebuilding  
the Unwanted Future The  
High Self and the Healing  
in Psychic Science How  
The Kahunas Controlled  
Winds, Weather and the  
Sharks by Magic The  
Practical Use of the Magic  
of the Miracle  
*Hawaiian Shamanistic  
Healing Llewellyn  
Worldwide*  
How does a Philadelphia  
debutant, refined in  
manners of high society,  
overcome great personal

storms, follow her spiritual path, and find the love of her life (the great, great, great grandson of King Kamehameha III) in Molokai, Hawaii? He knew her spirit even if he could hardly speak her language and had been 'raised up' in a grass shack on the beaches of Oahu, diving off cliffs, living off the ocean, warding off environmental offenders as a political activist protecting the islands and guarding the ways of his people only as a Kahuna can. They wove a rich fabric of diverse

colors throughout their marriage by searching out ways to blend their two cultures through their mutual respect and love for one another. They shared and practiced their spiritual knowledge, lived a traditional Hawaiian lifestyle and fought off, like in a "Melagro Bean Field War," a Singapore global conglomerate that wanted to develop 200 pristine acres of shoreline that would change the subsistence way of living on this small Hawaiian island. This is their true Hawaiian story.

Applications of Huna to Health, Prosperity, and Personal Growth

The Rosen Publishing Group, Inc

The 5-Minute Healer is targeted to the millions of Americans looking for positive ways to navigate today's accelerated world. The authors have mined ten time-tested healing traditions to provide simple but effective techniques for those in search of quick solutions. Unlike other self-help books, this book covers a range of healing disciplines: sound

therapy, yoga, color therapy, aromatherapy, breath, meditation, angels, chakras, prayer, and positive thinking and the subconscious mind. Each chapter offers a brief introduction to its subject, followed by simple-to-follow, step-by-step instructions that make these age-old healing formulas available to everyone. The 5-Minute Healer could not be more timely -- Americans everywhere are constantly on the go. Anxiety, insomnia, chronic fatigue, auto-immune

disease, depression, and other stress-related diseases have become as familiar as the common cold. Tranquilizers, along with anti-anxiety and anti-depressant medications account for more than forty percent of the written prescriptions in the U.S. each year. There is a better way. Backed by years of research and practical application, the authors show that, with just a few moments taken each day, these time-proven healing techniques can have an enormous impact on our quality of

life. With its humor and disarming, informal style, The 5-Minute Healer will appeal to a wide group of readers -- from bankers to bakers, and from teachers to technicians. This highly accessible and pragmatic book is a must-read for a nation in a hurry.

*The Secret Science Behind Miracles* Lotus Press

The word kanuna is an ancient term and is in use today. It is pronounced ""kah-hoo-nah"" and meant ""keeper of the secret."" The word for their secret lore was

never found. The role of secrecy had been so strong and so well kept that it may never have been given a name... The name we used, for this reason, was Huna (pronounced "hoo-nah"), which means "secret." Enough basic information will be incorporated in this book to give a working picture of the system of beliefs and practices upon which experimental work has been based. Interspersed with the instructions will be found explanations of the sources of conclusions, of

symbols, words, and word-roots familiar to Huna, but which we also found in other religions, mainly Christianity. These will tend to show that the meanings ascribed to Huna are well founded. Huna is compatible with other systems. It interferes with none of them, but makes possible a greater understanding of the old truths. (From the Introduction) Get Your Copy Today!  
*Wise Secrets of Aloha*  
 AEOS  
 "Hawaiian herbal medicine, as practiced by

the ancient Hawaiians, is emerging as a popular alternative to traditional medical practices today. This book provides ancient remedies for such ailments as headache, sore throat, insomnia, disorders in women, general loss of energy, as well as remedies for mending broken bones and insect bites."--Page 4 of cover.  
*Heal Your Life, Change Your Destiny* Big Earth Publishing  
 Shamanism can be defined as the practice of initiated shamans who are

distinguished by their mastery of a range of altered states of consciousness. Shamanism arises from the actions the shaman takes in non-ordinary reality and the results of those actions in ordinary reality. It is not a religion, yet it demands spiritual discipline and personal sacrifice from the mature shaman who seeks the highest stages of mystical development.

