

---

# The Impact Of Internet Addiction On University Students

---

IMPACT OF INTERNET ADDICTION ON THE MENTAL HEALTH OF ...

Internet Addiction: The Impact of Internet on Academic ...

Internet addiction - Better Health Channel

Computer/Internet Addiction Symptoms, Causes and Effects ...

Causes of Internet Addiction: What You Should Know

The Effect of Internet Addiction on Social Life

Internet Addiction | Psychology Today

(PDF) Negative and positive impact of internet addiction ...

The Impact Of Internet Addiction

The Dangerous Effects Of Internet Addiction You Should Know

The impact of internet addiction on ... - Rising Kashmir

Internet addiction in children, impact of internet ...

Internet Addiction & Health Effects | How To Adult

11 Negative Effects Of Internet On Students And Teenagers

(PDF) INTERNET ADDICTION AND ITS IMPACT ON PHYSICAL HEALTH

How Internet Addiction Affects Daily Life - UK Addiction ...

The Effects of Internet Addiction | Techwalla

5 Types of Internet Addiction - Get Help Today - Addiction ...

The Negative effects of Internet Addiction, Impact of ...

*The Impact Of  
Internet  
Addiction On  
University  
Students*

*Downloaded  
from  
[ftp.wtvq.com](http://ftp.wtvq.com) by  
guest*

---

## TESSA ALEXZANDER

---

### IMPACT OF INTERNET ADDICTION ON THE MENTAL HEALTH OF ...

The Impact Of Internet  
Addiction Internet  
addiction can be a  
significant threat to one's  
health and social well-  
being in that it enforces  
antisocial behavior. The  
addiction can lead to the  
inability to communicate  
in the real world by  
depriving the addict of the

daily practices involved  
with interpersonal  
communication. The  
Effects of Internet  
Addiction | Techwalla More  
a popular idea than a  
scientifically valid  
concept, internet  
addiction is the belief that  
people can become so  
dependent on using their  
mobile phone or other  
electronic devices that  
they lose... Internet  
Addiction | Psychology  
Today The effects of  
internet addiction can  
leave a person oblivious  
to unmet needs for social  
interaction. As symptoms

of depression increase,  
the likelihood of alcohol  
and/or drug use increases.  
Add to this the overall  
lack of exercise a person  
gets and physical health  
starts to decline in the  
process. The Dangerous  
Effects Of Internet  
Addiction You Should  
Know of the internet can  
have a negative impact  
on social life. Here are  
some of the ways through  
it has had an effect on  
social life, especially when  
abused. Impact in  
Relationships. Addiction to  
the internet is considered  
as one of the major

causes of damaged relationships. When a person gets enmeshed in activities online, they often get oblivious to any effects of addiction to the internet. The Effect of Internet Addiction on Social Life Mood changes: Internet addicts use the Internet to reduce their stress and boost their mood. They feel happy or euphoric when they are connected to the Internet. However, if they have to stop using the Internet or are unable to access it, they become gloomy or irritated and angry. Negative impact of internet on society The Negative effects of Internet Addiction, Impact of ... The short-term effects of an online addiction include unfinished tasks, forgotten responsibilities and weight gain. Long-term effects are seen more in the physical symptoms such as backache, neck pain, carpal tunnel syndrome, and vision problems from staring at the screen. Computer/Internet Addiction Symptoms, Causes and Effects ... Aims: Internet addiction, a recently emerged term in medical literature, has significant physical effects on the young generation. In this research,

controversial effects of internet addiction on... (PDF) INTERNET ADDICTION AND ITS IMPACT ON PHYSICAL HEALTH Internet addiction, often referred to as internet addiction disorder (IAD), isn't a recognized condition in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders... Causes of Internet Addiction: What You Should Know While I was researching our presentation topic "internet addiction" and how it impacts academic performance I decided to do a personal analysis of internet use and its impact on my academic performance. ... With internet addiction cases on the rise all over the world, people everywhere are asking the same question. Internet Addiction: The Impact of Internet on Academic ... It is about the negative effects of Internet. The lack of control over information sources, security leaking or internet addiction is mentioned more frequently than ever. Never in the past did the negative effects of Internet receive as much as attention in comparison to this century. 11 Negative

