
Essays In Love By Alain De Botton

How To Think More About Sex
The Course of Love
Status Anxiety
The Art of Travel
The Pleasures and Sorrows of Work
Under Western Skies
How to Stay Sane
What Is Psychotherapy?
The Consolations of Philosophy
How to Find Love
The Course of Love
The Cat and the City
The School of Life
The Romantic Movement
How to Fall in Love with Anyone
In Praise of Love
Self-Knowledge
Dear Fahrenheit 451
The News: A User's Manual
On Love
A Week at the Airport
The Wish Maker
Goodness and the Literary Imagination
Pleasantview
How Proust Can Change Your Life
Hogs Wild
Essays in Love
On Love
Relationships
For the Good of the World
On Confidence
How to Take Your Time
On Marrying the Wrong Person and Other Lessons
Kiss & Tell
Closing of the American Mind
Fall of Giants
Why We Hate Cheap Things and Other Money-Related Essays
Religion for Atheists

JOURNEY SHELTON

How To Think More About Sex Penguin Books Limited
SUNDAY TIMES TOP TEN BESTSELLER A brilliant new novel about love and marriage in the modern world - from the author the bestselling novel *Essays in Love* Modern love is never easy. Society is obsessed with stories of romance, but what comes after happily ever after? This is a love story with a difference. From dating to marriage, from having kids to having affairs, it follows the progress of a single ordinary relationship: tender, messy, hilarious, painful, and entirely un-Romantic. It is a love story for the modern world, chronicling the daily intimacies, the blazing rows, the endless tiny gestures that make up a life shared between two people. Moving and deeply insightful, *The Course of Love* offers us a window into essential truths about the nature of love.

The Course of Love Grove/Atlantic, Inc.

"An engrossing tale [that] provides plenty of food for thought" (People, Best New Books pick), this playful, wise, and profoundly moving second novel from the internationally bestselling author of *How Proust Can Change Your Life* tracks the beautifully complicated arc of a romantic partnership. We all know the headiness and excitement of the early days of love. But what comes after? In Edinburgh, a couple, Rabih and Kirsten, fall in love. They get married, they have children—but no long-term relationship is as simple as "happily ever after." *The Course of Love* explores what happens after the birth of love, what it takes to maintain, and what happens to our original ideals under the pressures of an average existence. We see, along with Rabih and Kirsten, the first flush of infatuation, the effortlessness of falling into romantic love, and the course of life thereafter. Interwoven with their story and its challenges is an overlay of philosophy—an annotation and a guide to what we are reading. As *The New York Times* says, "*The Course of Love* is a return to the form that made Mr. de Botton's name in the mid-1990s....love is the subject best suited to his obsessive aphorizing, and in this novel he again shows off his ability to pin our hopes, methods, and insecurities to the page." This is a Romantic novel in the true sense, one

interested in exploring how love can survive and thrive in the long term. The result is a sensory experience—fictional, philosophical, psychological—that urges us to identify deeply with these characters and to reflect on his and her own experiences in love. Fresh, visceral, and utterly compelling, *The Course of Love* is a provocative and life-affirming novel for everyone who believes in love. "There's no writer alive like de Botton, and his latest ambitious undertaking is as enlightening and humanizing as his previous works" (Chicago Tribune).

Status Anxiety School of Life

'A must read' Gordon Brown 'A truly excellent book' Sir David King The three biggest challenges facing the world today, in A. C. Grayling's view, are climate change, technology and justice. In his timely new book, he asks: can human beings agree on a set of values that will allow us to confront the numerous threats facing the planet, or will we simply continue with our disagreements and antipathies as we collectively approach our possible extinction? As every day brings new stories about extreme weather events, spyware, lethal autonomous weapons systems, and the health imbalance between the northern and southern hemispheres, Grayling's question - Is Global Agreement on Global Challenges Possible? - becomes ever more urgent. The solution he proposes is both pragmatic and inspiring.

The Art of Travel School of Life

An in-depth look at a much misunderstood practice, offering a fresh viewpoint on how this science can be a universally effective route to our better selves.