*Miracles* Llewellyn  
Worldwide

'Inana Healing provides fun and practical tools to

activate your mind, body, and spirit toward a higher level of enjoyment and inspired program for living through Ancient Hawaiian Healing Tradition. This book invites health seekers to tell personal truths- making true magic in a healthy mind and body. 'Inana teaches you to value your life by providing a glimpse into the Hawaiian Healing process- minus the fear, anxiety, and negative baggage that has exposed us to over time. Finally, the skills you will master in this book may inspire

you to become a true asset in the field of human ecology.

*A Quest for the Hidden Power of the Planet* CRC Press

The search for a mysterious healing energy that has always fascinated the human mind and spirit leads inevitably to an exploration of the true nature of consciousness, and to the awareness that our power to heal is an essential ingredient of the evolution of consciousness.

Inner Traditions / Bear &



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For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty. Gifts of the Healing

Kahuna Earth Lodge

Since the first suffering supplicant offered a prayer to his god or the first mother cradled an ailing child in her caring arms, we have witnessed how human health and healing go beyond any inventory of parts and infusion of chemicals. We humans are a complex melding of thought, emotion, spirit and energy and each of those components is as critical to our well-being as our physiological status. Even if we are just beginning to quantify and document

these seemingly intangible aspect, to ignore them in the practice of medicine is neglect and an invitation to do harm. The Scientific Basis of Integrative Health has been extensively updated and expanded to provide a comprehensive guide to integrative medicine. Taking a balanced and objective approach, this leading text bridges the gap between Western science and Eastern philosophy. It provides doctors and other health practitioners with information on

complementary and alternative approaches to health, that is authoritative, evidence based, and epidemiologically substantiated. Written for doctors and healthcare professionals by pioneering practitioners and updated with the newest research across and increasing range of possibilities, this third edition includes nine new chapters covering topics such as: Electrophotonic imaging; Neuroacupuncture; Naturopathic medicine;

Integrative nutrition. A Guide to the Huna Way Weiser Books "Healing Images: The Role of Imagination in Health" details the function and capacity of imagination in health. This work consists of 22 chapters and discusses theory, research, and clinical applications. Presented is a brief history of the use of imagery for healing in both Eastern and Western traditions, a review of research that deals with the physiological consequences of imagery and related approaches,

and an explanation of how images lead to such bodily changes. "Healing Images" covers the latest theory and research on the relationship between imagery, cerebral laterality, and healing. An attempt is also made to integrate modern systems theory with concepts of information and energy, which disclose the role of imagery and love in health. Imagery and music in health are also discussed.

The Girl Who Could Heal Your Heart - An Inspirational Tale About

Kahuna Mornah Simeona  
and Ho'oponopono

Strategic Book Publishing  
The authors begin with compelling evidence of psychic abilities gathered in Targ's remote-viewing experiments for the Stanford Research Institute. Targ reveals how the experiments were conducted and how subjects were able to describe remote locations with precise detail. Targ also presents the results of recently declassified, covertly funded CIA experiments in remote spying during the Cold

War, published here for the first time. After surveying the scientific evidence of the mind's nonlocal powers, Targ and Katra apply this evidence to the field of healing. Incorporating ancient Eastern teachings and modern scientific evidence published in the most prestigious scientific journals, Targ and Katra explain the process of spiritual healing, which they describe as a quieting of the mind to open it to the community of spirit. The book stays with you long after you

put it down. It can change the way you view the world — and yourself.

THE KAHUNA AND I

Schiffer Pub Limited  
Max Freedom Long was a preeminent western scholar on the Huna, the psychological philosophies of the ancient Polynesian culture that incorporated 'miraculous' events such as hands on healing, fire/hot lava walking, spirit communication and management, and psychic occurrences. Originally published in 1948, this text is a compilation of his case studies and field

work. Chapters include The Practical Use Of The Magic Of The Miracle, How The Kahunas Controlled Winds, Weather And The Sharks By Magic, The High Self And The Healing In Psychic Science, The Significance Of Seeing Into The Future In The Psychometric Phenomena And In Dreams, The Incredible Force Used In Magic, Where It Comes From, And Some Of Its Uses, and, Fire-Walking As An Introduction To Magic. CHAPTER I. THE DISCOVERY THAT MAY CHANGE THE WORLD