Effects Of Internet On Students And Teenagers Effects of an Internet Addiction An internet addiction can have many harmful effects on a person, both physically and emotionally. Body aches, Carpal Tunnel Syndrome, insomnia, vision problems, and weight gain/loss are just some of the physical problems one may suffer as a result of an internet addiction. 5 Types of Internet Addiction - Get Help Today - Addiction ... Internet addiction is when a person has a compulsive need to spend a great deal of time on the Internet, to the point where other areas of life (such as relationships, work or health) are allowed to suffer. The person becomes dependent on using the Internet and needs to spend more and more time online to achieve the same 'high'. Internet addiction - Better Health Channel Harmful effects of Internet addiction on children . Internet addiction can not only affect your child's behaviour but may also lead him to getting in trouble with the law, if not checked at the right time. Here are some ways he can be negatively affected

because of online addiction: Internet addiction in children, impact of internet ... Internet becomes increasingly integrated into everyday life; there is a growing concern on the antecedents that contribute to some of the adverse effects such as Internet addiction. Family plays an important role in an individual's ability to deal with stress as the family provides the main spiritual and material support to an individual. The impact of internet addiction on ... - Rising Kashmir Women are the ones who mostly have low addition to the Internet (86.7%). Younger students have high addition to the internet (62.2%). Sex interfere with the mental health of students, being men to reveal average order values higher, especially in psychological distress and loss of emotional / behavioral control. **IMPACT OF INTERNET ADDICTION ON THE MENTAL HEALTH OF ...** Internet overuse can lead to sedentary lifestyles, weight gain and a decline in physical fitness. Other symptoms can include carpal tunnel syndrome, dry eyes, migraine headaches, a decline in personal hygiene and back aches,

according to Maressa Hecht, founder of Computer Addiction Services and a member of the Harvard Medical School. Internet Addiction & Health Effects | How To Adult Internet addiction can also have an adverse impact on health. If you are spending increasing amounts of time online, you will be neglecting your physical and mental health. You won't be eating properly as you have little time for meal preparation. How Internet Addiction Affects Daily Life - UK Addiction ... negative impacts of Internet addiction includes, the impact on interpersonal relationship where the relationship of an individual is getting further from surrounding (Morahan-Martin, 2005). (PDF) Negative and positive impact of internet addiction ... In the end, the internet addiction will cause a sense of powerlessness for the addict. Internet addiction results in personal, family, academic, financial, and occupational problems that are characteristic of other addictions. Impairments of real life relationships are disrupted as a result of excessive use of the Internet. Internet addiction, often

referred to as internet addiction disorder (IAD), isn't a recognized condition in the most recent edition of the Diagnostic and Statistical Manual of Mental Disorders... *Internet Addiction: The Impact of Internet on Academic ...* negative impacts of Internet addiction includes, the impact on interpersonal relationship where the relationship of an individual is getting further from surrounding (Morahan-Martin, 2005). [Internet addiction - Better Health Channel](#) The Impact Of Internet Addiction [Computer/Internet Addiction Symptoms, Causes and Effects ...](#) Internet becomes increasingly integrated into everyday life; there is a growing concern on the antecedents that contribute to some of the adverse effects such as Internet addiction. Family plays an important role in an individual's ability to deal with stress as the family provides the main spiritual and material support to an individual. **Causes of Internet Addiction: What You Should Know** Harmful effects of Internet addiction on children . Internet addiction can not

only affect your child's behaviour but may also lead him to getting in trouble with the law, if not checked at the right time. Here are some ways he can be negatively affected because of online addiction:

In the end, the internet addiction will cause a sense of powerlessness for the addict. Internet addiction results in personal, family, academic, financial, and occupational problems that are characteristic of other addictions. Impairments of real life relationships are disrupted as a result of excessive use of the Internet.