The Pleasures and Sorrows of Work Macmillan

"Atkinson and Jewell invite each of us to reimagine one's connection to the land while cultivating nature close to home. A must-read for anyone searching for inspired solutions for designing or refining a garden." —Emily Murphy, founder of Pass the Pistil From windswept deserts to misty seaside hills and verdant valleys, the natural landscapes of the American West offer an astounding variety of climates for gardens. *Under Western Skies* reveals thirty-six of the most innovative designs—all embracing and celebrating the very soul of the land on which they grow. For the gardeners featured here, nature is the ultimate inspiration rather than something to be dominated,

and *Under Western Skies* shows the strong connection each garden has with its place. Packed with Atkinson's stunning photographs and illuminated by Jewell's deep interest in the relationships between people and the spaces they inhabit, *Under Western Skies* offers page after page of encouraging ingenuity and inventive design for passionate gardeners who call the West home.

Under Western Skies Simon and Schuster

A thought-provoking essay that teaches us that confidence is not a gift from the gods, but a skill that can be learned.

How to Stay Sane Emblem Editions

In a novel that explores the realities of "being in love," two young people meet on a plane to Paris and embark on a love affair based on what they perceive as destiny. A first novel. Reader's Guide included. Reprint.

What Is Psychotherapy? Penguin

A pessimist's guide to marriage, offering insight, practical advice, and consolation.

School of Life

From the international bestselling author of *The Architecture of Happiness* and *How Proust Can Change Your Life* comes this lyrical, erudite look at our world of work. We spend most of our time at work, but what we do there rarely gets discussed in the sort of lyrical and descriptive prose our efforts surely deserve. Determined to correct this lapse, armed with a poetic perspective and his trademark philosophical sharpness, Alain de Botton heads out into the world of offices and factories, ready to take in the beauty, interest, and sheer strangeness of the modern workplace. De Botton spends time in and around some less familiar work environments, including warehouses, container ports, rocket launch pads, and power stations, and follows scientists, landscape painters, accountants, cookie manufacturers, therapists, entrepreneurs, and aircraft salesmen as they do their jobs. Along the way, de Botton tries to answer some of the most urgent questions we can pose about work: Why do we do it? What makes it pleasurable? What is its meaning? To what end do we daily exhaust not only ourselves but also our planet? Equally intrigued by work's pleasures and its pains, Alain de Botton offers a characteristically lucid and witty tour of the working day and

night, in a book sure to inspire a range of life-changing and wise thoughts.

The Consolations of Philosophy Penguin UK

The renowned French philosopher's "ode to love's power to unite in the face of eternity, and its optimism in the face of pain" (Publishers Weekly). In a world rife with consumerism, where online dating promises risk-free romance and love is all too often seen as a mere variant of desire and hedonism, Alain Badiou believes that love is under threat. Taking to heart Rimbaud's famous line "love needs reinventing," *In Praise of Love* is the celebrated French intellectual's passionate treatise in defense of love. For Badiou, love is an existential project, a constantly unfolding quest for truth. This quest begins with the chance encounter, an event that forever changes two individuals, challenging them "to see the world from the point of view of two rather than one." This, Badiou believes, is love's most essential transforming power. Through thought-provoking dialogue edited from a conversation between Badiou and Truong, a vibrant cast of thinkers are invoked: Kierkegaard, Plato, de Beauvoir, Proust and more create a new narrative of love in the face of twenty-first-century modernity. Moving, zealous, and wise, Badiou's "paean to the anticapitalist, antiessentialist, unifying power of love" urges us not to fear it but to see it as a magnificent undertaking that compels us to explore others and to move away from an obsession with ourselves (Publishers Weekly). "Finally, the cure for the pornographic, utilitarian exchange of favors to which love has been reduced in America. Alain Badiou is our philosopher of love." —Simon Critchley, author of *The Faith of the Faithless*

How to Find Love School of Life

"A beautifully written and well-researched cultural criticism as well as an honest memoir" (Los Angeles Review of Books) from the author of the popular New York Times essay, "To Fall in Love with Anyone, Do This," explores the romantic myths we create and explains how they limit our ability to achieve and sustain intimacy. What really makes love last? Does love ever work the way we say it does in movies and books and Facebook posts? Or does obsessing over those love stories hurt our real-life relationships? When her parents divorced after a twenty-eight year marriage and her own ten-year relationship ended, those were the questions that Mandy Len Catron wanted to answer. In a series of candid, vulnerable, and wise essays that takes a closer

look at what it means to love someone, be loved, and how we present our love to the world, "Catron melds science and emotion beautifully into a thoughtful and thought-provoking meditation" (Bookpage). She delves back to 1944, when her grandparents met in a coal mining town in Appalachia, to her own dating life as a professor in Vancouver. She uses biologists' research into dopamine triggers to ask whether the need to love is an innate human drive. She uses literary theory to show why we prefer certain kinds of love stories. She urges us to question the unwritten scripts we follow in relationships and looks into where those scripts come from. And she tells the story of how she decided to test an experiment that she'd read about—where the goal was to create intimacy between strangers using a list of thirty-six questions—and ended up in the surreal situation of having millions of people following her brand-new relationship. "Perfect fodder for the romantic and the cynic in all of us" (Booklist), *How to Fall in Love with Anyone* flips the script on love. "Clear-eyed and full of heart, it is mandatory reading for anyone coping with—or curious about—the challenges of contemporary courtship" (The Toronto Star).