CHAPTER II. FIRE-WALKING AS AN INTRODUCTION TO MAGIC CHAPTER III. THE INCREDIBLE FORCE USED IN MAGIC, WHERE IT COMES FROM, AND SOME OF ITS USES CHAPTER IV. THE TWO SOULS OF MAN AND THE PROOFS THAT THERE ARE TWO INSTEAD OF ONE CHAPTER V. THE KAHUNA SYSTEM AND THE THREE "SOULS" OR SPIRITS OF MAN, EACH USING ITS OWN VOLTAGE OF VITAL FORCE. THESE SPIRITS IN UNION AND IN SEPARATION CHAPTER VI. TAKING THE MEASURE OF

THE THIRD ELEMENT IN MAGIC, THAT OF THE INVISIBLE SUBSTANCE THROUGH WHICH CONSCIOUSNESS ACTS BY MEANS OF FORCE CHAPTER VII. PSYCHOMETRY, CRYSTAL GAZING, VISIONS OF THE PAST, VISIONS OF THE FUTURE, ETC., EXPLAINED BY THE ANCIENT LORE OF THE KAHUNAS CHAPTER VIII. MIND READING, CLAIRVOYANCE, VISION, PREVISION, CRYSTAL GAZING, AND ALL OF THE PSYCHOMETRICALLY RELATED PHENOMENA, AS EXPLAINED IN TERMS OF

THE TEN ELEMENTS OF THE ANCIENT HUNA SYSTEM CHAPTER IX. THE SIGNIFICANCE OF SEEING INTO THE FUTURE IN THE PSYCHOMETRIC PHENOMENA AND IN DREAMS CHAPTER X. THE EASY WAY TO DREAM INTO THE FUTURE CHAPTER XI. INSTANT HEALING THROUGH THE HIGH SELF. THE PROOFS AND METHODS CHAPTER XII. RAISING THE DEAD, PERMANENTLY AND TEMPORARILY CHAPTER XIII. THE LIFE-GIVING SECRETS OF LOMILOMI AND LAYING ON OF

HANDS CHAPTER XIV. STARTLING NEW AND DIFFERENT IDEAS FROM THE KAHUNAS CONCERNING THE NATURE OF THE COMPLEX AND HEALING CHAPTER XV. THE SECRET KAHUNA METHOD OF TREATING THE COMPLEX CHAPTER XVI. HOW THE KAHUNAS FOUGHT THE HORRID THINGS OF DARKNESS CHAPTER XVII. THE SECRET WITHIN THE SECRET CHAPTER XVIII. THE SECRET WHICH ENABLED THE KAHUNAS TO PERFORM THE MIRACLE OF INSTANT

HEALING CHAPTER XIX. THE MAGIC OF REBUILDING THE UNWANTED FUTURE CHAPTER XX. THE HIGH SELF AND THE HEALING IN PSYCHIC SCIENCE CHAPTER XXI. HOW THE KAHUNAS CONTROLLED WINDS, WEATHER AND THE SHARKS BY MAGIC CHAPTER XXII. THE PRACTICAL USE OF THE MAGIC OF THE MIRACLE  
**NOTE APPENDIX**  
**Kāhuna Lā'au Lapa'au**  
 Lulu.com  
 Harness the power of Hawaiian Shamanism to rapidly heal yourself using

the power of your body, energy, and mind. Our bodies and minds are inextricably woven together in a complex and powerful way. In *Instant Healing: Mastering the Way of the Hawaiian Shaman Using Words, Images, Touch, and Energy*, readers will learn how to explore and strengthen that connection to promote wellness. Using the wisdom of Hawaiian shamanism, author Serge Kahili King offers a radical path towards drug-free healing. All forms of

injury—whether mental or physical, from disease, trauma, or illness— incur physical tension and stress. King offers a radical reinterpretation by showing that this physical tension and stress is not the result of the injury or disharmony, but rather the cause of it. By working to eliminate this root stress readers can achieve physical and mental healing for themselves without resorting to invasive methods. Written in a jargon-free and easily accessible style, *Instant*