*The Effect of Internet Addiction on Social Life*  
Effects of an Internet Addiction An internet addiction can have many harmful effects on a person, both physically and emotionally. Body aches, Carpal Tunnel Syndrome, insomnia, vision problems, and weight gain/loss are just some of the physical problems one may suffer as a result of an internet addiction.

*Internet Addiction | Psychology Today*  
Internet overuse can lead to sedentary lifestyles, weight gain and a decline in physical fitness. Other

symptoms can include carpal tunnel syndrome, dry eyes, migraine headaches, a decline in personal hygiene and back aches, according to Maressa Hecht, founder of Computer Addiction Services and a member of the Harvard Medical School.

#### **(PDF) Negative and positive impact of internet addiction ...**

Women are the ones who mostly have low addition to the Internet (86.7%). Younger students have high addition to the internet (62.2%). Sex interfere with the mental health of students, being men to reveal average order values higher, especially in psychological distress and loss of emotional / behavioral control.

#### **The Impact Of Internet Addiction**

It is about the negative effects of Internet. The lack of control over information sources, security leaking or internet addiction is mentioned more frequently than ever. Never in the past did the negative effects of Internet receive as much as attention in comparison to this century.

*The Dangerous Effects Of Internet Addiction You*

#### *Should Know*

Internet addiction can be a significant threat to one's health and social well-being in that it enforces antisocial behavior. The addiction can lead to the inability to communicate in the real world by depriving the addict of the daily practices involved with interpersonal communication.

#### **The impact of internet addiction on ... - Rising Kashmir**

While I was researching our presentation topic "internet addiction" and how it impacts academic performance I decided to do a personal analysis of internet use and its impact on my academic performance. ... With internet addiction cases on the rise all over the world, people everywhere are asking the same question.

#### **Internet addiction in children, impact of internet ...**

Internet addiction is when a person has a compulsive need to spend a great deal of time on the Internet, to the point where other areas of life (such as relationships, work or health) are allowed to suffer. The person becomes dependent on using the Internet and needs to

spend more and more time online to achieve the same 'high'.

#### Internet Addiction & Health Effects | How To Adult

The effects of internet addiction can leave a person oblivious to unmet needs for social interaction. As symptoms of depression increase, the likelihood of alcohol and/or drug use increases. Add to this the overall lack of exercise a person gets and physical health starts to decline in the process.

#### 11 Negative Effects Of Internet On Students And Teenagers

Aims: Internet addiction, a recently emerged term in medical literature, has significant physical effects on the young generation. In this research, controversial effects of internet addiction on...  
*(PDF) INTERNET ADDICTION AND ITS IMPACT ON PHYSICAL HEALTH*

Mood changes: Internet

addicts use the Internet to reduce their stress and boost their mood. They feel happy or euphoric when they are connected to the Internet. However, if they have to stop using the Internet or are unable to access it, they become gloomy or irritated and angry. Negative impact of internet on society

#### **How Internet Addiction Affects Daily Life - UK Addiction ...**

More a popular idea than a scientifically valid concept, internet addiction is the belief that people can become so dependent on using their mobile phone or other electronic devices that they lose...

#### **The Effects of Internet Addiction | Techwalla**

The short-term effects of an online addiction include unfinished tasks, forgotten responsibilities and weight gain. Long-term effects are seen more in the physical symptoms such as backache, neck pain, carpal tunnel syndrome,

and vision problems from staring at the screen.

#### *5 Types of Internet Addiction - Get Help Today - Addiction ...*

Internet addiction can also have an adverse impact on health. If you are spending increasing amounts of time online, you will be neglecting your physical and mental health. You won't be eating properly as you have little time for meal preparation.

#### *The Negative effects of Internet Addiction, Impact of ...*

of the internet can have a negative impact on social life. Here are some of the ways through it has had an effect on social life, especially when abused. Impact in Relationships. Addiction to the internet is considered as one of the major causes of damaged relationships. When a person gets enmeshed in activities online, they often get oblivious to any effects of addiction to the internet.