The Course of Love Simon and Schuster

A fresh approach to matters of the heart, teaching us that success in love need never again be just a matter of luck.

The Cat and the City Vintage

The New York Times-bestselling author's modern classic that "takes a conventional love story and textures it with philosophical ruminations" (Kirkus Reviews). A man and a woman meet over casual conversation on a flight from Paris to London, and so begins a love story—from first kiss to first argument, elation to heartbreak, and everything in between. Each stage of the relationship is illuminated with startling clarity, as novelist and philosopher Alain de Botton explores young love and its emotions, often felt but rarely understood. With a brilliant new introduction by Sheila Heti, the New York Times-bestselling author of *How Should a Person Be?*, *On Love* is a contemporary classic from an author "who seems to have been born to write" (The Boston Globe). "Smart and ironic...The book's success has much to do with its beautifully modeled sentences, its wry humor, and its unwavering deadpan respect for the reader's intelligence."

—Francine Prose, *New Republic* "Witty, funny, sophisticated...full of wise and illuminating insights." —P.J. Kavanagh, *Spectator*

The School of Life School of Life

The bestselling author of *The Architecture of Happiness* and *The Art of Travel* spends a week at an airport in a wittily intriguing meditation on the "non-place" that he believes is the centre of our civilization. In the summer of 2009, Alain de Botton was invited by the owners of Heathrow airport to become their first ever writer-in-residence. Given unprecedented, unrestricted access to wander around one of the world's busiest airports, he met travellers from all over the globe, and spoke with everyone from baggage handlers to pilots, and senior executives to the airport chaplain. Based on these conversations he has produced this extraordinary meditation on the nature of travel, work, relationships, and our daily lives. Working with the renowned documentary photographer Richard Baker, he explores the magical and the mundane, and the interactions of travellers and workers all over this familiar but mysterious "non-place," which by definition we are eager to leave. Taking the reader through departures, "air-side," and the arrivals hall, de Botton shows with his usual combination of wit and wisdom that spending time in an airport can be more revealing than we might think.

The Romantic Movement School of Life

THE SCHOOL OF LIFE IS DEDICATED TO EXPLORING LIFE'S BIG QUESTIONS IN HIGHLY-PORTABLE PAPERBACKS, FEATURING FRENCH FLAPS AND DECKLE EDGES, THAT THE NEW YORK TIMES CALLS "DAMNABLY CUTE." WE DON'T HAVE ALL THE ANSWERS, BUT WE WILL DIRECT YOU TOWARDS A VARIETY OF USEFUL IDEAS THAT ARE GUARANTEED TO STIMULATE, PROVOKE, AND CONSOLE. An Economist Best Book of the Year Everyone accepts the importance of physical health; isn't it just as important to aim for the mental equivalent? Philippa Perry has come to the rescue with *How to Stay Sane* -- a maintenance manual for the mind. Years of working as a psychotherapist showed Philippa Perry what approaches produced positive change in her clients and how best to maintain good mental health. In *How to Stay Sane*, she has taken these principles and applied them to self-help. Using ideas from neuroscience and sound psychological theory, she shows us how to better understand ourselves. Her idea is that if we know how our minds form and develop, we are less at the mercy of unknown unconscious processes. In this way, we can learn to be the master of our feelings and not their slave. This is a smart, pithy, readable book that everyone with even a passing interest in

their psychological health will find useful.

[How to Fall in Love with Anyone](#) Vintage

The news is everywhere. We can't stop constantly checking it on our computer screens, but what is this doing to our minds? We are never really taught how to make sense of the torrent of news we face every day, writes Alain de Botton (author of the best-selling *The Architecture of Happiness*), but this has a huge impact on our sense of what matters and of how we should lead our lives. In his dazzling new book, de Botton takes twenty-five archetypal news stories—including an airplane crash, a murder, a celebrity interview and a political scandal—and submits them to unusually intense analysis with a view to helping us navigate our news-soaked age. He raises such questions as Why are disaster stories often so uplifting? What makes the love lives of celebrities so interesting? Why do we enjoy watching politicians being brought down? Why are upheavals in far-off lands often so boring? In *The News: A User's Manual*, de Botton has written the ultimate guide for our frenzied era, certain to bring calm, understanding and a measure of sanity to our daily (perhaps even hourly) interactions with the news machine. (With black-and-white illustrations throughout.)