*Healing* will teach you to use the power of words, the power of imagination, the power of touch, and the power of energy to aide in the healing of all types of ailments. This 20th anniversary edition includes a new introduction featuring a bonus healing technique. The book also features a special section on emergency techniques that can be used with a minimum of explanation to bring rapid relief. *Instant Healing* will transform the way you consider your body and

empower you to take control in a new way. [Nā Mo'olelo Lomilomi](#) Simon and Schuster In this groundbreaking book, Dr. Ariel unveils her breakthrough Self Healing System, 7 Master Keys to Inner Peace, and TheQuest Life Mastery Path. She demystifies the psyche like no other work has done and provides tools to quickly resolve issues, heal addictions, restore harmony in relationships, master your psychology, and remove the scars from your painful past. Through

years of pioneering work in the psyche, she made many landmark discoveries, uncovered the cause of suffering, and developed a cure that could change the destiny of the planet. Distilled into seven powerful steps, TheQuest is designed to accelerate a personal and planetary transformation that could help end suffering on Earth. *Medicine Ways to Cultivate the Aloha Spirit* Llewellyn Worldwide Kahuna HealingQuest Books **'Inana Healing** Quest

## Books

The first practical guide to applying the ancient healing art of Hawaiian shamanism to our modern lives. Uniquely suited for use in today's world, Hawaiian shamanism follows the way of the adventurer, which produces change through love and cooperation—in contrast to the widely known way of the warrior, which emphasizes solitary quests and conquest by power. Now, even if you can't get out into the wilderness or undertake a long apprenticeship with a

shaman, you can learn to practice the art of shamanism. You'll learn how to: —Interpret and change your dreams —Heal yourself, your relationships, and the environment —Cast the shaman stones to foretell the future —Design and perform powerful rituals —Shapechange —Make vision quests to other realities And more.

*The Three Spirits*

Harmony Books

A cross-cultural consideration of illness, healing, and health care from the ancient wisdom

of the traditional peoples, accompanied by an experiential CD of shamanic drumming and rattling to be used with specific exercises and meditations.

**Activate the Transformative Power of Your Energy Centers**

AuthorHouse

Bring the Peace of Paradise Into Your Life Every Day, No Matter Where You Are Aloha refers to the divine spirit of love that flows through all things. In this book, you'll learn how to cultivate the Aloha spirit

with Hawaiian philosophy, Ho'oponopono, Lomilomi massage, and other traditional medicine ways. Hawaiian Shamanistic Healing explores the techniques of several renowned healing systems, including Kahi Loa, Heartworks Lomi, Big Island Massage, Traditional Hawaiian Touch Medicine, and Temple Style Lomi. Join authors Wayne Kealohi Powell and Patricia Lynn Miller, longtime students and practitioners of Hawaiian bodywork and shamanism, as they show



you how to create space for miracles and open up to the healing energy of the divine. Praise: "My first experience of receiving bodywork from Wayne in 2003 was profound, and I have been hooked ever since. I have been involved in body work for many years and have had hundreds of body work sessions internationally. What makes Wayne's sessions so profound is the depth he takes me to and the magic that gets evoked for weeks after my sessions. I literally feel all

old baggage fall off, injuries healing fast, and my energy shiny, new, and ready to take on the world from a place of heart and soul. I now make receiving Wayne's healing work part of my lifestyle and a must for my family and the clients I mentor. I urge you to experience, learn, and dive into Wayne's magic and I assure you that you'll be gifting yourself a spa-healing for your body, mind, and soul."--Satyen Raja, founder of Warrior Sage Trainings ..". The mature lomilomi

practitioner, no matter the franchise, always lives within the current of authority to heal. The core relationship between the soul and the practitioner is the maturing process. When that happens; the healing that follows is immortal. The place we hold for lomilomi is far reaching, so many practitioners have far moved past the certificates on their wall and into their own expression. In that expression is the non-franchised, authentic relationship between soul

and person, carrying the healing that is known as lomilomi. And Wayne and Patti's effort in this book speaks to all lineages in a single voice."--Harry Uhane Jim, Kahuna, healer, teacher, and author of Wise Secrets of Aloha "Many are the

techniques for revitalizing and relaxing the body temple, but there is only one that delivers the results of Wayne's Lomilomi techniques. Wayne's unique combination of Lomilomi and ancient breath work promotes the integration of healthy new choices

while releasing old ones. In short it is a transforming gift to yourself!"--Rev. Dr. Michael Bernard Beckwith, founder and senior minister of Agape International Spiritual Centre, and author of Life Visioning