[In Praise of Love](#) Atlantic Books (UK)

Bestselling author Alain de Botton considers how our private homes and public edifices influence how we feel, and how we could build dwellings in which we would stand a better chance of happiness. In this witty, erudite look at how we shape, and are shaped by, our surroundings, Alain de Botton applies Stendhal's motto that "Beauty is the promise of happiness" to the spaces we inhabit daily. Why should we pay attention to what architecture has to say to us? de Botton asks provocatively. With his trademark lucidity and humour, de Botton traces how human needs and desires have been served by styles of architecture, from stately Classical to minimalist Modern, arguing that the

stylistic choices of a society can represent both its cherished ideals and the qualities it desperately lacks. On an individual level, de Botton has deep sympathy for our need to see our selves reflected in our surroundings; he demonstrates with great wisdom how buildings — just like friends — can serve as guardians of our identity. Worrying about the shape of our sofa or the colour of our walls might seem self-indulgent, but de Botton considers the hopes and fears we have for our homes at a new level of depth and insight. When shopping for furniture or remodelling the kitchen, we don't just consider functionality but also the major questions of aesthetics and the philosophy of art: What is beauty? Can beautiful surroundings make us good? Can beauty bring happiness? The buildings we find beautiful, de Botton concludes, are those that represent our ideas of a meaningful life. *The Architecture of Happiness* marks a return to what Alain does best — taking on a subject whose allure is at once tantalizing and a little forbidding and offering to readers a completely beguiling and original exploration of the subject. As he did with Proust, philosophy, and travel, now he does with architecture.

Self-Knowledge Vintage

Have you ever wished you could tell your favourite books just what they mean to you? Or wanted to give a piece of your mind to the "must-read" book that you wish you hadn't? Librarian Annie Spence has done just that, writing fan-girl love letters to books like *MATILDA* and *THE GOLDFINCH*, and irreverent break-up notes to *FIFTY SHADES OF GREY* and *THE HOBBIT*. Annie's letters will make you laugh, remind you why you love your favourite books, and give you lots of new entries for your reading list. She's also on hand to help you with your bookish dilemmas: recommendations for lazy readers, excuses to tell your friends when you'd rather stay home reading, and how to turn your lover into a reader.

Dear Fahrenheit 451 Grove/Atlantic, Inc.

Alain de Botton combines two unlikely genres--literary biography

and self-help manual--in the hilarious and unexpectedly practical *How Proust Can Change Your Life*. Who would have thought that Marcel Proust, one of the most important writers of our century, could provide us with such a rich source of insight into how best to live life? Proust understood that the essence and value of life was the sum of its everyday parts. As relevant today as they were at the turn of the century, Proust's life and work are transformed here into a no-nonsense guide to, among other things, enjoying your vacation, reviving a relationship, achieving original and unclichééd articulation, being a good host, recognizing love, and understanding why you should never sleep with someone on a first date. It took de Botton to find the inspirational in Proust's essays, letters and fiction and, perhaps even more surprising, to draw out a vivid and clarifying portrait of the master from between the lines of his work. Here is Proust as we have never seen or read him before: witty, intelligent, pragmatic. He might well change your life.

[The News: A User's Manual](#) Timber Press

In Tokyo--, one of the world's largest megacities, --a stray cat is wending her way through the back alleys. With each detour, she brushes up against the seemingly disparate lives of the city-dwellers, connecting them in unexpected ways. But the city is changing. As it does, it pushes her to the margins where she chances upon a series of apparent strangers--, from a homeless man squatting in an abandoned hotel, to a shut-in hermit afraid to leave his house, to a convenience store worker searching for love. The cat orbits Tokyo's denizens, drawing them ever closer. In a series of spellbinding, interlocking narratives--, with styles ranging from manga to footnotes--, Nick Bradley has hewn a novel of interplay and estrangement; of survival and self-destruction; of the desire to belong and the need to escape. Formally inventive and slyly political, *The Cat and The City* is a lithe thrill-ride through the less-glimpsed streets of Tokyo.